



Last updated: 12/31/2024

Dr. Kiran Khaira

Licensed Naturopathic Physician



My Engagement

Groups

Committees
[Advocacy Forum](#)

[Roots Whole Health, LLC](#) 614 706-3339 (Phone)
[Visit Website »](#)

1217 Grandview Ave

[Columbus](#) – a little over two hours away from Cincinnati

[Ohio](#)
43212-3455 [United States](#)
[[Map](#)]

Clinic Email: drkirankhaira@gmail.com

Naturopathic Medical School Attended: [National University of Natural Medicine](#)

Year Graduated from Naturopathic Medical School: 2014

Credentials: [MA, ND](#)

Practice Focus: [Chronic Fatigue](#), [Endocrinology](#), [Gastroenterology](#), [Hormone Dysfunction](#), [Mental Health](#), [Sleep disorders](#)

Treatment Modalities: [Botanical medicine](#), [Homeopathy](#), [Hydrotherapy](#), [Nutrition counseling](#), [Supplement counseling](#)

Accepts Insurance: NO

Integrative Natural Health Solutions. Naturopathic consultations in Columbus, OH. **Naturopathic tele-consultations worldwide**. NDs are experts in evidence based, integrative, natural medicine and utilize a wide range of holistic therapies, including herbs, lifestyle counseling, nutrition, homeopathy, hydrotherapy, supplements and mind-body medicine. www.rootswwholehealth.com



Last updated: 3/11/2025

Dr. Laura Z. Weldon
Licensed Naturopathic Physician

Professional Information

PO Box 165
Warsaw
Kentucky – **only an hour and 5 minutes away from Cincinnati!**
41095-0165 [United States](#)
[[Map](#)]

[Visit Website »](#)

My Engagement

Clinic Email: laura@weldonwellness.com

Naturopathic Medical School Attended: [National University of Natural Medicine](#)

Year Graduated from Naturopathic Medical School: 2020

Credentials: [MA](#), [ND](#)

Practice Focus: [Allergy/Food sensitivities](#), [Autoimmune](#), [Chronic Fatigue](#), [Gastroenterology](#), [Mental Health](#), [Musculoskeletal Disorders](#), [Neurology](#), [Sleep disorders](#)

Treatment Modalities: [Botanical medicine](#), [Craniosacral therapy](#), [Hydrotherapy](#), [Hypnotherapy/Guided Visualization](#), [Nutrition counseling](#), [Physical medicine/manipulation](#), [Supplement counseling](#)

Accepts Insurance: [No](#)

Offers Telemedicine: [Yes](#)

Personal Information

Laura Z. Weldon, ND, MS she they earned both her doctorate in naturopathic medicine and a master's degree in integrative mental health from the National University of Natural Medicine. She completed her undergraduate degree in english literature at Columbia University and her post-bacc pre-med at the University of Louisville. Her interdisciplinary research currently focuses on the pathophysiology and treatment of [autistic burnout](#), and her work advocates for a neurodiversity paradigm shift across both medicine and society. Licensed in Oregon, Dr. Weldon also works over [telemedicine with neurodivergent](#) and chronically ill clients across the United States. She provides trauma-informed naturopathic consulting and coaching services, using herbs, nutrition, movement, health counseling, and craniosacral therapy to establish and embody a radical concept of wellness that includes autistic and disabled populations. Dr. Weldon also provides neurodivergent-affirming autism and ADHD diagnostic assessments for adults in Oregon.



Last updated: 6/3/2025

Dr. Amy Tweedle

[Licensed Naturopathic Physician](#)

Professional Information

16371 Anderson Way [Visit Website »](#)

[Noblesville](#)

[Indiana](#)

46062-5521

[[Map](#)] – [2 hours & 32](#)

[minutes from](#)

[Cincinnati](#)

My Engagement

Groups

Committees

[Advocacy Forum](#)

Clinic Email: dramytweedlend@outlook.com

Naturopathic Medical School Attended: [Canadian College of Naturopathic Medicine](#)

Year Graduated from Naturopathic Medical School: 2005

Credentials: [ND](#)

Practice Focus: [Allergy/Food sensitivities](#), [Asthma/Pulmonology](#), [Autoimmune](#), [Chronic Fatigue](#), [Dermatology](#), [Gastroenterology](#), [General Family practice](#), [Hormone Dysfunction](#), [Mental Health](#), [Musculoskeletal Disorders](#), [Pediatrics](#), [Sleep disorders](#), [Women's Health](#)

Treatment Modalities: [Botanical medicine](#), [Homeopathy](#), [Nutrition counseling](#), [Supplement counseling](#)

Accepts Insurance: [No](#)

Offers Telemedicine: [Yes](#)