



Products &

Resources.



If you'd like to do some research on a website or business prior to reaching out to them, there are several ways to do so:

- 1) Type the name of the business or website into the search bar at the Better Business Bureau's website, <https://www.bbb.com>
- 2) Type the name of the business or website into the search bar at <https://www.trustpilot.com>
- 3) And, of course, you can always look for reviews at <https://www.yelp.com>
- 4) Just type the name of the business + "reviews" into Google and see what else might come up

Uniquely Human: The Podcast

(interviews with 25+ autistic people)

www.uniquelyhuman.com



<https://ocali.org/autism-center>

OCALI Centers

- [Autism Center](#)
- [Teaching All Learners Center](#)
- [Universal Design for Learning Center](#)
- [Assistive Technology And Accessible Educational Materials Center](#)
- [Lifespan Transitions Center](#)

- [Family and Community Outreach Center](#)
- [Center for the Young Child](#)
- [Outreach Center for Deafness and Blindness](#)
- [Multi-System Navigation Center](#)
- [Early Childhood Center of Excellence](#)
- [Center of Excellence on Instructional Practice](#)

Online Learning

- [Autism Certification Center](#)
- [Autism Internet Modules](#)
- [Assistive Technology Internet Modules](#)
- [Literacy Access for All](#)
- [Education Station](#)

Resources, Events, and News

- [Communications and Media](#)
- [Lending Library](#)
- [Learning Pathway](#)
- [InspirED Virtual Learning Series](#)
- [OCALI Resource Crosswalk](#)
- [#HereToHelp Video Gallery](#)

Leadership

- [OCALICON](#)
- [National Autism Leadership Collaborative](#)
- [Interagency Work Group on Autism](#)

About OCALI

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- [Start Accessibility and Language Toolbar](#)
- [Contact Us](#)
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Autism Center

<https://ocali.org/autism-center>

The Autism Center works to build the capacity of school districts and other education agencies to improve their instruction and support for individuals with autism.

We do this by serving as a trusted, high quality source of information on research, resources and trends and by providing evidence-based training, technical assistance and consultation that equips professionals to foster learning and growth that meets individual student needs.

Autism Center Grab n' Go Resource Gallery

Autism Center Grab and Go Resource Gallery of Interventions

Explore interventions to support learners with ASD and other complex needs.

Intro to ASD

Introduction to ASD

Discover a collection of resources that provides parents and professionals with foundational information for understanding autism spectrum disorders (ASD).



Navigating Autism Assessment

Navigating Autism Assessment

Choose your door. Begin your journey. Explore information designed to gently guide you toward greater understanding of autism assessment.

ASD Training

ASD Training and Professional Development

Explore professional development resources addressing autism spectrum disorders (ASD) and other complex disabilities.

Help

Request Help from the Autism Center at OCALI

Learn how the Autism Center at OCALI provides high quality professional development and consultation services to school districts and other educational organizations.

OCALICON

OCALICON - Autism Center

Did you miss an Autism Center OCALICON session? Do you want to re-watch a presentation? Check out these sessions.

Challenging Behavior: Expect Success

Challenging Behavior: Expect Success

This webinar series based on positive behavior intervention supports for challenging behaviors explores how to conduct a functional behavior assessment and behavior intervention plan.

Executive Function Webcast Series



Executive Function Webcast Series

Learn about executive function skills that enable people to plan, focus attention, remember instructions, juggle multiple tasks successfully, regulate behavior and delay immediate demands in favor of long-term goals.



InspirED Autism Center
Check out Autism Center's Zoomcasts from the OCALI InspirED series!



Episode 33: A Quest for Curiosity: Bringing Interoception to Life in Classrooms

Hear how educators are using interoception to change the way students communicate their needs and how adults respond.



Autism Power Hour Returns!

Short on time, big on impact. Join us for new and returning topics about autism that's sure to bring you insight and easy-to-apply strategies. Register today!

Autism Center Grab and Go Resource Gallery of Interventions

Autism Center Grab and Go Resource Gallery of Interventions

[Behavior/Contingency Maps](#)[Behavior Cue Cards for Staff](#)[Breathing Cards](#)[Choice Boards](#)[Conversation Map](#)[Conversation Starter Cards](#)[Family / School Communication Forms](#)[First-Then Board](#)[Graphic Organizers](#)[Health and Wellness Narratives](#)[Incredible 5-Point Scale](#)[Power Cards](#)[Preference and Reinforcement Surveys](#)[Reminder/Cue Cards](#)[SOCCSS](#)[Social Autopsy](#)

Video: Grab and Go Intro Video



The video player shows a title card with the Autism Center logo and the text 'An Introduction to the Grab and Go Resource Gallery of Interventions'. A woman is visible in a video window in the top right corner. The video progress bar shows 00:02 / 03:46. Below the video are buttons for 'Audio Description', 'Help', and 'Captions / Transcript'.

Welcome to the Autism Center Grab and Go Resource Gallery of Interventions. Explore these interventions to support all learners, including those with autism spectrum disorder (ASD). Completed and blank templates are free and available to download. Each intervention has a how-to explanation and demonstrates how it may be used in the school, home, community and work settings. It is important to keep in mind that interventions need to address the underlying needs of the individual. Therefore, select the interventions that address those specific needs. **Remember, not all interventions will work the same for every individual and may need to be adjusted to meet those unique needs.**

[Click here to provide us feedback on how you have used this resource in your practice and/or personal life.](#)



Live Webinars

On-Demand Courses

Discounted Rates

Grad Level CEU/PDUs

About Us

Contact



<https://aepconnections.com>



AWARENESS. EDUCATION. POTENTIAL.

Our professional webinars and on-demand courses provide the tools you need to reach and teach to your maximum potential.

GET STARTED TODAY!

AEP Connections stands at the forefront as a **premier neurodiversity-centric hub** for educators, therapists, clinicians, and families. We offer innovative and practical resources while fostering an inclusive environment where diverse minds can grow, exchange ideas, and build connections.

Southwest Ohio:

SNAP Dragons is a great source for sports (adaptive and inclusive) for young children up to teens and adults. SNAP stands for "special needs athletics program." They offer basketball, cheerleading, baseball, soccer, etc. They are GREAT! Currently, basketball is at Union Township Civic Center on Sunday's. Here is a link to their website: <https://snapdragonscincy.org/>. You can find them on Facebook at: <https://www.facebook.com/profile.php?id=100089558035804> and

The Aktion Club of Clermont County is Clermont DD's self advocacy group for adults, 18+. It is spelled "Aktion" instead of "action" because it is a subgroup of the Kiwanis Club of the East Fork Region; they meet once per month at the Thomas A. Willey Center and participate in many community volunteer opportunities with Kiwanis members. It's a great social club. We would like to start a similar club for teens, ages 14 to 18 in 2026. Info about the Aktion Club and self advocacy can be found here: <https://clermontdd.org/services/other-services-and-programs/people-in-action-self-advocacy-group/> They just had their last meeting of the year on December 8, but will start back up on January 12. Anyone 18+ (or even 16-18 that would like to check it out) is welcome.

Cincinnati Therapeutic Riding and Horsemanship is for children and adults who love horses. They have riding experiences for all ages: <https://www.ctrhohio.com/>

Autism Connections has events in the Tristate area. They have teen hangouts and adult meetups. You can view their calendar at: www.autismcincy.org

Teen Time Hangouts

[CLICK HERE TO REGISTER FOR SEPTEMBER'S PROGRAM](#)



Registration will close at 11:59 p.m. on Thursday, September 11, 2025.

Join us and other teens to make original acorn and pine cone creations, enjoy a pizza dinner, and more – all while socializing with other teens!

Teen Time Hangouts is a social program designed to encourage engagement and independence, help develop social skills, and provide a hang-out space for teens with autism ages 13-18.

Sessions are held on the second Friday of each month at Linden Grove School from 5:30-7:30 p.m.

- Please register to receive program-specific emails about event reminders, parking, group location, and cancellations.
- Families must register for each in-person Teen Time session.
- Fee payable by credit card at registration.
- Fee includes supplies, pizza, drinks, and support staff.
- Pizza and drinks will be provided for teens.



2nd Friday of Each Month

Next Program: Friday, September 12, 2025



5:30-7:30 p.m.



\$20 per Teen (+ \$0.91 processing fee)



Linden Grove School

4122 Myrtle Ave, Cincinnati OH 45236



September's Theme

Festive Fall Fun



Organizer

Autism Connections

(513) 561-2300 ext. 103

connect@autismcincy.org



[VIEW SEPTEMBER'S FLYER](#)

Autism Resources

2026

Cincinnati and NKY have amazing Autism resources available for families. Discover services, supports, neurodivergent affirming therapy providers, non-profits and so much more! Click here to read more...

← [Click Here!](#)

 Cincy Prom Cheryl Reeder · Apr 1 · 

Let's Talk Autism (in the Bethel area)

I am organizing an autism support group for families in our area. My goal is to provide each family with additional support and resources. I believe that many individuals have valuable insights that can positively influence every family that becomes part of our community. Let's come together and support one another.

<https://www.facebook.com/share/g/1StS6Sz81Y/>

Sev's Circle



Autism Support Group

<https://www.nakamastudio.org>

Put information here about my class once we merge!

Nakama Studio offers many other classes around various hobbies that might interest your child on the Spectrum!



NAKAMA STUDIO

A SAFE SPACE TO LEARN AND GROW



Autism

Personal
Coach

Services

Pricing

Autism Life Coaching

Parents & Partners Coaching

Workplace Coaching

Consulting for Business



Neurodiversity-affirming support for Autistics, by Autistics

Contact Us



Ask a question, connect as a professional, or just tell us something cool!

Email us

Book a FREE Consultation



Talk with a coach to see if they're a good fit or just to learn more about our services.

Book for FREE!

Book a Session



Get started right away! Appointments available as soon as 48 hours from now.

Book now!

<https://www.autismpersonalcoach.com/#contact>

LifeMAP

Life Coaching for Autistic and Neurodivergent
Adults & Teens

Since 2008, LifeMAP has helped thousands of clients.

LifeMAP coaches help Autistic and Neurodivergent adults and older teens use their strengths to improve their lives by creating practical, individualized plans and setting measurable goals.



**Build
Organizational Skills**



**Increase
Independence**



**Improve
Social Confidence**



**Decrease
Anxiety**



**Gain
Employment Skills**



**Target
Personal Growth**



"Working with a LifeMAP coach has been nothing short of a transformative experience for me. One of the most powerful aspects of LifeMAP is the genuine investment coaches take in getting to know their clients as people: their interests, goals, hopes and dreams."

-LifeMAP Client

LifeMAP coaching is available online everywhere and in person



Choose a LifeMAP coaching program with a specific focus or work toward a personal goal.



LifeMAP for Teens partners coaches, teens, and parents to identify support needs and create opportunities for personal growth during the transition to adulthood.



CollegeMAP can focus on helping students manage their workload, communicate with college personnel, identify campus supports, or make new friends.



WorkMAP can help individuals at any stage of the employment journey, such as setting up a job-search routine, networking, identifying suitable employment opportunities, obtaining a job, and succeeding in the workplace environment.



InterviewPREP + Practice Interview are preparation and rehearsal employment programs that can focus on networking, appropriate dress for the workplace, nonverbal communication, and interviewing skills.



LifeMAP for Over 50 can assist with improving quality of life, whether that is developing self-understanding, accessing public benefits, preparing for retirement, or strengthening social connections.



LifeMAP en Español para más información, póngase en contacto con LifeMAP.

LifeMAP is a fee-for-service program.
Reduced cost services are available.

85 Main Street, Suite 3
Watertown, MA 02472

www.aane.org
617-393-3824





» Library

AANE's Employment Bulletin Board

Resource, Adult, Employment



AANE's Employment Bulletin Board Sign Up



Uplifting the Southwest Ohio Autism Community Through


- › Education
- › Resources
- › Connections
- › Lifelong Support

Education

- › What is Autism?
- › Diagnoses
- › Facts and Stats

Helpline

 (513) 561-2300 ext. 101
Extensión Española 102

 info@autismcincy.org
Monday through Friday
10 a.m. – 4 p.m. ET.

Martes y Jueves de 10 a 12 Horas.

Resources



LIFE Skills

Learning Independence for Everyday (LIFE) Skills multi-week social skills programs



Newsletter

Stay in the know with our monthly newsletters



Book Reviews

Our take on books relating to autism and developmental disabilities



Possibilities for Diverse Abilities

Resource Catalog 2023

Social Programs



Kids Exploring Fun

Engagement, socialization, creativity, and FUN for kids ages 4-12



Teen Time Hangouts

Crafts, games, pizza, and hanging out for teens ages 13-17



Adult Socials

Connection, engagement, and independence for adults ages 18+

Support Groups



Adult Support Group

Support for adults with autism ages 18+



Teen Connections

Support for teens ages 13-17



Sibling Support Group

Support for siblings of individuals with autism any age



Parent & Caregiver Support Group

Support for parents and caregivers of individuals with autism any age. ¡También para padres y cuidadores!




<https://autismcincy.org>


In-Person Support Group


Sessions with a facilitator are held on the fourth Sunday of each month at Linden Grove School from 6:30-8 p.m.


- Registration not required, just show up!
- Program cancellations in the event of inclement weather will be emailed to our Parent and Caregiver Newsletter Emailing List and posted on our [Facebook page](#).

 **4th Sunday of Each Month**

 **6:30-8 p.m.**

 **Free**
Registration Not Required

 **Linden Grove School (Middle School Building)**
4122 Myrtle Ave, Cincinnati OH 45236

 **Organizer**
Autism Connections
(513) 561-2300
connect@autismcincy.org

 **Follow Us on Facebook**

[VIEW FLYER](#)



Autism Helpline

(513) 561-2300 Ext. 101

Línea de Ayuda en Español: Ext. 102

Connect with an Information and Referral Specialist by calling the number above or by emailing info@autismcincy.org.


The helpline is staffed Monday through Friday from 10 a.m. - 4 p.m. ET.


La línea de ayuda en Español está abierta los Martes y Jueves de 10.00 a 12.00, hora del este.

Online Support Group


Second Tuesday of each month from 12-1:30 p.m. ET on Zoom


- If you plan to participate, please register in advance. After you complete registration, a Zoom link and passcode for this support group will be sent to your email address.
- Registration is only required once.
- View the flyer to learn more.

 **2nd Tuesday of Each Month**

 **12-1:30 p.m. ET**

 **Free**

 **Online via Zoom**
Registration Only Required Once

 **Organizer**
Autism Connections
(513) 561-2300
connect@autismcincy.org

 **Follow Us on Facebook**

[REGISTER HERE](#)



Servicing Clermont County and surrounding areas.
 awilson@oursuccessacademy.com
 (513) 545-7232



Academic Intervention

We design individualized education plans and utilize evidence-based teaching strategies to meet the unique learning needs and goals of our students.



Speech and Language Pathology

We offer therapy for receptive and expressive language, articulation, reading comprehension, written expression, and social and cognitive communication.



Applied Behavior Analysis

We are passionate about helping students gain communication and social skills, and we aim to reduce problem behaviors through ABA therapy.



Social Skills Groups

We aim to enhance problem-solving, increase personal confidence, and create friendship opportunities through games, hands-on activities, and skill building curriculum.



Executive Functioning

We value the whole child and utilize methods that challenge different parts of the brain to create new neural connections and strengthen existing ones through practice and experiences.



Functional Living Skills

We promote student's independence through direct instruction in daily living skills, community involvement, and vocational training.

Autism Scholarship

<https://education.ohio.gov/Topics/Other-Resources/Scholarships/Autism-Scholarship>

Jon Peterson Scholarship

<https://education.ohio.gov/Topics/Other-Resources/Scholarships/Jon-Peterson-Special-Needs-Scholarship>

Applied Behavior Analysis

<https://www.autismspeaks.org/applied-behavior-analysis>

Homeschooling

<https://education.ohio.gov/Topics/Ohio-Education-Options/Home-Schooling>

Jon Peterson Special Needs Scholarship

Important Updates

The Rapback guidance document has been added to the *Providers Resource* section for assistance with the Rapback process as required by Ohio Revised Code 3310.582 and 3310.411.

Recent legislation has made changes to the Jon Peterson Special Needs Scholarship. Beginning September 30, 2025, students ages 3 and 4 will be eligible for the scholarship if they have a compliant ETR and IEP in one of the 13 categories under IDEA. Please review the application process found on the Resource page of the website for additional information as well as the directions for enrollment.

General Overview

The Jon Peterson Special Needs Scholarship Program (JPSN) provides scholarships to students who are eligible from age three (3) through twenty-one (21) and have an Individualized Education Program (IEP) from their public school district. The award amount of each scholarship will be based on the primary disability condition identified in the student's Evaluation Team Report (ETR). Students must be enrolled in the scholarship program for the entire program year to receive the full scholarship amount.

Eligibility

A student who has been identified as a child with a disability and for whom the public school district has created an individualized education program (IEP) qualifies for the JPSN scholarship program.

When the student has been identified by their public school district as a child with a disability, the child's evaluation team report (ETR) from the public school district states that the child requires special education and/or related services under the Individual with Disabilities Education Improvement Act of 2004 (IDEA).

The student must also have a current IEP from the public school district of residence that is finalized and all parties, including the parent or guardian, must be in agreement with the IEP.

A child is eligible to apply to participate in the program when the child is age three (3) through twenty-one (21), and if the child meets all other program eligibility requirements.

The parent or guardian of eligible students must first enroll with a participating Jon Peterson Special Needs Scholarship Provider. If they are enrolling with a business provider the parent will be responsible for Home Educating their child.

The amount of each scholarship will be based on the disability condition identified on the student's ETR.

The scholarship provider will have the required application forms available and will assist the parent or guardian in the scholarship application process.



Redemption Ranch Family Ministries, INC
423 likes • 512 followers





GET IN TOUCH

REDEMPTIONRANCHFAMILYMIN@GMAIL.COM

2359 WARRIOR WAY
GOSHEN, OH 45122
(513) 356-6242

(EAL sessions are only available during the warmer months)

Equine-Assisted Learning (EAL) activities lie at the heart of Redemption Ranch's vision for helping both youth and adults to find healing. In addition, the spiritual component is fully OPTIONAL, meaning, a youth or adult can still fully benefit from EAL sessions without "having to" also receive care in a Christian or Biblical context. This allows for people of all persuasions to still benefit 100% from the incredible experiences waiting for them in the stable, in the corral, or in the pasture.

 <p>NATURE</p> <p>Nature allows people to experience the healing properties of God's creation.</p>	 <p>SPORTS</p> <p>Sports are a powerful way for people to lean about themselves and each other.</p>
 <p>MENTORING</p> <p>Offers a partnership where strength, encouragement, and support are found.</p>	 <p>ANIMALS</p> <p>Interaction with animals helps people learn to care for the wellbeing of another and cope with life stress and difficulty.</p>

www.redemptionranchfamilyministries.org

Services are **FREE**, however, horses are expensive! A kind donation of any size will always be greatly appreciated.

Cincinnati Therapeutic Riding and Horsemanship

a 501 (c) (3) Not for Profit Corporation

Since 1985, we have remained committed to improving the lives of individuals impacted by disabilities and unique challenges through equine assisted services.



Hippotherapy

A treatment strategy in which the movement of the horse is utilized by specially trained, certified occupational therapists, physical therapists, and speech-language pathologists to address a variety of impairments and limitations with the goal of achieving functional outcomes.



ctrhohio.org

1342 Us-50, Milford, OH 45150

(513) 831-7050

"I've had parents tell me that their [ASD] child spoke their first words on a horse – I've heard that five or six different times. You have rhythm and balancing when you ride a horse. That is something that's extremely valuable. Also, it's a fun activity. You are out there with other people, so you have three things there that are really good about therapeutic riding. It's also an activity to get kids out of the house." – Dr. Temple Grandin



Location



1001 Ford Cir, Suite A,
Milford, OH 45150

Center Hours

Monday – Friday |
8:30am–6pm

Phone

(513) 831-2578



Autism Testing & Diagnosis*

Early identification of autism is the first step to effective intervention. Hopebridge provides autism testing, as well as ABA, OT and speech evaluations to get the answers your family needs to set the stage at a young age.



ABA Therapy

Applied Behavior Analysis is the basis of Hopebridge's comprehensive 1-on-1 therapy. By using these targeted techniques and principles of learning in collaboration with other therapies, we influence significant, positive change and independence.



Occupational Therapy*

The beauty of pediatric OT is that it teaches kids through what they love most – playtime! Hopebridge creates fun and supportive environments to address sensory, cognitive, perceptual and fine motor skills, including self-care and handwriting.



Speech & Language Therapy*

All children communicate in some form, even if nonverbal. It's our job teach them how to communicate their wants in a way that is understood by others. This ranges from developing oral motor control to make sounds, to using words to create meaningful relationships.



Feeding & Swallowing Therapy*

Our team mixes therapies for children having challenges with food. From mechanical concerns to sensory aversions, we cover it to lead your kiddo to the nutrition he or she needs, and the smoother functioning mealtimes you desire.



Family Training

At Hopebridge, therapy doesn't stop at the center doors. To achieve success, it's imperative parents and caregivers are involved to pursue new skills. Hopebridge offers training and support opportunities to help you bring these practices into the home.



Phone: (513) 845-2789
Fax: (513) 777-0017
Email: admissions@positiveleaps.org

4600 Beechwood
Cincinnati, OH 45244



Our Treatment Programs

Our specialized child behavioral therapists are always taking additional training to assist the children and families better referred to Positive Leaps. Our staff currently maintains the following current courses and professional designations:

- Trauma-focused cognitive Behavior Therapy
- Dialectical Behavioral Therapy for Youth
- Trauma Focused Integrative Play Therapy
- Play Therapy
- Treatment for Bullying (for victim and perpetrator)
- Child-Parent Relationship Training
- Parent-Child Interaction Therapy
- Art Therapy Techniques for Anxiety and Trauma
- Group Therapy Techniques for Young Children and Youth

[Learn More About Us](#)

(513) 845-2789
 admissions@positiveleaps.org

Feel free to call and ask if these therapy modalities have been found to be effective with Autism or not 😊



contact@exceptionalacademy.org

<https://exceptionalacademy.org>

EXCEPTIONALACADEMY.ORG

<https://www.facebook.com/search/top?q=exceptional%20academy%20loveland%20ohio>

Launching Soon

Exceptional Academy **Summer Camp**

Come join us for a summer camp experience focused on building relationships and skills, all while playing games, doing crafts, having fun, and spending time outside. We will work together to build mental health and executive functioning skills, all with a neurodiversity affirming lens.

Mondays & Wednesdays
9:00 AM - 3:00 PM
June 1st - August 12th
Loveland, Ohio
Ages 6-12



**A Place To Have Fun
AND Talk About...**

IDENTITY mindfulness
coping skills emotions
goal setting

Contact Info:

lauren@exceptionalacademy.org



Exceptional Academy · Follow

May 16 at 2:01 PM · 🌐

Looking for a preschool program for your child for the fall? We have a couple spots available!

Come check out our 2 day a week neurodivergent affirming program that prioritizes emotional regulation, feeling safe and relationship building. Come by Monday from 6-7 pm to learn more.

6796 Loveland Miamiville Rd. Loveland

We are located inside the Loveland Presbyterian Church. Pass the main church entrance and park by the playground. Enter at the red door at the end of the long walkway. [See less](#)

Contact Us

Drop us a line!

Name

Email*

Meet the **Autism Learning Network**



<https://autismparentingsummit.com/autism-learning-network/>

**Get over \$7,000 worth of expert content for just
\$49/month – cancel anytime**

The Power of Targeted Community Support

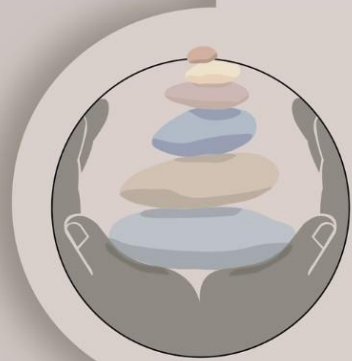
Here's how it works:

- 1) You tell us about your child and your biggest pain points.
- 2) We map out a plan tailored to your family.
- 3) You get instant access to courses, coaching, and community.
- 4) You implement real strategies, with support when it matters most.

This isn't passive learning. It's **parent-led, expert-guided, and designed to be used in real life**, not just studied.

"I used to feel so alone at 2am when nothing was working. Now, I know exactly where to turn. ALN has been a lifeline."

— Sarah M., ALN Member since 2023



JUST IN TIME ADAPTIVE WELLNESS

Family Solutions & Trusted Referrals

<https://www.justintimeadaptivewellness.com>

COACHING

ADAPTIVE SERVICES

What are Adaptive Services

Alterations & Creative Accents

Financial Advising

Hair Services

Handyman Services

Holistic Health

Holistic Physical Therapy

Massage Services

Mobile Pet Grooming

Mobile Speech Language Therapy

Mobility Vehicle Detailing

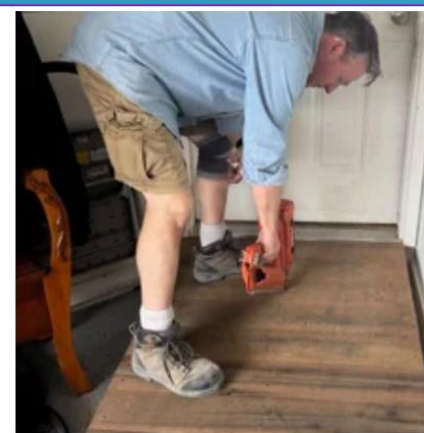
Music Lessons

Nail Services

Specialized Cleaning Services

Virtual Occupational Therapy

Yoga Classes





**LINDEN
GROVE
SCHOOL**

Hope. Growth. Joy.

This a **private school** in Deer Park, 99% of students are on the Autism Spectrum, and most of them are able to attend with the help of the

**Ohio
Autism
Scholarship**

K – 8th grade



From our Students

MISSION & VALUES

[Home](#) > [About Us](#) > [Mission & Values](#)



4122 Myrtle Ave.
Cincinnati, OH 45236

Phone: 513-984-2215

Fax: 513-984-2272

info@lindengroveschool.org

Mission

Linden Grove School helps **autistic** and **neurodivergent** learners unlock their educational and social potential.



Skyward Academy

<http://www.skywardacademy.com>

Special education in Cincinnati, OH

📍 9994 Zig Zag Rd, Cincinnati, OH 45242

🕒 **Open** · Closes 4 PM · More hours ▼

📞 (513) 222-4611

<https://www.skywardacademy.com>



Skyward Academy

A full time customized school program for students with various learning challenges and gifts ages 10 through high school diploma and graduation.

LEARN MORE



Skyward New Hope Center

A full school year therapeutic school program for students on the autism spectrum ages 5 through 8th grade year.

LEARN MORE



Skyward Outreach

Services for students with a variety of challenges and gifts, provided at parochial schools, or for home schooled students at pre-arranged locations.

LEARN MORE



Heidt Center of Excellence

Private school in Cincinnati, OH

📍 4550 Red Bank Expy, Cincinnati, OH 45227



HEIDT CENTER OF EXCELLENCE: GRADES 6-12, TRANSITION PROGRAM UP TO AGE 21

Specially Designed for Youth with Autism and Related Disorders

Heidt Center of Excellence by Best Point Education & Behavioral Health is proud to offer a continuum of specialized services for individuals with autism and related diagnoses, including support services for families.

- **Grades 6-12:** Specialized academic, community and campus-based instruction designed to meet the unique and varied learning needs of students with autism.
- **Transition Program:** Career & life skills training up to age 21. Includes internships, job coaching, and connections with local businesses. Approved provider through Opportunities for Ohioans with Disabilities (OOD).
- **Mock Apartment & PAES Lab:** Hands-on learning for real-world skills and independence.
- **Holistic Care:** Occupational therapy, speech therapy, and mental health counseling provided on site.
- **Teacher Ratios:** Low student to teacher ratios (1:4 or 1:6).
- **Academic Programming:** Specialized academic programming designed to create a positive learning environment, social skills, job readiness, and inclusion of related therapies.
- **Electives:** We provide a variety of electives for students including Art, Music, and Health Class.
- **Friday Clubs:** Student Council, Book Club, Anime, Current Events, Lego, Roblox, Trivia, Sports, and Fitness.
- **Special Olympics:** Promoting social skills, physical health, and teamwork. This includes Bocce Ball, Volleyball, Basketball, Flag Football, Track, Pep Squad.
- **Extracurricular Activities:** We offer a number of additional activities for students to get involved in including Prom, fall festival, ensemble theatre, talent shows, Scholastic Book Fair and Heats Fair.



This school is reportedly for the more severe behaviors associated with ASD and other challenges.



www.4CforChildren.org

Serving Butler, Clermont, Clinton, Hamilton and Warren counties

2100 Sherman Ave., #300

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800-256-1296

fax: 513-221-0393

Hours: 8:30 a.m. – 5 p.m.

4C for Children is a Child Care Resource & Referral Agency that supports everyone who cares for young children, from parents to childcare providers, to ensure high-quality early education and care for all children. We are the only agency in 15 counties in Ohio that:

- **Offers free child care referrals** both online and in person and helps parents understand how to choose a quality option.
- 
- Find help **navigating local and state assistance for children: Parent and Youth Ambassadors (PYAs)** are a single, in-person resource who help families navigate state and local services and benefits for children ages birth to 21. PYAs accompany families on the journey of connecting with agencies and government services, and applying for the assistance needed. All services provided are **FREE**. This service helps families identify and connect to resources but does NOT issue material resources, such as cash or vouchers.

<https://www.ipmfoodpantry.org>



InterParish Ministries

Our Programs



Drive-Through Pantry

Neighbors drive up to receive biweekly groceries, including meat, eggs, dairy, and produce.

[Read More](#)



Choice Pantry

We bring groceries to communities across Southeast Ohio, distributing food at various locations.

[Read More](#)



Mobile Food Pantries

We bring groceries to communities across Southeast Ohio, distributing food at various locations.

[Read More](#)



Pop-up Food Pantries

Pop-Up Pantries connect families with food and resources, fostering community engagement and partnerships.

[Read More](#)



Food Resource Hub

We supply food to schools, churches, housing complexes, and agencies, improving access for families.

[Read More](#)



Fresh Start Kitchen

We provide families starting over with essential kitchen items to help them prepare meals in their new homes.

[Read More](#)



Backpack of Basics

Our backpacks provide essential items for unhoused individuals, distributed through social service agencies.

[Read More](#)

IPM FOOD PANTRY

Tel: 513-561-3932

[Contact Us!](#)

4623 Aicholtz Road

Cincinnati, Ohio 45244



PANTRY HOURS:

Drive Through

Monday & Tuesday 10:00am - 12:00pm

2nd and 4th Monday 4:30pm- 6:00pm

Wednesday CLOSED

Thursday & Friday 10:00am - 12:00pm

Choice Pantry

Monday & Tuesday 12:30pm - 2:30pm

Wednesday CLOSED

Thursday 12:30pm-2:30pm

Options for Initiating a Referral to OhioRISE/CANS Assessment

Option 1

Contact the youth's managed care organization (MCO) directly.

- The MCO must ensure an initial CANS assessment appointment for the purpose of determining OhioRISE eligibility is scheduled within 72 hours of referral to the MCO.
- The MCO must have a process in place to ensure the initial CANS assessment is completed within 10 business days after scheduling.

MCO	AmeriHealth Caritas	Anthem Blue Cross and Blue Shield	Buckeye Community Health Plan	CareSource Ohio, Inc.	Humana Healthy Horizons in Ohio	Molina Healthcare of Ohio, Inc.	UnitedHealthcare Community Plan of Ohio, Inc.
Phone Number for Youth and Families	833-764-7700	844-912-0938	866-246-4358	800-488-0134	877-856-5702	800-642-4168	800-895-2017

See next slide for two additional options

Options for Initiating a Referral to OhioRISE/CANS Assessment, cont.

Option 2

If the child or youth is in fee-for-service Medicaid, contact the **Medicaid Consumer Hotline at 800-324-8680 (TTY: 711)** to identify nearby CANS assessors that can be contacted to schedule a CANS assessment.

Option 3

Contact **OhioRISE Member Services at 833-711-0773 (TTY: 711)** from 7 a.m. to 8 p.m. Monday through Friday.

- Aetna Better Health of Ohio will work with the youth and if applicable, their MCO, to coordinate a referral for a CANS Assessment to determine eligibility for the OhioRISE program.

See next slide for services provided and eligibility requirements



OhioRISE Eligibility

Children and youth who may be eligible for OhioRISE:

- ✓ Are eligible for Ohio Medicaid (either managed care or fee for service),
- ✓ Are age 0-20, and
- ✓ Require significant behavioral health treatment needs, measured using the Ohio Child and Adolescent Needs and Strengths (CANS) assessment or a recent inpatient behavioral health hospital/psychiatric residential treatment facility admission.

OhioRISE Services

- ✓ All existing behavioral health services – with a few limited exceptions (behavioral health emergency dept.)
- ✓ Intensive and Moderate Care Coordination **NEW**
- ✓ Intensive Home-Based Treatment (IHBT) **ENHANCED**
- ✓ Psychiatric Residential Treatment Facilities (PRTF) **NEW**
- ✓ Behavioral health respite **ENHANCED**
- ✓ Flex funds to support implementing a care plan **NEW**
- ✓ 1915(c) waiver that runs through OhioRISE **NEW**
 - Unique waiver services & eligibility
- ✓ Mobile Response and Stabilization Service (MRSS) **NEW**
 - Also covered outside of OhioRISE (managed care or fee for service)



CHARITABLE PHARMACY

A Last Resort Safety Net

The St. Vincent de Paul Charitable Pharmacy provides a last resort safety net for those who have no other way to access their prescription medications. Our three locations are in Don & Phyllis Neyer Outreach Center, inside our Western Hills Thrift Store, and next to our Milford Thrift Store.

Main Office: 1125 Bank Street, Cincinnati, Ohio 45214 | 513-562-8841

Social Services: Please check out the [Get Help](#) page on our website for a complete listing of the wide variety of services that we offer. To get help in one of these areas, please call 513-421-0602, leaving a message for what area you need assistance with. We will get back to you with how we may be able to help as quickly as possible. Please note that during busy periods, when call volume is extremely high, it may take more than 24 hours to return your call.

Food Pantry: Please check eligibility by calling our Help Line at 513-421-0602.

Same-day prescription fills are required to be dropped off at least 30 minutes prior to closing:

Neyer Outreach Center

1146 Bank Street, Cincinnati, OH 45214

(513) 345-4916

Mon, Tues, Thurs, and Fri: 9AM-4PM

(Closed Noon-12:30pm for lunch)

Weds: 10AM-4PM (Closed Noon-12:30pm for lunch)

Sat: 9AM-Noon

Western Hills

3015 Glenhills Way, Ste B, Cincinnati OH

45238

(513) 347-0743

Tues, Wed, Fri: 9AM-4PM (Closed Noon-12:30pm for lunch)

Sat: 1PM-4PM

Milford

813 Main St, Ste A, Milford, OH 45150

(513) 248-5535

Mon, Thurs: 9AM-4PM (Closed Noon-12:30pm for lunch)

3
Charitable
Pharmacy
Locations:



<https://svdpcincinnati.org>

Adult Services

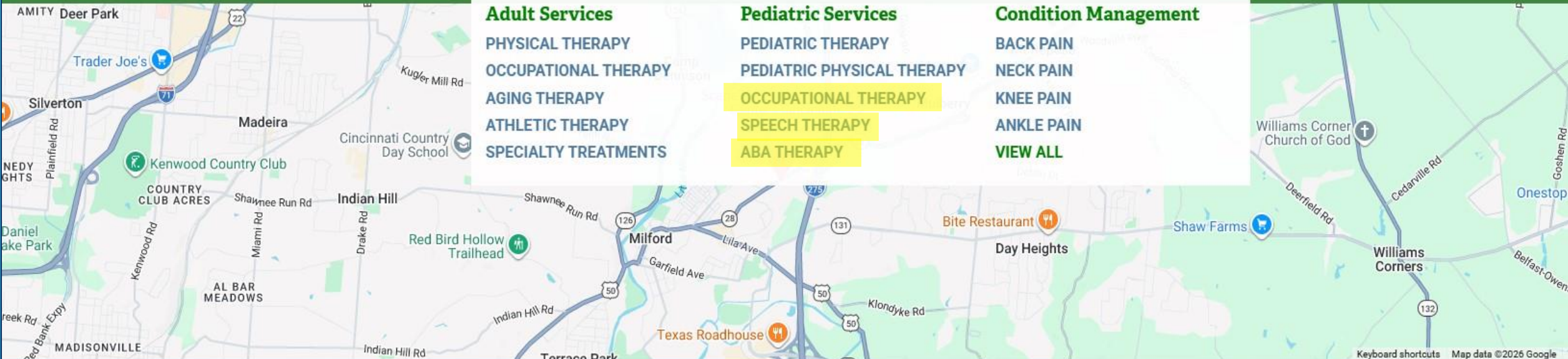
- PHYSICAL THERAPY
- OCCUPATIONAL THERAPY
- AGING THERAPY
- ATHLETIC THERAPY
- SPECIALTY TREATMENTS

Pediatric Services

- PEDIATRIC THERAPY
- PEDIATRIC PHYSICAL THERAPY
- OCCUPATIONAL THERAPY
- SPEECH THERAPY
- ABA THERAPY

Condition Management

- BACK PAIN
- NECK PAIN
- KNEE PAIN
- ANKLE PAIN
- VIEW ALL



ABC Pediatric Therapy – Milford

ABC Pediatric Therapy

703 State Route 28

Phone: +1 513-587-8699

Fax: +1 513-815-4385

Milford, OH 45150

HOURS OF OPERATION

Monday	8:00 am – 6:00 pm
Tuesday	8:00 am – 6:00 pm
Wednesday	8:00 am – 6:00 pm
Thursday	8:00 am – 6:00 pm
Friday	8:00 am – 3:00 pm
Saturday	Closed
Sunday	Closed

Google Rating
 4.3 ★★★★★
 Based on 13 reviews

SHARE YOUR EXPERIENCE

<https://ivyrehab.com/physical-therapy-location/milford-oh-kids/>

PATH

NEUROPSYCHOLOGY

<https://www.pathneuropsych.com/assessment>



Our Evaluations Can Address:

ADHD / ADD, ADHD testing for adults and adolescents

Autism, Autism testing for adults and adolescents

Age-related memory changes

Brain fog

Effects of stress, pain, and sleep dysfunction on cognitive functioning

Effects of neurological, medical, and/or psychological conditions on cognitive functioning

Concussion and traumatic brain injury (TBI)

COVID-19 and long COVID

Dementia

Alzheimer's disease

Parkinson's disease / movement disorders

Dementia with Lewy Bodies

Frontotemporal dementia

Hydrocephalus

Stroke and vascular disease

Depression, anxiety, and PTSD

Epilepsy and other seizure disorders

Multiple Sclerosis (MS) / autoimmune conditions

2812 Mack Road, Suite A

Fairfield, OH 45014

513-813-5327

fax: 513-440-0028

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Psychologists, Therapists, & Psychiatrists



*Diagnostic Testing and Therapy Services
for Children and Adults*



HOME MEET OUR TEAM OUR SERVICES INSURANCE & FEES LOCATIONS JOIN OUR TEAM RESOURCES

Welcome!

At the Macks Psychology Group, our mission is to provide comprehensive diagnostic testing and therapeutic services in order to address the social, emotional, academic, and occupational needs for people of all ages. Our experienced providers offer a variety of services with a thorough and caring approach. We look forward to working with you!

<https://www.mackspsychology.com>

- Psychological Testing
- Types of Testing
- Psychological Therapy
- Speech/Language Services
- Social Pairing
- Group Counseling & Social Skills
- Coaching Services
- Patient Forms

OUR SERVICES

We are pleased to offer a wide variety of mental health, speech/language, and educational services for our patients. In doing so, we are able to take a comprehensive approach to evaluation and treatment options. Please click on the icons for a detailed description of each service and to learn more.



Psychological Testing Services

[Learn More](#)



Individual Therapy Services

[Learn More](#)



Marital & Family Therapy Services

[Learn More](#)



Speech/Language Evaluations & Treatment

[Learn More](#)



Teen & Social Skills Group Services

[Learn More](#)



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[Location & Hours](#)

[Anchor Kenwood](#)

[Anchor Evendale](#)

Anchor Wellness connects health and wellness entrepreneurs with the tools and community they need to grow their businesses while giving consumers access to top-tier services in physical therapy, massage therapy, personal training, nutrition, and more—all in one place.

Our Approach

Transformational Medicine



Focus Areas

Allergies, Sensitivities and Intolerances

Adjunct Oncology Support

Digestive Health

Fatigue

Hormonal & Metabolic Balance

Immune Health

Non-Opioid Pain Management

Wellness and Wellbeing

Treatments

ACE Healing Treatment

Medical Acupuncture

Advanced Allergy Therapeutics

Chiropractic Care

Chiropractic Rehabilitation

Craniosacral Therapy

Energy Healing

Frequency Specific Microcurrent

6400 E Galbraith
Cincinnati, OH 45236

Phone: 513-791-5521

Fax: 513-342-5395

Additional Treatments

Functional Medicine

Health Coaching

Medical Massage Therapy

Nutritional Counseling

Platelet-Rich Plasma (PRP)

Prolotherapy

Rolfing

Shockwave Therapy

Now for a look at
books, websites, and a
broader range of
resources outside our
local area:

Ohio's Parent Guide to Autism Spectrum Disorder

This manual provides an overview of the world of autism spectrum disorders (ASD). It was developed by Ohio parents of individuals with ASD who have a broad range of experience with interventions, resources, and services. The group's work began with the question: *What do you wish you had known the first year your child was diagnosed?* The manual covers a wide range of topics of interest to families, and each chapter contains rich reference materials, including books, websites, and names of organizations where additional information on each topic may be obtained.

[Download the full Ohio's Parent Guide to ASD \(PDF\)](#)

Chapters

- [Introduction](#)
- [What is an Autism Spectrum Disorder?](#)
- [Screening and Diagnosis](#)
- [Living with ASD](#)
- [Interventions](#)
- [Accessing Educational Services](#)
- [Social Service Programs](#)
- [Advocacy and Disability Awareness](#)
- [Future Planning](#)
- [Definition of Autism Spectrum Disorder](#)
- [Useful Forms](#)
- [Navigating the Rough Waters](#)
- [Letter to Request a Multi-Factored Evaluation](#)
- [Process for Determining Eligibility for Special Education Services](#)



https://ocali.org/ohio_parent_guide_to_ASD

12 Principles for Raising a Child with ADHD

BY Russell A. Barkley PhD NARRATED BY Chris Sorensen

4.5 ★★★★★ 107 ratings

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**AUTISM RESEARCH
INSTITUTE**

Advancing Science & Education

The *Understanding and Treating Autism book series*, from Jessica Kingsley Publishers, provides a cutting-edge resource for parents, professionals, and academics seeking further insight into the **co-occurrence of sleep disturbances, anxiety, and self-injurious behavior with autism**. Each book explores contemporary research and is written by experts in the autism field, edited by ARI's chief science officer, Stephen M. Edelson, and past ARI Board member, Jane B. Johnson.

Based on this book series, ARI developed online apps for parents and practitioners. Our **free questionnaires help identify potential care strategies** for issues commonly associated with sleep disturbances and self-injurious behaviors related to autism.

Understanding Autism - Free Online Apps

<https://autism.org/understanding-autism-free-online-apps/>



sleepdisturbances.com



self-injuriousbehavior.com

➔ [SLEEPDISTURBANCES.COM](https://sleepdisturbances.com)

➔ [SELF-INJURIOUSBEHAVIOR.COM](https://self-injuriousbehavior.com)

Physical restraints that sometimes/often get used with ASD children can possibly be more **traumatizing** than first realized.

Consider:

- Extreme sensory aversion to being touched.
- Extreme fear of change.
- Extreme sensitivity to the negative emotions and yelling of others.
- Already feeling confused in the social context of conflict.
- Then, getting handcuffed at school.

Why Choose Amen Clinics for ASD Diagnosis and Treatment?



In addition to understanding an ASD patient's brain pattern, the use of SPECT imaging at Amen Clinics provides additional benefits. Adults and children with autism spectrum disorder often struggle with other mental health conditions, such as attention deficit hyperactivity disorder (ADHD), **depression**, and **anxiety** as well as medical issues like epilepsy, gastrointestinal problems, and sleep disturbances. **According to a growing body of research, over 70% of children with autism spectrum disorder have other co-existing medical conditions or psychiatric disorders, and more than 40% have two or more such conditions.** SPECT imaging can reveal the presence of other brain problems so that a targeted autism treatment plan can be developed to address all the issues affecting you or your child. The sooner a child with this condition receives autism spectrum disorder treatment, the more effective it will be. Early diagnosis and intervention can help with a child's development overall and decrease symptoms as your child grows up. It's important to know that adults with ASD can benefit from autism treatment options too.

Given the high percentage of ASD individuals who have SPD or simply have problematic sensory sensitivities, how many of them have been **TRAUMATIZED** by things that neurotypical people are able to process as having been a "bad experience" but not having been traumatic??

Also, **what if things that ASD people experience as being traumatic are repeated over and over by neurotypical caregivers who have no clue of the impact their behaviors are having on them?**



Zenith Herbal

"We're All About Bloodroot"

Triple Strength Bloodroot Capsules Now with Graviola!



Cats' Claw **Bloodroot** Papaya Leaf Graviola

A Dietary Supplement

200
Capsules



Zenith Herbal
"We are all about Bloodroot"

Antioxidant and anti-inflammatory properties

How does bloodroot aid in promoting gut health?

Bloodroot's ability to aid in gut health is attributed to its antioxidant and anti-inflammatory properties. These properties can help to **reduce inflammation** in the gut, which is crucial for maintaining digestive health.

Additionally, bloodroot's **antioxidant content** can support the body's detoxification processes, which are essential for maintaining a healthy digestive system. However, it is important to note that bloodroot should be used with caution, as it can be toxic if consumed in high amounts. Always consult with a healthcare provider before using bloodroot or any herbal remedy for health purposes. [↩ Dr. Axe](#) [+5](#)



Best Ingredients

The Standard Mix

- **Bloodroot** contains **sanguinarine**, a potent alkaloid studied for its potential to support cellular health by promoting apoptosis and inhibiting abnormal cell growth.
- **Cat's Claw Bark** is rich in **alkaloids and antioxidants**, known for supporting **immune function**, reducing inflammation, and **promoting cellular health**.
- **Papaya Leaf** is packed with **enzymes like papain** and powerful antioxidants, known for supporting digestion, boosting immune function, and **promoting healthy cell regeneration**.

Exclusive for the Graviola-Mix

- **Graviola** is effective in **fighting infections** caused by bacteria and viruses, and has **anti-cancer** properties.

External Links

- National Center for Complementary and Integrative Health (NCCIH) on Herbal Supplements: Provides a reputable source on herbal supplements, adding credibility and context to bloodroot's use in alternative health.
 - URL: <https://www.nccih.nih.gov/health/herbsataglance>
- Facebook Bloodroot Discussion Group: Links to the community mentioned in the post, encouraging readers to join for peer support and tips.
 - URL: <https://www.zenithherbal.com/about-us/discussion-groups/>

They also have a Bloodroot-based "black salve" topical salve that can be used to heal growths and cancer on the skin.

Parents LOVE **Bio-Clear** because it...

Gently Flushes Away Toxins for Better Communication, Growth & Health

Try Now With a **90 Day Risk-Free Guarantee**

Bio-Clear boosts your child's health, mood, communication skills and immune function. Safe, affordable, and backed by scientific research.

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As Reported By Our Happy Customers and Raving Fans...



Supports Communication Skills



Promotes Better Sleep Quality



Helps Calm Hyperactivity



Enhances Social Interactions



Aids Attention Span



Eases Aggression

Today, we get messages every day from people of all ages saying this probiotic formula helped with their Constipation, Acne, ADD/ADHD, Eczema, Ulcerative Colitis, Irritable Bowel Syndrome, Arthritis, sleep issues, and so much more.

Boosts Mood

Supports Immune Response

(See next slide, too)

My son was diagnosed with autism shortly before his third birthday. I didn't know what to do or where to turn. And at the time, I had also been extremely sick. So I was researching EVERYTHING I could about nontraditional, natural methods to take care of us both.

That's when I started finding study after study after study on the importance of gut health. I discovered that by healing my gut, I could improve my recurring mono, adrenal fatigue, ulcers, etc...



Potent Detoxification:

Bio-Clear is designed to enhance the body's natural detoxification process. Why is this crucial for children with ASD? Studies suggest that individuals with ASD may have a reduced ability to detoxify and eliminate harmful substances from their bodies.

Bio-Clear's unique formulation promotes the production of sulforaphane. Sulforaphane supports the body's detoxification process and reduces the "toxic load" – the amount of toxic substances in the body.

Immune Support:

A healthy immune system is vital for everyone, but it's particularly essential for children with ASD.

Bio-Clear provides immune support. It boosts the body's natural defenses against infections and illnesses. This could mean fewer sick days and more time for your child to enjoy favorite activities.

Anti-Inflammatory Support:

Persistent inflammation can affect brain function and behavior, which can be especially concerning for children with ASD.

Bio-Clear helps manage the body's inflammatory response. This leads to fewer episodes of irritability or restlessness. It also helps with concentration and learning in school because a healthier brain can focus more efficiently on tasks at hand.

Chemoprotective Properties:

The chemoprotective effects of Bio-Clear can be beneficial for children with ASD. These effects support cellular health and resilience, which is vital for maintaining overall health and specifically brain health.

Your child might show improvements in cognitive abilities such as memory, attention, and problem-solving. Also, behavior could become more predictable and manageable. For instance, a child who used to struggle with temper tantrums might be able to express feelings more appropriately.

This leads to a more harmonious family life and fewer disruptions to routines, enhancing the quality of life for everyone in the family.

Promotes Healthy Aging:

While aging might not be an immediate concern for children, the promotion of healthy cellular aging is. Bio-Clear supports the body's natural defenses against oxidative stress, a process that can damage cells over time.

For a child with ASD who experiences higher levels of oxidative stress, Bio-Clear might help them maintain a steady pace of development, enabling them to keep up with their peers and participate more fully in childhood activities.

This can greatly enhance their social experiences and self-esteem.

Supports Autism Spectrum Disorders:

Bio-Clear has direct benefits for children with ASD.

The ingredients in Bio-Clear have shown to improve social interaction, verbal communication, and behavior – core areas of challenge for children with ASD.

This means that Bio-Clear could support your child in achieving more comfortable social engagements, clearer communication, and more manageable behavior, enhancing their quality of life and easing daily routines for both of you.

By assisting the body's natural processes and directly supporting core areas of ASD, Bio-Clear goes beyond the standard expectations of a detox supplement.

Why Bio-Clear Works Even When Other Detox Supplements Fail...

Your child might be struggling with sensitivity to certain foods or substances, displaying symptoms such as skin rashes, headaches, or even changes in mood and behavior. This might be because kids with ASD often face difficulties in detoxifying their bodies.

Sulforaphane, a compound in veggies like broccoli, has been found to be a potent detoxifier and antioxidant booster. Sulforaphane could be the secret to unlocking better health and well-being for your child.

However, getting enough sulforaphane from daily meals is not straightforward. Because cooking broccoli reduces sulforaphane's potency.

Enter Bio-Clear. This supplement is enriched with BroccoRaphanin®, a patented broccoli seed extract. It's like super broccoli in a pill. It gives your child a big dose of glucoraphanin that turns into sulforaphane. It's like adding a turbo boost to your child's detoxification engine.

Research backs this up - BroccoRaphanin® has been shown to possess over three times the potency of regular broccoli seed. This makes Bio-Clear an especially valuable ally for kids with ASD who could use some extra support in detoxifying their bodies.

To add another layer of potency, Bio-Clear incorporates a unique blend of myrosinase enzymes, derived from white mustard seed, Brussels sprouts, collard greens, and wasabi root. These enzymes help convert glucoraphanin to sulforaphane.

Imagine it like turning the key in the ignition of a car - the engine (glucoraphanin) needs the key (myrosinase enzymes) to start working (convert to sulforaphane).



As strange as this may sound, the variety of expressions and presentations of ASD symptoms that we see across the board is directly related to ... the variety of different types and quantities of bacteria in the bowels of each and every ASD person!

From a lecture entitled, *Dissecting the Brain-Gut Connection to Address Sensorimotor Concerns for Autistic Children*, by Varleisha Gibbs PhD, OTC, OTR/L, ASDCS

Note: Many who are "curing" Autism through heavy-metal detoxing and parasite cleanses are learning that – because parasites are highly resistant to being found and killed – you have to first do some things to make them vulnerable.

With its special blend, **Bio-Clear** packs 4 times the punch compared to similar supplements on the market – a crucial edge for kids with ASD in need of robust detoxification and antioxidant protection. (bilberry)

Beyond the potent detoxification support, Bio-Clear also includes **bilberry** fruit extract, known for being a super antioxidant. This could be particularly helpful for children with ASD who often face stress, immune problems, and gastrointestinal issues. Imagine your child having fewer stomach aches or being less susceptible to common colds and infections.

Bilberries are like nature's health warriors, carrying 4 times the antioxidants found in blueberries, further enhancing Bio-Clear's overall antioxidant strength.

In a nutshell, Bio-Clear's one-of-a-kind formula combines sulforaphane from an optimized source, amplified by a potent myrosinase blend and bilberry extract.

This triple-action formula offers detoxification, antioxidant support, and overall health promotion for kids with ASD, setting Bio-Clear apart from your average detox supplements.

This could translate to your child feeling more energetic, focusing better at school, and overall being able to enjoy a happier, healthier childhood.

People report experiencing benefits from implementing Ivermectin and Fenbendazole as a one-two punch in treating themselves or their children for parasite infestations ... but the problem is that these medications only kill-off the **vulnerable** parasites. Those that remain in your gut remain hidden inside a **mucus “bio-shield”** that prevents them from being noticed by your body’s immune system and keeps medications from penetrating through and killing them. So, after completing the medications, the protected parasites’ eggs hatch and your symptoms return at full force once again. This is why many are turning to Castor Oil abdominal wraps at night.

<https://buytavio.com>



Tavio™ Castor Oil Pack Bundle

\$54.99 ~~\$129.00~~ [SAVE 57%](#)

[ADD TO CART](#)

Killing Off Hidden Parasites

Castor oil is rich in **ricinoleic acid**, a compound known for its anti-inflammatory and detoxifying properties. When applied topically, it penetrates the skin to stimulate lymphatic drainage, support liver function, and enhance circulation. It can also reduce cysts, lumps, **pumps** and even eye floaters.

Here are a couple of other (cheaper) options you can find on Amazon.com for using a Castor Oil wrap treatment:



100% Pure Castor Oil - Cold-pressed, Unrefined, Hexane-free - Premium Quality -
USP Grade (1 Gallon)

In Stock

✓prime Tomorrow

FREE delivery Tomorrow, Feb 19

FREE Returns

This is a gift [Learn more](#)



Delete

Save for later

Compare with similar items

Share

\$32⁹⁹

(\$0.26 / fluid ounce)

Save 5% now with
Subscribe & Save [›](#)



Castor Oil Pack Wrap for Stomach, Organic Cotton Castor Oil Wrap Kit for Liver Detox,
Reusable Compress Pack for Women & Men, Leak-Proof Design, S-L

In Stock

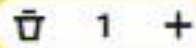
✓prime Tomorrow

FREE delivery Tomorrow, Feb 19

FREE Returns

This is a gift [Learn more](#)

Flavor Name: Size: S-L



Delete

Save for later

Compare with similar items

Share

\$35⁹⁸

(\$35.98 / count)

Another great resource for detoxing and other health protocols:

<https://diycancertherapeutics.com>

This site contains several natural as well as medication-based protocols for (1) detoxing and (2) parasite cleanses ... with detoxing protocols ideally preceding *and* following a proper parasite cleanse.

Note: If parasites are eliminated, then that seems to be the appropriate time (obviously?) for finding a good supplement or two for making sure you're getting all of the 102 vitamins and minerals (including trace minerals) your body needs.

DIY Cancer Therapeutics

Aggregating and Analyzing Public Cancer Research Data for Educational Purposes

SHARE THIS PAGE TO FACEBOOK

HOME CANCER PROTOCOLS CLEANSES & DETOX TERRAIN WELLNESS MORE STORE / PHARM

This Collaborative Research Website Compiles Publicly Available Data on Alternative Cancer Therapies, Parasite Cleanses, Detox Practices & Cancer Terrain Wellness

This platform documents publicly available information for research and educational purposes only, and **does not provide medical advice**. Always consult with your own qualified health professional before implementing any type of treatment protocol.

ALL the Online Pharmacies and Supplement Vendors listed on this website have been vetted as "Excellent Rated" via Trust Pilot, Reviews.io or BBB to help ensure you have a safe and secure purchase experience. They all also ship to U.S.A and Canada. (some state exclusions may apply).

If you want to discuss this website's educational protocol, detox and cleanse content with other people like you: [JOIN OUR DIY FACEBOOK GROUP](#)

DIY CANCER PROTOCOLS

These content links references publicly available, documented protocols intended to support anti-cancer wellness and help promote a healthy immune system. Individuals should consult with their own physician or qualified healthcare provider before beginning any dietary protocol or making significant nutritional changes.

- [Dr. Makis Ivermectin Cancer Protocols - Low, Medium High](#)
- [Dr. Makis Ivermectin Stage-4 Cancer Protocol - 1.5mg/kg](#)
- [Dr. Makis Ivermectin Dosage Charts](#)
- [Tippens Fenbendazole Cancer Protocols - Low, Medium High](#)
- [Tippens Fenbendazole Cancer 30-Day Protocol](#)
- [Genuine Essiac Tea - Cancer Protocols - Prevent & Treat](#)
- [Apricot Seeds \(Bitter\) - Cancer Protocols - Prevent & Treat](#)
- [Skin Cancer - Makis Topical Ivermectin Protocol](#)
- [DIY Group Member Successful Cancer Protocol](#)

Transform your gut microbiome

Try the evolution of probiotics for whole-body health. Founded by PhD doctors and scientists, Pendulum is science-backed with proven clinical results.

<https://pendulumlife.com/products/>



Akkermansia Metabolic Daily Glucose Control

Boost metabolism & GLP-1*	✓	✓	✓
Improve digestion	✓	✓	✓
Sustain daily energy	—	✓	✓
Supports immune health	—	✓	✓
Lower A1C & blood glucose spikes**	—	—	✓

*Based on preclinical studies. Products not intended for weight loss.

**For the nutritional management of type 2 diabetes.



Akkermansia

★★★★★ [523 Reviews](#)

Replenish your gut barrier with live *Akkermansia*, a probiotic strain essential for gut health.

Subscribe & save **One-time purchase**

- 1-month supply** Save 37% ~~\$67~~ **\$42**
 Billed monthly.
- 3-month supply** Save 41% ~~\$204~~ **\$119**
 \$119 billed every 90 days.

Free shipping on all membership orders.

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Details

A healthy gut requires a strong, healthy gut barrier. Foundational strain, *Akkermansia muciniphila* plays a critical role in reversing the negative impact that factors like diet, lifestyle, and stress can have on your gut lining. We pioneered its use in probiotic supplements, and a single dose of our Akkermansia formula contains 100 million AFU of this potent live strain.

- Fortifies the gut lining*
- Reduces gut permeability*
- Supports overall gut health

*Based on preclinical studies.

<https://benedlife.com>

“While I see a lot of claims about probiotics, I was greatly pleased to see a **significant body of scientific literature** supporting the hypothesis that *L. plantarum* PS128 impacts neurochemistry in the brain, specifically **serotonin and dopamine levels**, in a preclinical model.”



JACK GILBERT

Director of the Microbiome and Metagenomics Center, UCSD
Bened Life Consultant

Probiotics for *Your Brain*

Your Brain Listens to Your Gut—*Start the Conversation*

Shop Now



Neuralli[®] MP

NEUROLOGICAL CONDITIONS

Dietary management
Mind, mood, and movement
60B CFU of PS128[™]

PROBIOTIC MEDICAL FOOD



Neuralli[®] Mood

TAKE CONTROL OF STRESS*

Reduces psychological stress*
Supports healthy sleep*[§]
[§]Single-arm study of PS128[™]

PROBIOTIC + POSTBIOTIC DUO



Probiotic Yogurt: Here are the Directions from Scratch: (you really don't need to put the probiotic pills in subsequent batches if you save 2-3 Tbsp. yogurt from the last L. Reuteri batch):

2 quarts of A2 milk from Kroger (Note: Regular milk will contain the A1 casein protein that has been linked to inflammation, auto-immunity, Alzheimer's, diabetes, heart attacks, etc. Alternatively, you could use half coconut milk/half coconut cream instead).

1 or 2 probiotic pills, mix in with a whisk with the capsules discarded:

https://www.biogaia.com/product-country/biogaia-osfortis/?doing_wp_cron=1568133406.6935029029846191406250

3-5 Tbsp. Inulin powder to provide soluble fiber for the bacteria and a little sweetness. You really need to whisk the inulin powder in slowly because it can form clumps. Probably any brand will do. For example, cheap on Amazon:

<https://microingredients.com/products/organic-inulin-fos-powder>

Subject: Scientific papers re yogurt

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4354898/>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5431580/>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5431580/>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3879365/>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3707834/>

For another great L. Reuteri yogurt-making video, go to YouTube: *Make Perfect L. Reuteri Yogurt Every Time!*

"I usually incubate the yogurt for 24-36 hours (36 is best, but not longer) with an Instant Pot in pint sized mason jars, **half full of nascent yogurt, LIDS ON**. Make sure that your Instant Pot has a **"Yogurt" setting**. I like to fill the Instant Pot with a half inch of water in the bottom. However, I just got a new yogurt maker from Amazon because my wife uses her Instant Pot so much. I like to eat this yogurt with nuts and berries because they are delicious and because they contain soluble fiber that they need in order to colonize your gut. I started making coconut yogurt with 1/2 and 1/2 coconut milk with coconut creme. Use the same proportions as with regular milk."

Can You Incubate Probiotic Yogurt in Something Other Than an Instant Pot?:

Yes, you can incubate probiotic yogurt by various methods other than a pressure cooker. Here are some effective alternatives. [I'm assuming you'll use glass jars with sealable lids]:

- Oven Method: Preheat your oven to a low setting and turn it off. Place your yogurt container inside a baking dish filled with warm water to maintain a stable temperature.
- Heating Pad Method: Use a heating pad with the auto-shutoff option disabled and set to a low temperature. Wrap your heating pad around the yogurt container to keep it warm. Apply heat overnight.
- Water Bath Method: Fill a cooler with water at a temperature of 110°F and just high enough to cover the jars. Leave it overnight.
- Slow Cooker Method: Use a slow cooker to maintain a stable water bath at 110°F. If your slow cooker doesn't run low enough, try keeping it on the warming setting.

These methods provide a cozy environment for the live cultures to thrive, ensuring a successful batch of homemade yogurt. Remember to avoid disturbing the yogurt during incubation to prevent the curd from breaking. **Also see:** <https://saladinajar.com/yogurt/more-than-six-ways-to-incubate-yogurt-without-a-yogurt-maker/>

Ultimate Yogurt Jars - Make More Delicious Yogurt! 8 Count Small Glass Yogurt Cups With Lids - 100% BPA Free, Airtight & Dishwasher Safe! Perfect Containers for Yogh...

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Material Type: Yogurt Jars (6oz, 8-count)



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Micro Ingredients Organic Inulin FOS Fiber Powder, 2.2 lb | Quick Water-Soluble Prebiotic for Intestinal & Colon Health | Natural Fiber for Smoothies & Drinks | Vega...

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\$23⁹⁹ (\$0.80 / count) Price history

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Price history

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Shorter shipping distance

In Stock

Quantity: 1

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Buy Now

Ships from Amazon Sold by BioGaia USA

Returns Non-returnable due to Food safety reasons

Gift options Available at checkout

According to a biochemist friend of mind, this brand's *Lactobacillus Reuteri* probiotic supplement is the best researched and of highest quality on the market:

Triple Therapy Formula

Probiotic	Dose	Minimum Duration
Lacto/Bifido Blend	1-50 billion CFU <i>Higher is OK</i>	2-3 months
Saccharomyces boulardii cerevisiae	10-15 billion CFU 4-8 billion CFU	2-3 months
Soil-based probiotics	2-6 billion CFU	2-3 months



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Dr. Michael Ruscio, DC, DNM
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4 Powerful Vagus Nerve Tools to Rewire Your Nervous System



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Ask



If you're new to preserving and fermenting at home, your mind will be blown at how easy it is! Today, I, and a bevy of curious food bloggers, had the opportunity to make our own *kimchi* (or *kimchee*) and *curtido* (or *cortido*), kimchi's El Salvadoran counterpart, from master preserver Ernest Miller at Melissa's Produce. The main ingredients in *curtido* are also cabbage and carrots, but with red onion instead of green, oregano and cumin vs. red chiles and ginger and the vegetables are julienned vs. coarsely chopped - although, as always, it's your kitchen, so tailor the vegetables and spices to your taste.

[JUMP TO RECIPE](#)

Kimchi is literally the national dish of Korea - there is even a museum in Seoul where 187 distinct varieties of *kimchi* are recognized. *Kimchi* refers to the wide range of pickled Korean foods which is consumed at nearly every meal - the average Korean eats about $\frac{1}{4}$ pound of *kimchi* a day, and most of it is still made at home the old-fashioned way.

How are fermented foods good for your gut biome?

Fermented foods are beneficial for your gut biome because they introduce live beneficial bacteria, known as probiotics, which can temporarily enrich the gut microbiome. These probiotics contribute to a balanced microbial community within the intestines, which is associated with improved digestive function and overall health. Fermentation also breaks down complex compounds in food, making nutrients more bioavailable for absorption by the body. Additionally, fermentation can synthesize new nutrients, such as certain B vitamins, and produce beneficial byproducts known as postbiotics, which include short-chain fatty acids (SCFAs) that support gut barrier function and modulate immune responses. Consuming a variety of fermented foods can introduce a wider range of microbial strains and their metabolites, contributing to a more diverse and resilient gut microbiome.

[Verywell Health](#)

<https://shescookin.com/homemade-kimchi-learning-about-fermented-foods/>



For many sensory-challenged kids, texture is at least as important as taste. When trying to introduce new foods, if they don't hate the taste, be sure to try to figure out if the food's texture can be improved if texture is still a barrier. For example, my non-ASD grandson doesn't like squishy foods, so, he didn't like undercooked tater tots until I put them in an air fryer and made them super-crispy on the outside.

Speaking of Nutrition:



for kids!



Organic plant-based powders

PERFECT FOR ON THE GO!

THIRD-PARTY TESTED

<https://shopbeam.com/products/>

Organic Inulin (from Chicory) (Cichorium intybus) (root)	750 mg	†	†
Organic Vegetable Blend	750 mg	†	†
Organic Greens Blend (Organic Alfalfa Leaf Juice Powder (Medicago sativa), Organic Barley Grass Whole Leaf Powder (Hordeum vulgare), Organic Oat Grass Whole Leaf Powder (Avena sativa), Organic Wheat Grass Whole Leaf Powder (Triticum aestivum), Organic Chlorella Powder (Chlorella vulgaris), Organic Spirulina Powder (Arthrospira platensis), Organic Sea Kelp (Ascophyllum nodosum), Organic Broccoli Powder (Brassica oleracea italica), Organic Cabbage Powder (Brassica oleracea var.), Organic Kale Leaf Powder (Brassica oleracea var.), Organic Parsley Leaf Powder (Petroselinum crispum), Organic Dandelion Leaf Powder (Taraxacum officinale), Organic Broccoli Sprout Powder (Brassica oleracea var. italica), Organic Dulse Whole Powder (Palmaria palmata)), Organic Broccoli (Brassica oleracea italica) (bud and stem), Organic Spirulina (Arthrospira platensis) (whole plant)			
Organic Fruit Blend	200 mg	†	†
Organic Apple Fiber Powder (Malus domestica) (whole fruit), Organic Blueberry Powder (Vaccinium corymbosum) (fruit), Organic Pomegranate Powder (Punica granatum) (juice), Organic Beet Root Powder (Beta vulgaris) (root)			
Probiotic Blend (750 Million CFU)	3.3 mg	†	†
Lactobacillus Acidophilus, Lactobacillus Rhamnosus, Bifidobacterium Lactis			
Vitamin K2 (as Menatetrenone) (MK-4)	5 mcg	†	†
*Percent Daily Values are based on a 1,000 calorie diet. **Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.			

<https://tryrosabella.com>

★★★★★ 4.8 stars from 3000+ reviews | 500,000+ Happy Customers

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3. Saffron Puts Out The Fire - Medication Just Hides It



While supplements "boost dopamine," saffron eliminates the inflammation itself.

Its compounds are anti-inflammatory agents that reduce brain damage, protect

<https://trysaphire.com>

This product reportedly helps to reduce actual inflammation of/in the brain itself, with reduced inflammation serving to also reduce both AD/HD and Autism symptoms.



Source Naturals, 100% Pure Activated Charcoal, 260 mg , 200 Capsules

By Source Naturals



4.7 ★★★★★ 1,007 | 5 Q&A

In stock

100+ sold in 30 days

Potency: 520 mg

260 mg

520 mg

Package quantity: 200 count

100 count

200 count

\$15.10

100% authentic



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\$13.59 (10% off)

~~\$15.10~~ \$0.14/serving

✓ 10% off first order, 10% off recurring

✓ Free recurring shipping

✓ Skip, change, or cancel anytime



One-time purchase:

\$15.10 \$0.15/serving

FREE shipping over \$30

Estimated delivery: Apr 24, order within 2 hrs 32 mins. ⓘ

One of the simplest ways to start detoxing your body or your child's is to take activated charcoal on an empty stomach. As the positively-charged charcoal ions move through your system, they attract and grab all kinds of negatively-charged toxins, heavy metals, and free radicals ... taking them out of your system when you use the bathroom. Be sure to consult your physician regarding dosages, and be sure to do this only for 4-5 days, then take a break for a few days before starting over. This particular brand comes recommended by Karen Thomas, author of "Naturally Recovering Autism." Karen's once Autistic son is now symptom-free because she learned how to **(1)** change his diet, **(2)** detox his body, **(3)** clear-out co-infections, and **(4)** heal/restore his brain. Her website is www.naturallyrecoveringautism.com where you can also go to sign up for **online coaching and support** in this 4-part protocol.

COCONUT OIL



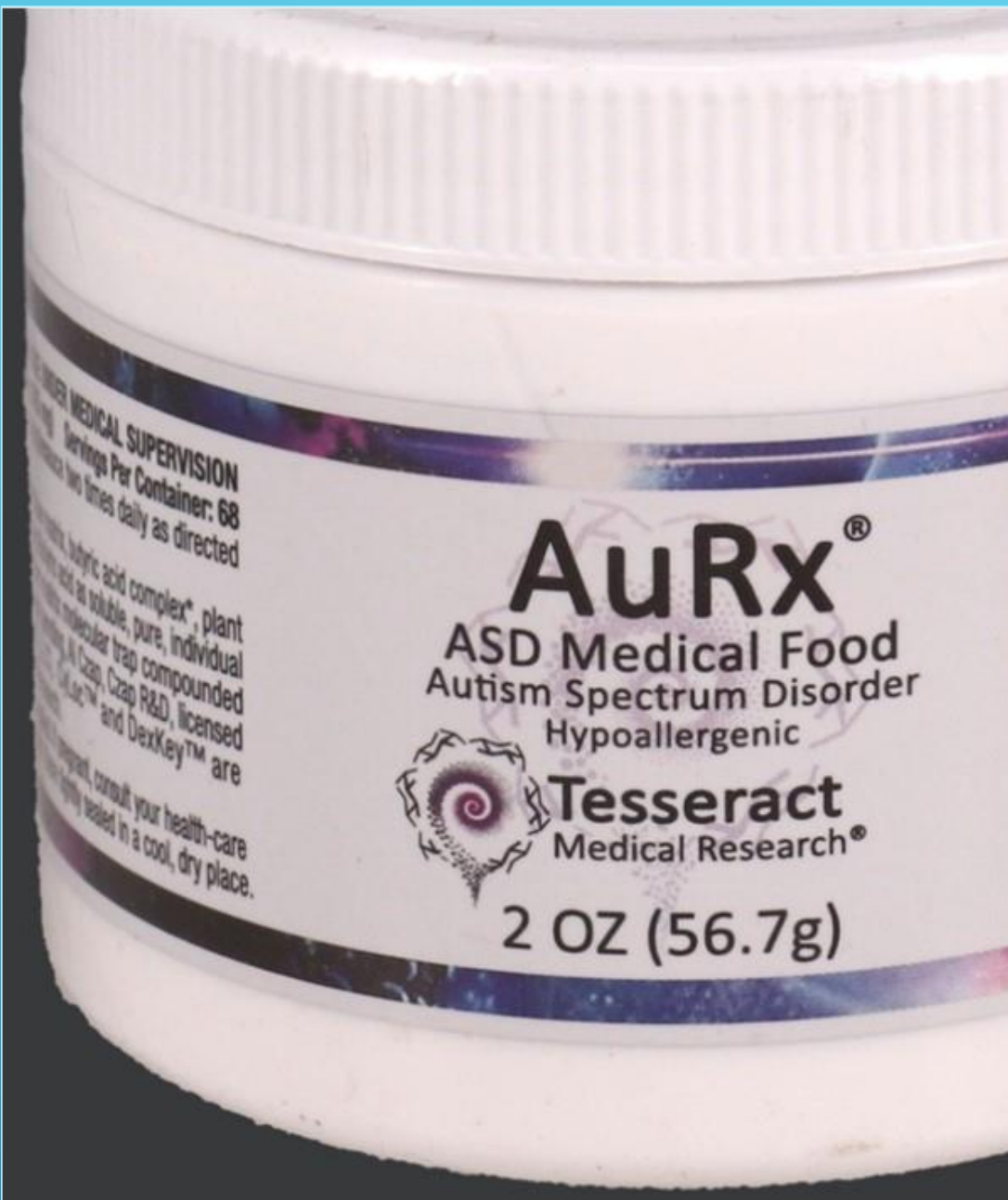
The World's
Most Powerful
Superfood

Dr. Bruce Fife

Thinking about **Glutathione** from 2 slides ago:

“In the 1970s it was discovered that **MCTs** (Medium Chain Triglycerides – i.e., the type of fat that comprises most of the fats found in coconut oil) from coconut oil were **naturally ketogenic**, that is, they could be converted into ketones regardless of how much carbohydrates one eats. Researchers used coconut oil to produce a product known as **MCT Oil**, which consists of 100% MCTs ... If you consume enough MCTs in an ordinary [non-Ketogenic] diet, you could raise blood ketones to mild therapeutic levels with results approaching that of the Ketogenic Diet. **Ketones** are considered a super-fuel for the body [as they] increase blood flow to the brain by 39%, increasing circulation and oxygen delivery [to the brain]. Ketones are easily absorbed into cells without the need of Insulin ... [and] they enhance immune function and stimulate the production of white blood cells. They have a strong **anti-inflammatory** action and signal genes to **increase production of protective antioxidants**, such as **Glutathione**. Ketones, being made of fat, provide for ... the growth of new brain cells. They protect the brain from the sticky amyloid plaque deposits that develop in Alzheimer's patients. They interfere with cancer cells' ability to absorb glucose ... and improve insulin sensitivity and help moderate blood sugar. The list goes on and on!”

This author also wrote, **Stop Autism Now!** (see Resources section).



Tesseract's AuRx® is the gold-standard **medical food** for Autism Spectrum Disorder (ASD)! The possibility of alleviating behavioral changes in an ASD child is now a reality.

Featuring a **stabilized butyric acid complex delivered in a palatable-tasting powder that optimizes patient compliance**, this hypoallergenic medical food provides much needed specific nutritional requirements for ASD children who have **short-chain fatty acid and gut microbiome imbalance and deficiencies**.

Fiber metabolism in the gut produces abnormally high levels of propionic acid in ASD children. Excess propionic acid can cross the gut-brain barrier, which can set the stage for a toxic environment to flourish – physically toxic and emotionally toxic. It has been shown that the greater a GI disturbance is in autistic children, including constipation and diarrhea, the greater the risk of behavioral problems, language impairment, and irritability.

AuRx® medical food is specially formulated to provide nutritional support to counteract that gut-brain nutrient imbalance.

Neupril

<https://neupril.com>

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Support your brain by restoring critical folate levels. Over 50% of people can't properly convert folate due to common gene variants like MTHFR. Formulated to promote mood, focus, and energy.

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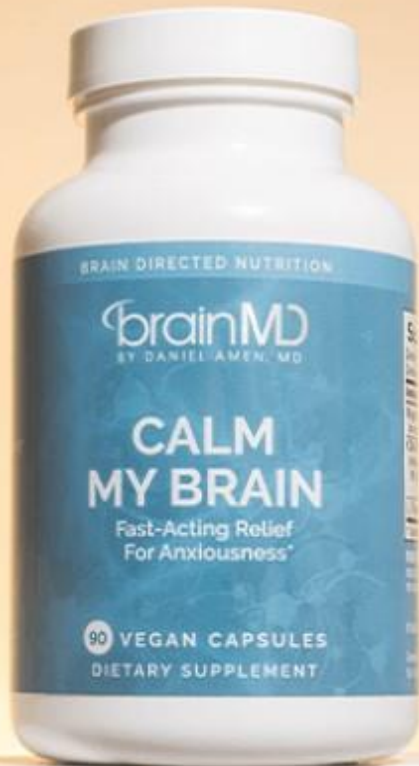
How Neupril Works



Most people start researching methylfolate after hitting a wall: brain fog that won't lift, low energy, or an MTHFR diagnosis that finally connects the dots. Understanding what L-Methylfolate is changes everything about how you approach supplementation.

<https://brainmd.com/>

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it require any special cleaning?

you use it without the heated belt?

Is it easy to transport?

omething else



Ionic Foot Bath Detox Machine, Ion Detox Foot Bath Cleanse, LED Display Spa with Heated Belt, Wrist Strap, Arrays, Liners (Portable Handbag)

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Use for	Foot
Power Source	Corded Electric
Material	Plastic
Item Weight	4.26 Kilograms
Brand	VnioLife

About this item

- **【LCD Display】** — Equipped with an upgraded control panel and array to set your foot spa detox time. (ionic foot bath detox machine Max 60 mins, Min 10 mins) After setting, it will automatically count down, no need to stare at the time, you can relax and do what you want to do
- **【Professional and Multi-function】** — Foot detox machine system with basin. Water electrolysis technology, water and ion array reaction, detoxify your body, with far-infrared heating belt function, detox foot bath to speed up blood circulation in the body
- **【Neutralize Toxins】** — Matching through pre-programmed sequences. Periodic use, in addition to rejuvenating you, can improve your memory and sleep, reduce arthritis pain, rheumatoid arthritis, and boost your immune system
- **【Zipper Carrying Bag】** — Portable kit, Easy to store and dustproof, durable, at home spa. Free Regain Health & Vitality Booklet
- After passing the foot detox spa, you will be detoxifying for the next 24 hours or more, so please drink plenty of water. It doesn't all come out of the water as is generally believed. Because there are many acupuncture points on the feet, it is also a way to use foot detoxification

\$72⁹⁹ (\$72.99 / count)

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Aromatherapy Guide

Essential Oil	Potential Uses
Sweet Orange	Improves mood, increases alertness, and assists with digestion
Lemon	Improves mood and digestive issues
Sandalwood	Has a calming effect and increases focus
Bergamot	Reduces stress and improves dermatological conditions
Rose	Decreases anxiety and enhances mood
Lavender	Decreases stress and has a calming effect
Chamomile	Improves mood and improve positive emotions
Peppermint	Increases energy levels and improves nausea
Ginger root	Improves appetite and boosts immunity
Mandarin	Decreases anxiety and improves dermatological conditions
Ylang-Ylang	Decreases nausea and improves dermatological conditions
Tea Tree	Boosts immunity and improves dermatological conditions
Jasmine	Improves mood

Be careful about possible allergies, especially when it comes to putting anything on the skin. Introduce a new oil's aroma **very slowly** and in a way that doesn't overwhelm your child's olfactory pathways. Usually, you can just have them take a quick whiff of the oil to see if they hate it and, if not, introduce it in a way that – within a few minutes if they want it to be taken away so that they don't smell it anymore – you can easily do so.

From a lecture entitled, *Dissecting the Brain-Gut Connection to Address Sensorimotor Concerns for Children with Autism*, by Dr. Varleisha Gibbs
PhD, OTD, OTR/L, ASDCS



Chamomile



Coconut



Tangerine



Lavander



Sandalwood



Bright Calming Oil by Bright Autism - Essential Kids Oil for Stress Relief - Natural Sleep Aid, Gentle Organic Blend Roll-On 10ml - Great Addition to Your Kids Sleep Routine.

Visit the Bright Autism Store

4.2 (340) | Search this page

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\$14⁹⁹ (\$44.33 / fluid ounce)

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Bundles with this item

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Deliver to Gregory - Bethel 45106

In Stock

Quantity: 1

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In addition, having healthy bacteria in your mouth is just as important as having healthy bacteria in your gut. It's a known medical fact that **bad bacteria and fungus in the mouth** have – through cuts, bleeding gums, and cavities – **made their way to the heart, organs, and brain** ... where they cause all kinds of problems. Modern practices have destroyed the natural “Bioshield” of good bacteria and minerals that have protected the teeth for millennia, specifically (1) Fluoride additives, (2) excessive cleaning, and (3) antibiotics (pills, contained in food, and hand sanitizers). The **4 good bacteria are: (1) Lactobacillus Salivarius, (2) L. Paracasei, (3) B. Lactis B1-04, and (4) L. Reuteri.** When combined with **Tri-Calcium Phosphate**, these all-together restore the Bioshield, which heals your teeth while protecting them as well.



Bentodent Remineralizing Food Grade Organic Calcium...
\$14⁹⁹



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PurDentix is a dietary supplement formulated to support oral health by blending probiotics and natural ingredients. Designed specifically to target common dental issues such as gum inflammation, bad breath, and sensitivity, this supplement provides a comprehensive solution for anyone looking to enhance their dental hygiene regimen.

The product is based on the emerging understanding of the oral microbiome's impact on overall health, leading to a growing interest in probiotic-based approaches to oral care.

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Hydroxyapatite Toothpaste, Enamel Care Nano Hydroxya...
\$15²⁹
(\$1.81 / ounce)

Probiotic & Prebiotic Mouthwash for Adults | Dry...
\$22⁹⁵
(\$10.83 / ounce)



Living Well with Dr. Michelle Cool Mint Remineralizing M...
\$29⁹⁷

Bentodent and Hydroxyapatite toothpastes are two different kinds. The mouthwashes are different, too: One's a probiotic, and one's "re-mineralizing."

I highly recommend that you listen to the **Culture Apothecary** podcast entitled, *"The Real Cause of Cavities Isn't Sugar, You Won't Believe What Is"* with Dr. Staci Whitman, DMD. I found it via the PodBean app.



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Connection



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for neurodivergent and neurotypical people of all ages and abilities

What is Microbiota Transplant Therapy (MTT)?

MTT is a patented therapy that restructures the gut microbiome by removing harmful bacteria and introducing beneficial microbial communities, purified from select healthy donors.

HEAL THE GUT - HEAL THE BRAIN



Developing new treatments that restructure the gut microbiome and improve many symptoms of Autism and Pitt-Hopkins Syndrome

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Nattokinase 20,000 FU/g, Bromelain 500mg & Curcumin 800mg – High-Potency Triple-Action Enzyme & Turmeric Complex Supplement with Quercetin & Dandelion for Antioxidant & Spike Detox Support

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4.5 ★★★★★ (27) | Search this page

Amazon's Choice

300+ bought in past month

\$29⁹⁶ (\$0.50 / count)

Price history

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Item Form	Capsule
Manufacturer	MEGNETA
Item Package	1
Quantity	
Package	Bottle
Information	

One-time purchase:

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In Stock

Quantity: 1

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Returns Non-returnable due to Food safety reasons

Gift options Available at checkout

See more

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World Council For Health

Spike Protein Detox Guide

https://pha-malta.org/wp-content/uploads/2023/10/SPIKE-PROTEIN-DETOX_ENGLISH_V3FH.pdf



World Council for Health – Current as of January 2023

This latest guide was reviewed by:

Dr Naseeba Kathrada, MD

Dr Pierre Kory M.D., M.P.A.

Dr Tess Lawrie, MD, PhD

Dr Peter A. McCullough, MD, MPH

Optimal Health Based on TCM (Traditional Chinese Medicine):

Kenny said that Power Foods are categorized according to the Five Elements:



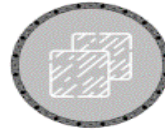
Wood



Fire



Earth



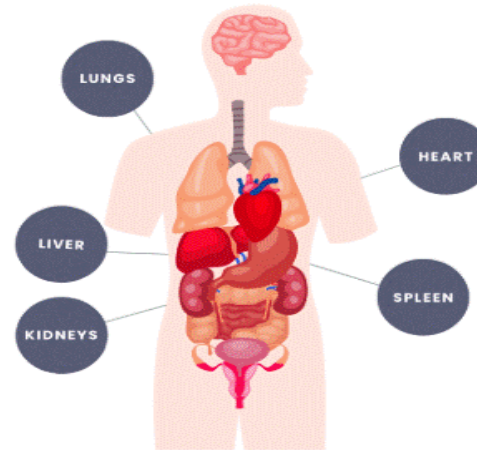
Metal



Water

Each element corresponds to specific organs, seasons, flavors, and colors. Then specific Power Foods are chosen based on their ability to nourish the Five Major Organs:

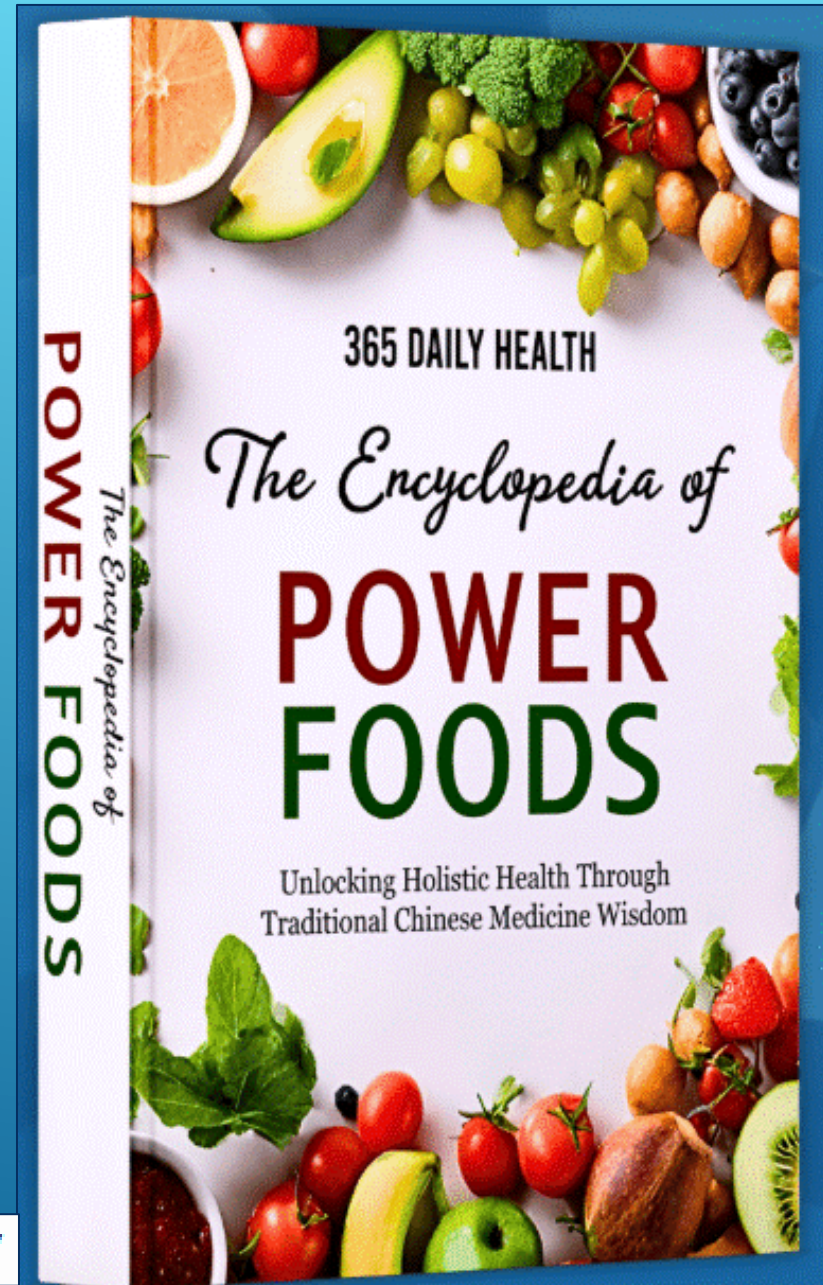
-  Liver
-  Heart
-  Spleen
-  Lungs
-  Kidneys



By eating exactly the right rainbow of colored foods, it's possible to correct imbalances and restore harmony.

365 Daily Health

<https://wsl.365dailyhealth.com/landing-sale-page1713272576177>



Boardmaker® 7

<https://us.tobiidynavox.com/pages/boardmaker-7>

Boardmaker 7

[Overview](#)

[Community](#)

[Components](#)

[Specifications](#)

[Purchase options](#)

Teach more, prep less

Discover Boardmaker – a powerful suite of special education tools for your home, school and therapy practice. As the world's leading symbol-based teaching solution, Boardmaker supports learning and communication with its trove of customizable material. Boardmaker 7 is the most robust version of our Boardmaker software yet, including access to over 85,000 [PCS® \(Picture Communication Symbols\)](#). This flexible, time-saving solution is offered as a [Standard or Subscription](#) option.

Boardmaker is a suite of special education tools designed to support learning and communication, primarily for students with **special needs**. It includes software for creating and using **pictorial communication symbols (PCS)**, allowing teachers, speech therapists, and parents to adapt instructional activities and create behavior and communication supports. Boardmaker also offers an interactive web-based platform for creating communication boards and visual schedules, making it a versatile resource in educational settings.



Efficient



Customizable



Symbol-based



Multi-platform

I grew up in a house where we ate junk-at first. "Tang" was in back then and everyone wanted to eat modern "astronaut food". Preservatives were going to save everyone from food-borne illness. Little did we know that processed food and additives were the real problem.

Cleanliness was in, and there seemed nothing cleaner than the packaged, processed foods coming from the gleaming and sterile processing plants of the day. I was duly vaccinated at the time. Breast Milk was considered third-world, banal and dirty, and bottled formula was the rage.

When I was 7, my parents had reached the end of orthodox doctoring of my problems. I had sleep, skin, food allergies, and trouble focusing. To help, they decided to try an elimination diet after reading the publications of Robert Rodale that my grandfather had provided. Rodale was trained in agriculture and soil science and following his advice, we eliminated several foods and I got better.

[Contact Me](#)



**HUMAN
CONDITION LAB**



<https://ascentautism.com>

Empowering Your Child To Build *Meaningful, Lasting Friendships*

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Assessments evaluate each learner's strengths, challenges, and interests using quantitative metrics and qualitative observations.



Peer Group Matching

Individuals are carefully matched to foster social skills development and build strong social and emotional bonds.



Participate!

Through peer groups and one-on-one sessions, participants practice higher level social skills and form lasting friendships.

<https://sjchilds.org>



Supporting Families on the Spectrum of Life

Exploring and celebrating neurodiverse minds and bringing value to families through education, resources, and lots of laughs.



About SJ Childs

Sara Bradford, an Autistic woman, and mother, brings a unique perspective to her role as the CEO of SJ Childs LLC, an autism consulting business. Her personal experiences, as well as her role as a member of the Autism Council of Utah, have deeply influenced her mission to support families with autistic members. Sara's work extends beyond her business, as she owns and administrates the Autism Advocates Support Group on Facebook, engages audiences as a global autism speaker, and hosts a podcast, The SJ Childs Show. Her commitment to her community is evident in her involvement in local university and police training programs, corporate autism training programs, international summits, and more.

Sara is a children's book author published under the pen name SJ Childs, who has written books on subjects such as autism, dyslexia, physical differences, anxiety, and more. Her books help children understand themselves, support their peers with neurodiverse needs, and encourage love and inclusion in every situation.



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Bringing Value to Families Through Education, Resources, and Lots of Laughs ...more

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By Carol Gray

Foreword by Dr. Barry Prizant
Author of *Uniquely Human: A Different Way of Seeing Autism*

New Sections!

- ★ Pre-school Children
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REVISED & EXPANDED!

Over 180 Social Stories™ That Teach Everyday Social Skills to Children and Young Adults with Autism or Asperger's Syndrome, and Their Peers



Social Stories are a social learning tool that supports the safe and meaningful exchange of information between parents, professionals, and people with autism of all ages. The people who develop Social Stories are referred to as Authors, and they work on behalf of a child, adolescent, or adult with autism, the Audience.

CAROL GRAY
SOCIAL STORIES

Social Stories™ 10.4

carolgraysocialstories.com

UNIQUELY HUMAN

THE PODCAST

Listen to "Interview with Carol Gray: The Queen of Social Stories" to learn more.





Nonprofit academy and studios opening pathways to careers in the digital arts for artists on the autism spectrum

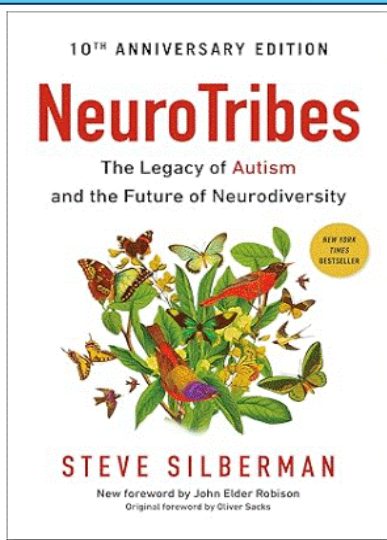
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NeuroTribes: The Legacy of Autism and the Future of Neurodiversity

Paperback – August 23, 2016

by Steve Silberman (Author), Oliver Sacks (Foreword)

4.7 (4,021) 4.3 on Goodreads 17,575 ratings

Goodreads Choice Award nominee

[See all formats and editions](#)

This *New York Times*–bestselling book upends conventional thinking about autism and suggests a broader model for acceptance, understanding, and full participation in society for people who think differently.

“Beautifully told, humanizing, important.”—*The New York Times Book Review*
“Breathtaking.”—*The Boston Globe*
“Epic and often shocking.”—*Chicago Tribune*

WINNER OF THE SAMUEL JOHNSON PRIZE FOR NONFICTION AND THE CALIFORNIA BOOK AWARD

What is autism? A lifelong disability, or a naturally occurring form of cognitive difference akin to certain forms of genius? In truth, it is all of these things and more—and the future of our society depends on our understanding it. *Wired* reporter Steve Silberman unearths the secret history of autism, long suppressed by the same clinicians who became famous for discovering it, and finds surprising answers to the crucial question of why the number of diagnoses has soared in recent years. Going back to the earliest days of autism research, Silberman offers a gripping narrative of Leo Kanner and Hans Asperger, the research pioneers who defined the scope of autism in profoundly different ways; he then goes on to explore the game-changing concept of neurodiversity. *NeuroTribes* considers the idea that neurological differences such as autism, dyslexia, and ADHD are not errors of nature or products of the toxic modern world, but the result of natural variations in the human genome. This groundbreaking book will reshape our understanding of the history, meaning, function, and implications of neurodiversity in our world.

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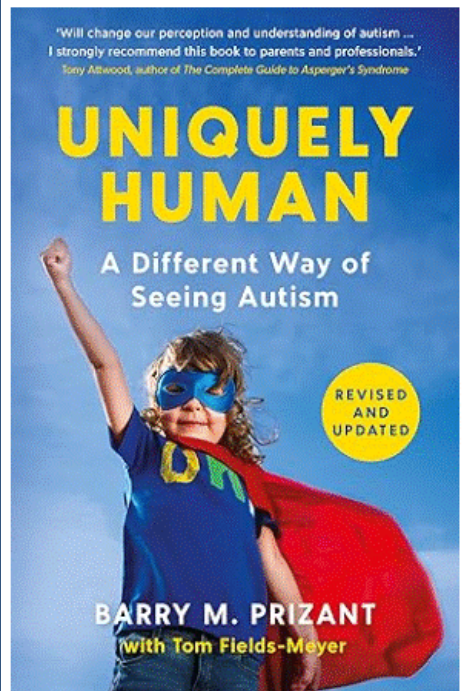
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NeuroTribes gives you the history of the Autism diagnosis and related treatments, while **Uniquely Human** ushers you into the world of a much more strengths- and interest-based approach of intervening, an approach based on respect and valuing the ASD person as a person of intrinsic worth.



Uniquely Human: A Different Way of Seeing Autism - Revised and Expanded

Paperback – April 21, 2022

by Tom Fields-Meyer (Author)

4.6 (237) 4.5 on Goodreads 6,932 ratings

Part of: Human Horizons (16 books)

[See all formats and editions](#)

Essential reading for parents, teachers, therapists and anyone who cares for people on the autism spectrum - now revised and expanded

A REVISED AND EXPANDED EDITION

Winner of the Autism Society of America's Dr Temple Grandin Award

Autism is a different way of being human. By understanding autistic behaviours as strategies to cope with a world that feels chaotic and overwhelming, Barry Prizant seeks to enhance abilities, to teach new skills, help individuals build on their strengths and develop coping strategies to achieve a better quality of life.

Revised and updated with new material on identity and intersectionality and a chapter on autistic advocacy. Uniquely [Read more](#)

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4 Applications and Digital Tools to Help Parents of Children with Autism

Technology as a Partner in Autism Support

Parenting a child with Autism Spectrum Disorder (ASD) comes with unique challenges, but also the opportunity to leverage modern tools that make life easier. Digital applications can help bridge communication gaps, track developmental progress, and reinforce therapy goals at home. For many families, these tools complement structured interventions such as [ABA therapy](#) or [stem cell therapy for autism](#), creating a more consistent support system.

Below are four standout applications and tools designed specifically to empower parents and caregivers.

1. Proloquo2Go – Communication Without Barriers
2. Routine Factory – Structure and Predictability at Home
3. Autism Tracker Pro – Data at Your Fingertips
4. Social Express – Building Social Understanding

Evergreen Tip: Integrating Tools with Therapies

These apps work best when integrated into a broader support plan, which might include behavioral therapy, school accommodations, and medical interventions such as [stem cell therapy autism research](#) programs. Parents who explore [Stem Cell Therapy for Autism Reviews](#) often find that pairing medical advances with consistent home tools maximizes developmental gains.



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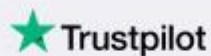
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Best App for Special Needs Caregivers
Based on +400 Reviews



★★★★★
"can't imagine life without it"



★★★★★
Excellent TrustScore



★★★★★
"Best for kids with disabilities"

This device saved one mom's Autistic son from disaster when, having gotten on the wrong bus (NY city), the bus driver dropped him off at a public library and left him there unsupervised!

Shutting Anxiety Down Quickly:

<https://www.youtube.com/shorts/0vYy3GKOa0w>


Immersing your whole body in an ice bath for 10 minutes (with your doctor's permission) triggers your body to activate its fat-burning system ...

Similarly, when cold water touches your skin, it triggers the **Vagal Response**. "Once the cold sensors in your skin sense a quick temperature drop, particularly in your face, they activate the "**Mammalian Dive Reflex**." This reflex quickly engages several vagal pathways, leading to many calming effects on your body:

- Lowers heart rate.
- Peripheral blood vessels constrict to conserve heat and energy.
- Your metabolism shifts toward more efficient oxygen usage.
- Your sensory awareness heightens while mental chatter often subsides."

*You don't even need ice. **Just splashing your face with cold water for 10-15 seconds while holding your breath will do.*** Doing this serves as a powerful "reset button" for your nervous system, especially during periods of heightened stress.

A 21-DAY SCIENCE-BACKED **PROTOCOL** WITH **EXERCISES**

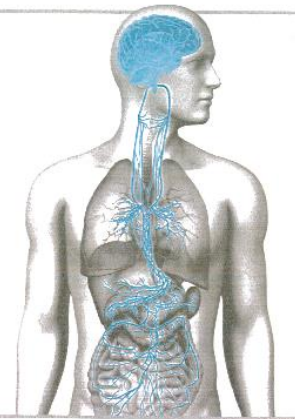


REGULATE NERVOUS SYSTEM, REDUCE STRESS & INFLAMMATION, RESTORE BRAIN GUT

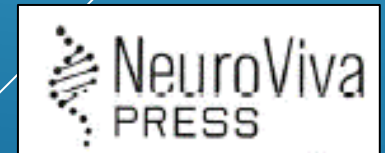
VAGUS NERVE

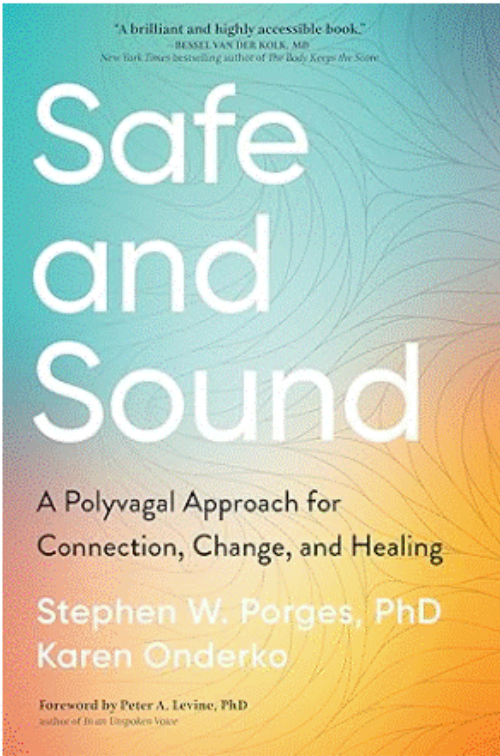
PROTOCOLS

WITH **REAL-LIFE CASE STUDIES**



NeuroViva
PRESS





Safe and Sound: A Polyvagal Approach for Connection, Change, and Healing Paperback – April 22, 2025

by Stephen Porges PhD (Author), Karen Onderko (Author), Peter A. Levine Ph.D. (Foreword)

4.4 ★★★★★ (32)

[See all formats and editions](#)

From Polyvagal Theory pioneer Dr. Stephen Porges comes a new resource sharing the origin and best practices of his groundbreaking new protocol, and highlighting real-life stories of transformation and healing.

We all want to live and share our truth, but when we don't feel safe, it can be impossible to fully express or even *know* who we really are. The nervous system impacts daily well-being, to our benefit or detriment. Understanding *how* may be key to truly knowing yourself and better supporting the challenges holding you back. "When the nervous system regains its capacity to feel safe," say Porges and Onderko, "individuals can express themselves genuinely, engage comfortably with others, and embrace a life of greater openness and ease."

The Safe and Sound Protocol (SSP) is a groundbreaking therapy based in Polyvagal Theory, which looks at the role the autonomic nervous system and vagus nerve play in regulating health and behavior. SSP involves listening to music that's been filtered to prioritize frequencies of human speech, providing auditory input that enables the nervous system to reset to its homeostatic state.

Porges and Onderko offer a glimpse into this innovative approach, highlighting not only the origin of SSP and its best practices but also real-life stories of transformation. They showcase clinical evidence demonstrating SSP's impact on emotional dysregulation, social interaction difficulty, and auditory sensitivity, providing a comprehensive understanding of its therapeutic potential. Some features and conditions addressed include:

- Depression
- Perfectionism
- Addiction
- Suicidal ideation
- COVID recovery
- Navigating gender identity
- Living with Parkinson's disease
- Hypermobility
- Autism
- ADHD
- Dyslexia

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Stephen W. Porges

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(These are three different but complimentary trainings that therapists can participate in, through <https://integratedlistening.com/store/> - based on the Polyvagal Theory of Dr. Steven Porges - to help their clients, including clients with Autism, learn to self-regulate their chronically dysregulated nervous systems).

Safe and Sound Protocol (SSP) Subscriptions

See the lasting benefits of nervous system regulation in your clients.

[Learn more](#) →

PURCHASE NOW:

[Annual Subscription with Training](#)
– Pay Monthly

[Annual Subscription with Training](#)
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Improving function and skill building through multi-sensory input. [Learn more](#) →

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Rest and Restore Protocol (RRP) Subscriptions

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<https://integratedlistening.com/porges/>

**Want to Get Started Within 24hrs? *Message Me to Get an Email with Answers to Common Questions about using SSP & RRP + Links to Start Your Subscription. *Includes both Protocols, Instructions, & Weekly Live Q&As 😊*

<https://www.sspttherapy.org/safe-and-sound-protocol-subscription>

Use The Safe and Sound Protocol to Calm Stress, Anxiety, CPTSD, & Reprogram How Your Body Is Naturally Responding to Life!

Why the Safe and Sound Protocol + Nervous System Regulation Works!

Learn how your Nervous System monitors your organs & how your eyes, diaphragm & ears communicate with it to change the way you feel. The Safe and Sound Protocol Music uses this connection with your Middle Ear Muscles to change the old programming of your Autonomic Nervous System into the calm regulated state your body is meant to be functioning in.

[Get Started](#) or [Book Your Free Consultation](#) 📍



(See slides from the lecture given by **Dr. Steven Porges**. SSP is his baby, which started out in the 1990s as *"The Listening Project Protocol: Triggering the Social Engagement System with auditory cues of safety"*).

People Delivering SSP To Children

For people who are delivering SSP to their children, the same categories for caution apply. Parents start the Protocol first because they need to become a super regulator in their lives to give their kid's nervous system something to co-regulate peacefully with no matter what. The course will teach you how to monitor the nervous system so you can do so for yourself & then your children when the time comes. Parents (One or Both) start their SSP listening journey in the included Zoom Session with me. If you feel comfortable monitoring your child at home after you are through your first round with SSP Core then you can start your child at home. If you

Regarding the Safe & Sound Protocol (SSP):



The Engineering of the Safe and Sound Protocol™

- Acoustic cues of safety calm autonomic state and function as a neural exercise of the Social Engagement System that supports the regulation of visceral organs (i.e., promote homeostasis) and social behavior.
- Leverages a neuroception of safety to retune ANS state regulation resulting in an optimized social engagement system with prosocial emergent spontaneous social properties.

their view of autism is that it's hardwired and that's it. And I would say that for some, that may be absolutely true, but I've had children in my laboratory, uh, come in with a complete, or a severe diagnosis autism and with a 70 IQ. And then a month later be normal with 140 IQ. Now it didn't mean that their IQ was raised. They just became testable. So we're underestimating the competence of many individuals with a diagnosis

The Neuroscience of Safety:
The Transformative Impact of the Polyvagal Theory on
Supporting Children on the Autism Spectrum

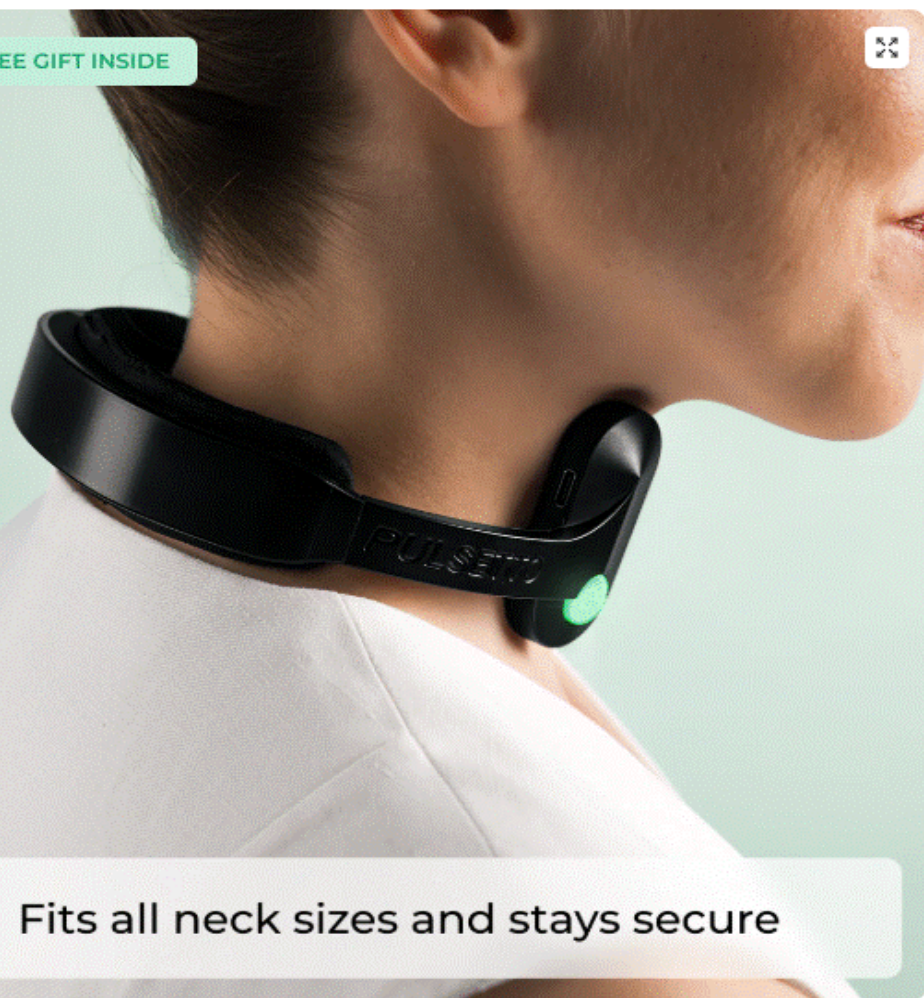
Stephen W. Porges, PhD
Distinguished University Scientist, Kinsey Institute, Indiana University
Professor Psychiatry, University of North Carolina

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Best comfort, longer battery, plus extra perks



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Best for most users



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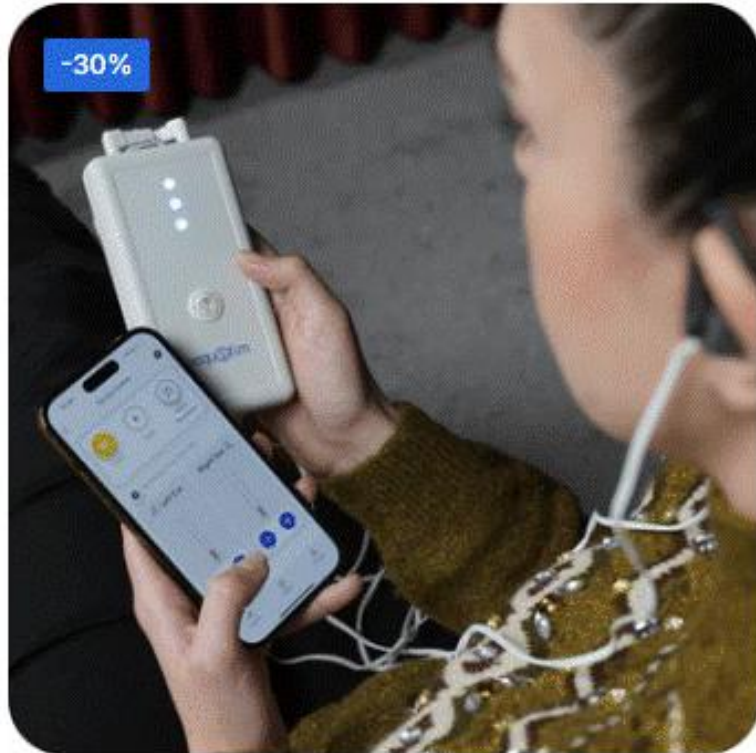
<https://vagustim.io>

Recommended by
Dr. Michael Ruscio



4 Powerful Vagus Nerve Tools to Rewire Your Nervous System
Dr. Michael Ruscio, DC, DNM
148K subscribers

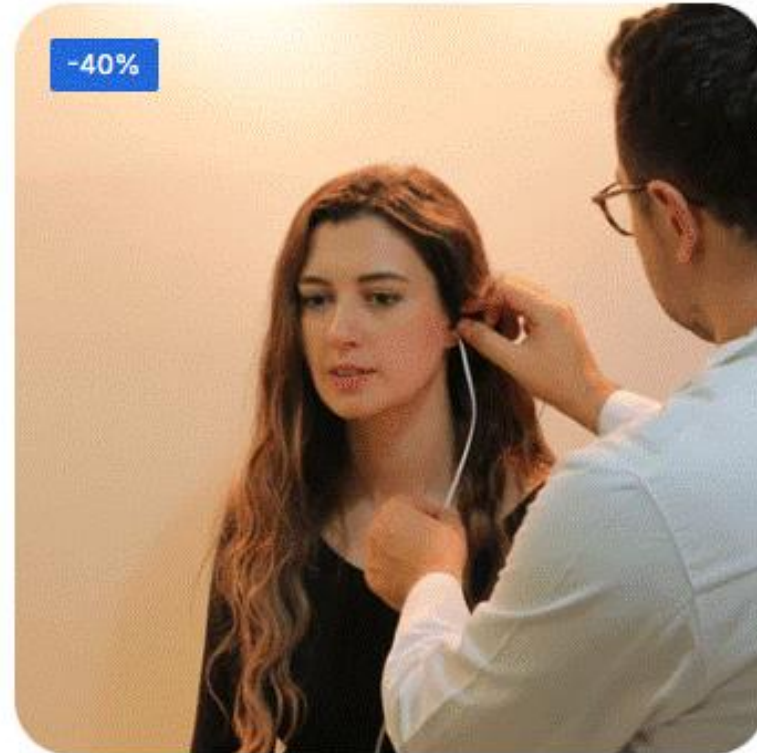
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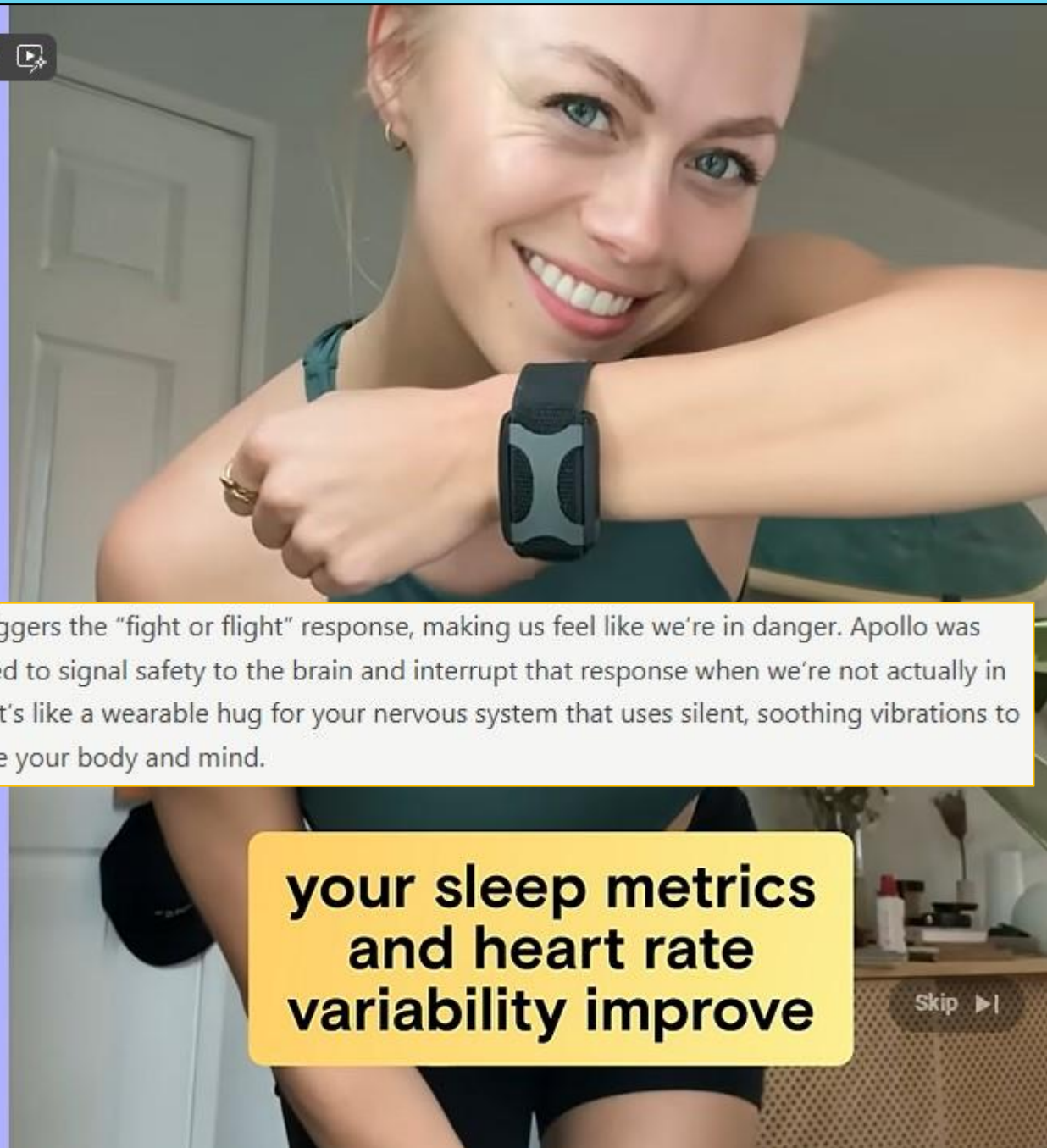
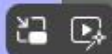
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and heart rate
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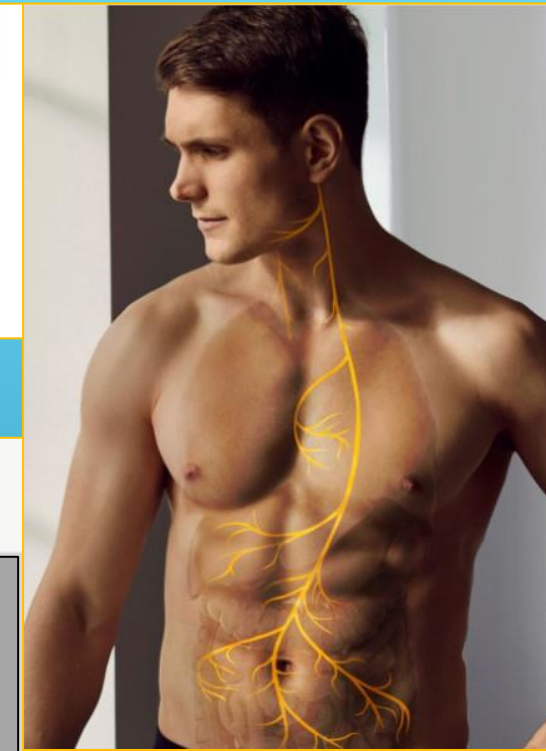
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truvaga™

<https://www.truvaga.com/truvaga/>

The **vagus nerve**, also known as the tenth cranial nerve, originates in the **medulla oblongata** of the brain and extends through the neck, chest, and abdomen. It runs down both sides of the body, with the **left vagus nerve** traveling down the left side and the **right vagus nerve** down the right side, ultimately reaching the **large intestine**. This nerve plays a crucial role in regulating various bodily functions, including heart rate and digestion. [↔ Verywell Health +3](#)



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Experience optimal well-being with our newest vagus nerve stimulator. Truvaga Plus is our latest hand-held vagus nerve stimulator designed to elevate your day-to-day experience through quick and gentle activation of your vagus nerve.

Perfect for power users seeking long-term, multiple daily sessions. Featuring new app enablement, rechargeable feature, and unlimited sessions. Truvaga Plus is set to address stress, sleep, calmness, and mental clarity all in one go. Offering a holistic solution for a healthier, more balanced you.

Key Benefits:

- **Stress Relief in Minutes:** Target and help alleviate stress at its source with 2-minute sessions.
- **Deep, Restful Sleep:** Support deep, restful sleep as Truvaga Plus balances the body's nervous system so you can wake up refreshed.
- **Calm Amid Chaos:** Navigate life's challenges calmly. Truvaga Plus promotes a peaceful outlook even in the most chaotic of situations.
- **Sharper Focus:** Experience enhanced mental clarity. Truvaga Plus helps clear mental brain fog for sharper thinking and focus.

“The Vagus nerve is the only nerve coming from the brain that innervates and connects to all the organs and glands; it allows communication from the [neurons in the] gut to the brain” – Dr. Varleisha Gibbs

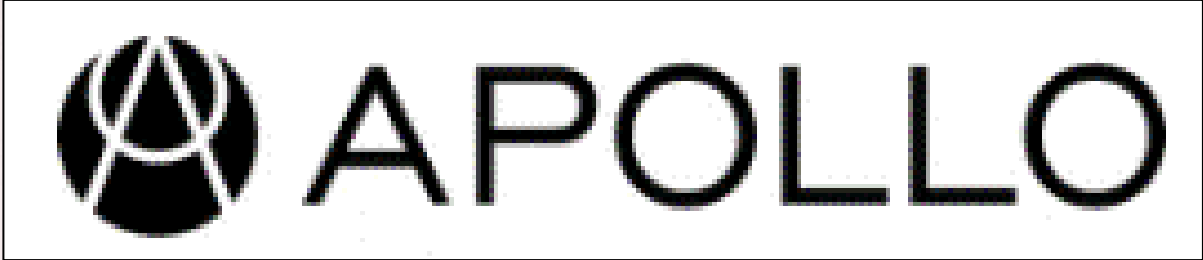
Why is stimulating the vagus nerve important?

Stimulating the vagus nerve activates the parasympathetic nervous system, which regulates mood, digestion, the immune response, and cardiovascular function, primarily working to sustain balance. When the nervous system is in balance, these functions work harmoniously, allowing the body to operate more efficiently, having many positive effects on our health.

Vagus nerve stimulation, also affects the levels of crucial neurotransmitters in the brain, such as serotonin, generating an improved ability to address emotional and physiological symptoms, leading to an improved overall wellbeing.

Meet The Benefits You Can Actually Feel

- Calm
- Sleep
- Focus
- Recovery



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First file:

333Hz - Stimulation of Brain Neuroplasticity

The 333Hz frequency is responsible for stimulating brain neuroplasticity, which triggers the production of new cells and increases cognitive brain capacity. For non-verbal autistics or those who do not yet communicate adequately, this frequency will help stimulate an increase in cerebral synapses, thus supporting the speech process.

Listening recommendations: Listen for 30 minutes before sleeping and let it play for at least 2 hours after you fall asleep. There is no problem with listening all night. If possible, use headphones, but if that's not feasible or there is resistance to using headphones, you can use a small speaker in the room. Always maintain a soft volume, whether using headphones or a speaker.

Second File:

440Hz Neurogenesis [Music to Generate New Neurons]

The 440Hz frequency can also be used to stimulate the process of brain neurogenesis and the creation of new cells.

Listening recommendations: This frequency can be listened to while studying, reading, or doing some task. The use of headphones or ambient sound is optional. It is recommended to listen for at least 30 minutes daily, over a period of 21 days to 3 months.

Third File:

528Hz Complete Body Regeneration

Relaxing music based on the 528Hz Solfeggio frequency, which is also known as the frequency of love, miracle tone, transformation frequency. Here are some benefits of 528Hz Solfeggio frequency music:

- ✓ Returns human DNA to its original and perfect state.
- ✓ Brings transformation and miracles into your life.
- ✓ DNA repair is followed by its beneficial effects of increased energy.
- ✓ Helps boost self-confidence and self-esteem.

Listening recommendation: This track can be listened to at any time of the day for a minimum period of 30 minutes during a relaxation moment.



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50+ bought in past month

\$99⁹⁹

Apply now and get a \$80 Amazon Gift Card upon approval of the Amazon Store Card, or see if you pre-qualify with no impact to your credit bureau score.

Color: **Brown**

Size: **One Size**

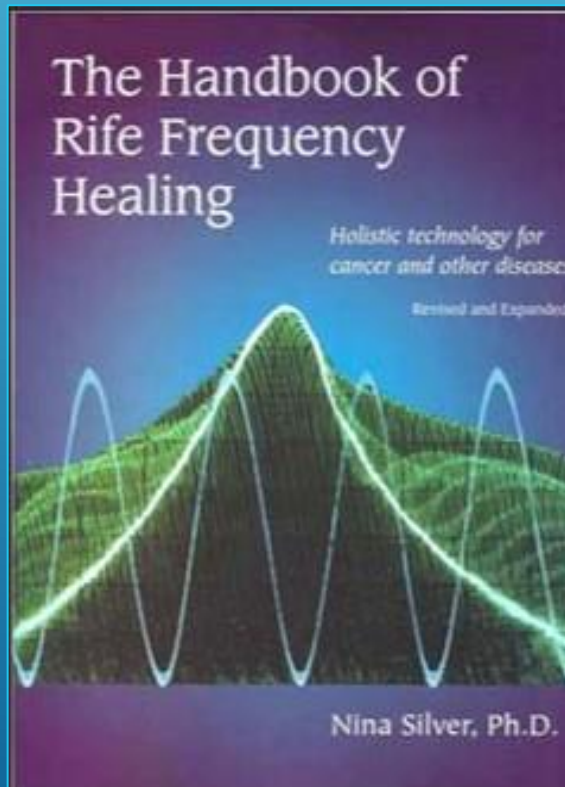
Color Brown

Brand TONEM

Material Metal

Power Source Battery Powered

Music Tracks [INFERRED] A list of 10 track names or track detail objects



“Healing frequency-generating machines,” or “**Rife machines**” are generally rejected by standard/licensed medical practitioners, so ... do your research. I haven't seen anything saying they cure ASD, but in light of the helpfulness of Music Therapy, these calming sound-generating machines might be helpful for some, as well.



American Speech-Language-Hearing Association
Making effective communication, a human right, accessible and achievable for all.

<https://www.asha.org/public/hearing/Hearing-Assistive-Technology-for-Children/>

Hearing Assistive Technology Systems (HATS) for Children

Getting HATS

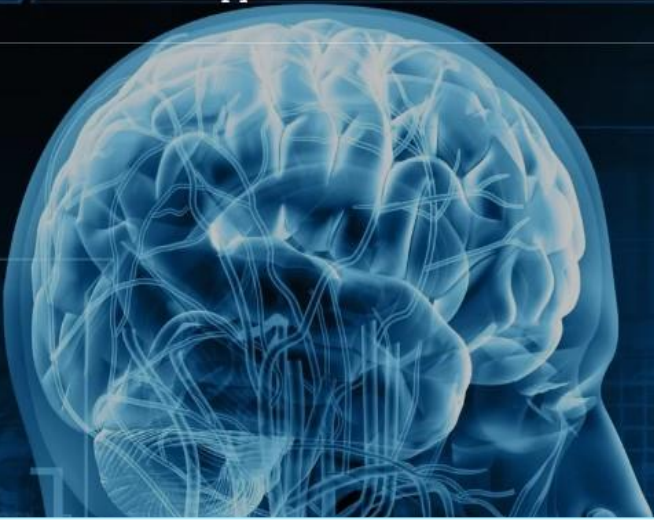
An audiologist will help find the right system for your child. They can test your child and make sure that the system works for her. They will also help your child's teacher use the system. Your child may have an Individualized Education Program, or IEP. Your child may have HATS included as part of the services needed to help him in school.

To find an audiologist near you, visit [ProFind](#).

The HATS system allows for children who are hyper-sensitive to background noise to wear noise-cancelling headphones that are linked wirelessly to a small microphone that the teacher wears. This allows the ASD or AD/HD student with auditory sensitivities to hear only the teacher while their nervous system gets to remain as calm as possible by NOT being overstimulated by external auditory stimuli.

The HATS System is a versatile device designed to improve listening in various environments. It amplifies telephone and face-to-face conversations, television broadcasts, and classroom settings. HATS differ from hearing aids as they are not programmed for individual levels of hearing loss and are not a cure for hearing loss. They can be used alone or in conjunction with hearing aids and are available in wired or wireless formats, such as FM, infrared, and Bluetooth systems.





Discover Wellness through the Power of QNRT®

QNRT® is a unique trauma therapy/treatment, with 3 main focus areas.

- (1) It works to Release those individual Adverse Emotional Experiences that have been identified through evaluating the stress factors of the Brain/Body connection.
- (2) It works to Reprogram the coping mechanisms that have been built from the Adverse Emotional Experiences. These ancillary patterns are ways of surviving emotional traumas by using false beliefs, negative life patterns and/or unwanted core drivers.
- (3) It works to Reset the Brain and Neurological Pathways to all areas of the body so that the individual can heal unencumbered.

Trauma therapy through QNRT not only disconnects Adverse Emotional triggers without the stress of reliving old trauma, but also physically removes the trauma/PTSD from specific brain lobes, corresponding tissue, and the nervous system. Thereby, allowing your brain to operate with new positive subconscious programing, free from old patterns and triggers.

Reset your brain, reset your life!

Kathlena Luft, OTR/L
Advanced QNRT® Practitioner

[BOOK APPOINTMENT](#)

(615) 417-1447



There's also a form of CBD that is called "CBG" for gut health ...

CBD (cannabidiol) may help alleviate symptoms of autism by potentially reducing anxiety, improving social interactions, and enhancing sleep quality.

- **Anecdotal evidence** from families suggests that CBD oils can help reduce stress, aggression, and self-injurious behaviors in autistic individuals. [↔ 1](#)
- **Research studies** indicate that CBD may improve social responsiveness and reduce anxiety in children and adolescents with autism spectrum disorder (ASD). [↔ 1](#)
- **Dosage recommendations** vary, with some studies suggesting a range from 0.7 mg/kg to 16 mg/kg based on body weight. [↔ 1](#)
- **Ongoing research** is essential to fully understand the effectiveness of CBD for autism, as more studies are needed to confirm its benefits. [↔ 1](#)
While many families report positive experiences, it is crucial to consult with a healthcare professional before considering CBD as a treatment option for autism. [↔ 1](#)



(International Association for Spelling as Communication)



GIVE

🇺🇸 EN



GET STARTED WITH S2C

LET ME SPELL IT OUT FOR YOU

not being able to speak does not affect your ability to understand and think

(designed to help non-verbal people)



(S2C = Spelling to Communicate)

I-ASC PRACTITIONERS ARE GLOBAL LEADERS IN S2C



[Click to see full view](#)

Adult Communication Board - Non-Slip, Portable Letter Chart for Non-Verbal, Stroke Recovery, Effective Visual Aids for Non-Speaking Patients, Pain Scale, QUERTY or ABC (QUERTY)

Visit the Crossroads Home Décor Store
 4.1 ★★★★★ 45 ratings

\$13⁹⁹

Get Fast, Free Shipping with Amazon Prime
 FREE Returns
 Style: QUERTY

- ABC - 3 Pack**
 \$32.99
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- QUERTY - 3 Pack**
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- QUERTY**
 \$13.99

Brand Crossroads Home Décor
Size 9.5"x8"
Color Blue and Green
Material Rubber and Vinyl
Orientation Landscape
Pre-printed Numbers

↓

Since **keyboard-ing** is often made into a later goal in OT sessions, using this pad now will prepare them for success at that later stage of motor skill development.

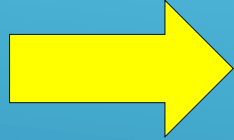
One adolescent (age 15-ish), wearing noise-blocking headphones, used the spelling board to say:
"Sensory stimuli assault my body constantly. These brushes help me to feel my hands."

Free printable communication boards

Communication boards are a great low-tech AAC tool to quickly improve basic communication. Although they are limited compared to an AAC device, they are also easy to use. Lingraphica offers free communication boards with vocabulary focused on basic wants and needs as well as hospital and health specific vocabulary.

[Get the FREE download](#)





Create Your Free Communication ID Card

Fill out this form to create a personalized Communication ID Card to immediately download, print, and carry in your wallet. Help spread awareness about communication conditions and let people know how best to communicate with you.

Language where disability is concerned is evolving. Lingraphica adheres to identity-first language when it pertains to autism. We acknowledge that both identity-first and person-first approaches to language are designed to respect the subject of our words. When there is a preference for person-first language, Lingraphica honors that preference.

"*" indicates required fields

Communication Impairment *

Name *



<https://lingraphica.com/printable-id-card/>

Here's a Sample 'Hello' Card: *There's a lot here, but, you can see how important all of these bullet points could prove to be in helping a neurotypical person to be properly equipped in conversations with an ASD person. This kind of text can be printed onto **blank business cards** for daily use:*

Hello, my name is Phillipe, and I am Autistic:

(please take a minute or two to read the following)

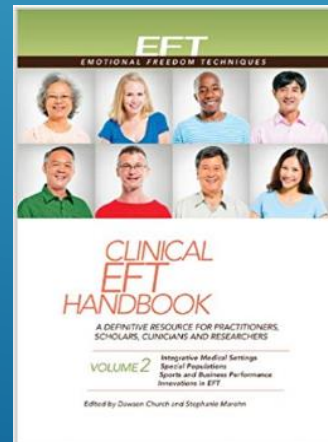
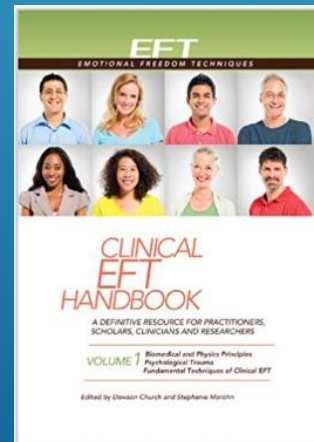
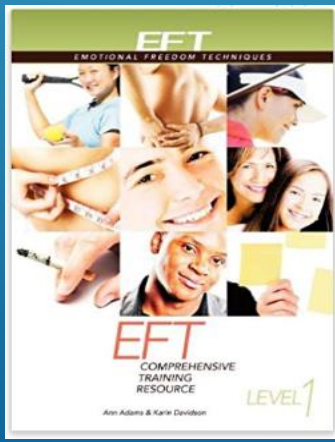
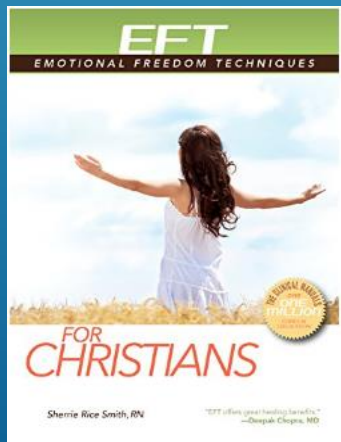
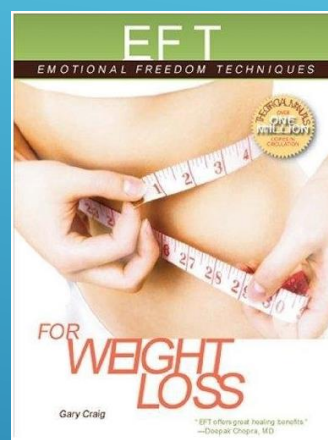
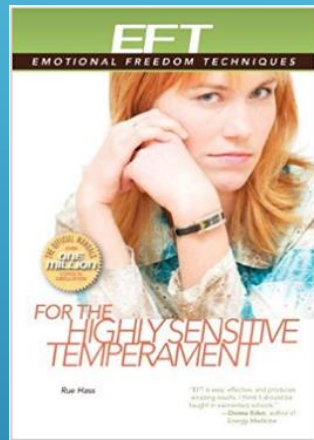
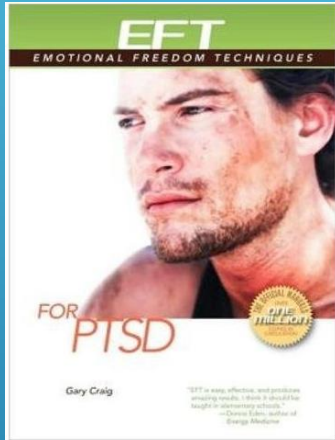
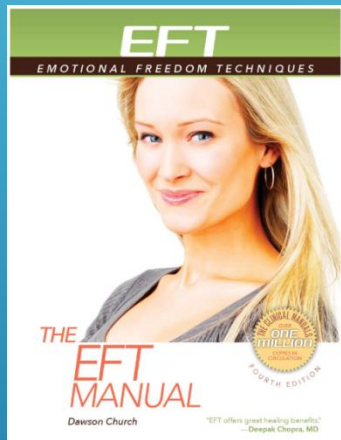
For Best Results When Communicating With Me:

- I have trouble with **verbal communication** and **social cues**, but please know that I'm not stupid.
- Coming up with quick verbal responses is hard for me. I also can't follow **multiple verbal threads** at the same time, like in group conversations. In these situations, I'll lose track of ALL verbal threads.
- Please **avoid physical touch**, as I have strong sensory sensitivities. Excessive sensory input feels painful to my nervous system. If need be, help us to find a quiet and less glaring (light) location for this conversation.
- Odd behaviors, like tics, are **NOT a sign of agitation or anger**. I am not a physical danger to you.
- If I get **overwhelmed**, I'll likely shut-down and start "stimming" – i.e., self-stimulating via pacing, rocking, or making moaning sounds that feel soothing on the inside (like when monks chant in low tones).
- **If I do shut-down**, my failure to continue to engage is not "defiance." It's OK to try again later.
- Please **speak slowly/clearly, but NOT loudly**. I'm not deaf. If you get loud with me, my auditory channels will stop hearing and processing what you're saying.
- Ask **yes/no questions one at a time**, and then please wait for me to process and respond. Sometimes I know what I want to say, but I have to deal with sensory challenges first, **before** I can actually respond.
- Like anyone else, I **can tell if I'm being disrespected**, talked down to, or being treated as being less valuable than others.

THE EFT MANUALS & EVIDENCE-BASED PRACTICE

Most of these EFT manuals cite research studies that support EFT as an evidence-based approach.


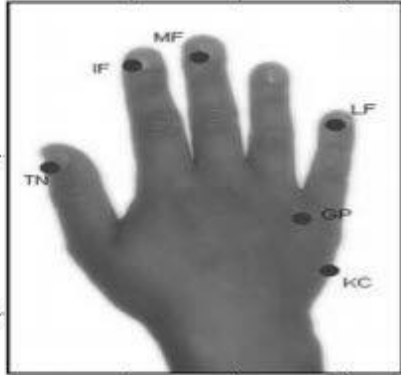
Go onto www.Amazon.com and you will see many other EFT titles as well.



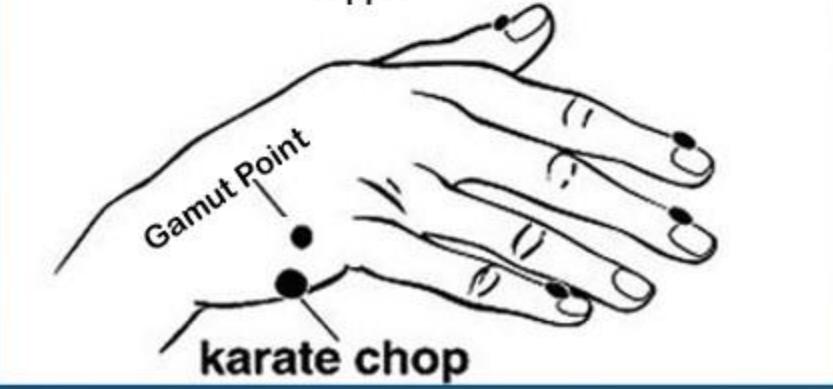
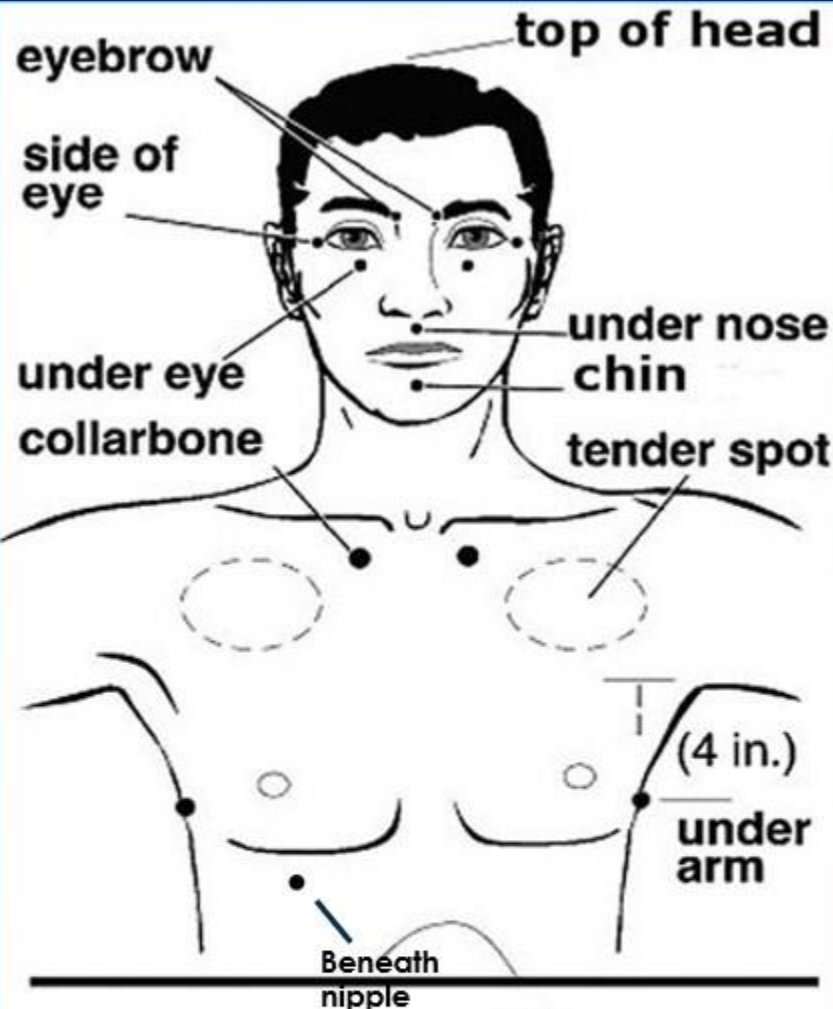
What is Emotional Freedom Technique?

Emotional Freedom Techniques, or EFT, is a self-help method that combines elements of cognitive and exposure therapy with acupressure. Over 200 clinical trials show that EFT is effective for anxiety, depression, pain, PTSD, phobias, and other conditions. Our organization, EFT Universe, pioneered "Clinical EFT," the evidence-based form of the method. EFT is often called "tapping" because when you're feeling stressed, EFT has you tap with your fingertips on your body's acupressure points. This rapidly reduces stress hormones like cortisol and turns off the body's fight-flight response. Try it yourself!

ENERGY MERIDIAN AREAS OF INFLUENCE

Under Arm (UA)	Spleen	Worry, poor concentration, forgetfulness, cloudy thought process, vacillation, addiction, attachment, obsession, gluttony, jealousy, self-pity, strong concern about opinions of others, stubbornness, vanity	Reasoning abilities, memory, a clear thought process, honest introspection, opinion, loyalty, willpower, sense of satisfaction/achievement, ideas & creativity, expressing sympathy	Stomach	
Thumb (Th)	Lung	Sorrow, resentment, anguish, claustrophobia, inflexibility (both mind and body), pessimism, nostalgia	Compassion, good survival instinct, instinct and intuition, free will, individuality, positive outlook, endurance	Large Intestine	
Index Finger (IF)	Large Intestine	Sorrow, resentment, worry, coughing, anguish, claustrophobia, inflexibility (both body and mind), pessimism, nostalgia. Stubbornness, holding on.	Compassion, good survival instinct, instinct and intuition, free will, individuality, positive outlook, endurance	Lung	
Middle Finger (MF)	Pericardium	Sadness, sorrow, grief, self-absorption, coldness, lack of concern, poor relations with others, lack of enthusiasm. Poor sleep habits, hysteria, hysterical or cackling laughter, abnormal emotional responses, hyper-sensitivity.	Love, happiness, contentment, warmth and concern in relationships, enthusiasm.	Triple Warmer involves immune system, flight or fight response, and the body's ability to habituate responses to stress and threat	
Gamut (9G)	Triple Warmer	Unsociable nature, standoffish, lack of humour, prefers isolation to group cooperation, poor decision making abilities, forgetfulness, rambling thoughts.	Sociable nature, ability to work well in groups, platonic friendships, personal warmth, sense of humour, liking for others	Pericardium	
Little Finger (LF)	Heart	Hysteria, erratic behaviour, alternating joy and melancholy, dullness, yearning for love, jealousy, sorrow	Tranquillity, gentleness, emotional balance, spirit, love, integrity, optimism, emotional and spiritual growth, zest for life, control of thoughts and senses, conscience, wisdom	Small Intestine	
Under Breast (UB)	Liver	Anger, depression, impatience, short temper, hatred, jealousy, self-insistence, insecurity, attachment to strong opinions (even when wrong), power-hungry, over ambitious, controlling, cursing and shouting	Drive, planning and starting skills, endurance, good reflexes, perseverance, spiritual enquiry and maintenance, quick and clear intellect, agreeable disposition, organizational abilities, ambition, patience, sense of well-being	Gallbladder	

Speaking of your body's energy system, you've probably heard of something called "Reiki." Well, there's a similar method called **Emotional Freedom Techniques**, or **EFT**. EFT is based on the work of **Dr. Roger Callahan** (founder of **Thought Field Therapy**, or **TFT**) who had a female client who suffered from a lifelong phobia of water. One day he asked her to think about her fear of water and where she was feeling that fear in her body, and then asked her to **tap gently** under her eye (which is an **energy meridian end-point**). Immediately her fear was released from her body and the phobia never came back.



EFT is now recognized as a robust and yet gentle method for use both in therapy and as a self-help tool, and it also falls within the field of study known as Energy Psychology.

You can go to <https://EFTUniverse.com> to learn more:

Unlock the power of advanced energy healing today! [ENROLL FOR FREE](#)

The Enormous Benefits of Tapping Correctly

Doing EFT tapping **correctly** produces **huge benefits in your life** and the lives of those around you. Research shows that Clinical EFT is able to reduce:

- ✓ Anxiety by 40% (Clond, 2015)
- ✓ PTSD in 84% of veterans (Sebastian & Nelms, 2016)
- ✓ Depression by 41%(Nelms & Castel, 2016)
- ✓ Weight by 11 to 22 lbs per year (Stapleton et al., 2014; Church et al., 2018)
- ✓ Pain by 68%(Church & Brooks, 2011)
- ✓ Autoimmune disease symptoms by 33%+ (Brattberg, 2011; Hodge & Jurgens, 2014)
- ✓ Cortisol by 37% (Goesbeck et al, 2018)

How to Explain Autism to Kids and Adults: The Ultimate Guide



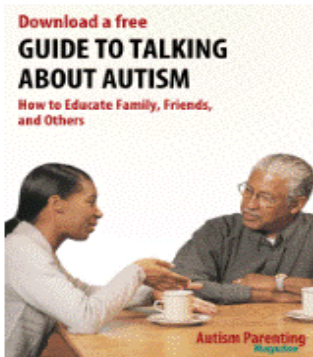
By Jeremy Brown
October 17, 2025

170 SHARES   

Understanding and explaining autism to children and adults can be challenging yet rewarding. Whether you're addressing a child who has just received a diagnosis, explaining autism to siblings who may not fully grasp their brother or sister's unique behaviors, or helping grandparents understand their grandchild's needs, this guide offers tailored advice to foster empathy, acceptance, and understanding within your family and social circles.

Navigating these conversations requires sensitivity and awareness of each person's perspective and developmental stage. By equipping yourself with the right knowledge and approach, you can create an inclusive environment that supports the autistic individual and strengthens family bonds.

Want help talking about autism with others? Download our free guide for tips on fostering understanding and meaningful conversations:



Download our **FREE** guide on **How to Talk about Autism with Friends, Family, and Others**

[Give me my FREE PDF](#)

<https://www.autismparentingmagazine.com/explaining-autism-to-child/>

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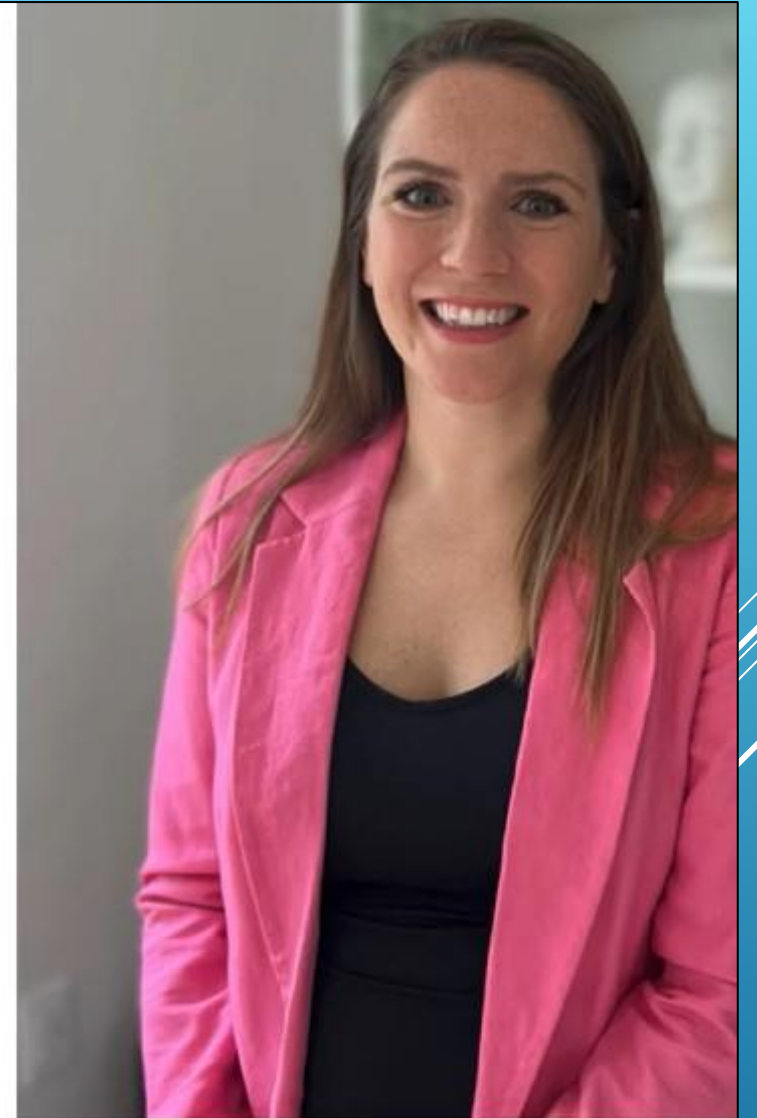
<https://confidentlylearning.com/replay>

Just go to this URL for a free introductory video

**How Determined Parents Help Their
Autistic Children Improve The
'Cognition-Communication Connection'
So They Can **Keep Up In Conversations,**
Socialize Confidently, And Become
More Independent**

**...even if they've already tried tutors,
speech therapists or psychologists**

By Eloise Zareian
Expert and Mother



JUST 14 DAYS USING THIS **LITTLE-KNOWN** THERAPY HELPED MY NONVERBAL CHILD MORE THAN 3 YEARS OF ABA

Just by letting them listen to specific frequencies through this App

"The Speech Code"

9/2/2025: I have emailed the Yale New Haven Hospital, home to the office of "Dr. Fred," to see if this program is real ... or not. I'll let everyone know if I get a reply.

autonomy in activities

<https://www.yourpotentialpro.com/thespeechcode>

i.e., certain audio tracks are played which, in turn, stimulate neuronal development of auditory channels.

Just go to this URL for a free introductory video

I'm usually a little bit skeptical any time a business says what they are expert in is a "little known" thing amongst other professionals addressing the same problems, plus, this woman is clearly not actually doing the talking ... which means she's likely an AI avatar. They also push you to "act now," basically. So, chances are this is a scam ...

We combine lights, sounds and stories in a unique and compelling way.

Unleash **Your Imagination**

burble
creativity

Imagination 🌱 Do Good 🌱 Neurodiversity 🌱 Autism Focused 🌱 MDI™

<https://www.burblecreativity.com>



What is the **Burble Story Tent** ?

The Burble Story Tent combines modern technology with the timeless art of storytelling, much like a modern-day campfire. Just as people around a campfire are captivated by the flames and imagine their own versions of the story, our tent uses individually-mapped LED lights that shift in brightness and color as the story unfolds. Surround sound immerses listeners in a rich audio landscape, creating a unique experience for everyone.

This is what we call "minimally defined immersive storytelling"—where each listener creates their own interpretation of the story. It may seem straightforward, but it took years of development and testing to perfect this product, making it accessible and enjoyable for all ages.

Featured Articles (clickable links):

- [Understanding and Managing Bossy Behavior in Autism](#)
Learn practical ways to guide bossy tendencies into calmer, more positive interactions. [Read more](#)

- [Autism and Bullying: Why Does It Happen?](#)
Discover why social differences make kids more vulnerable to bullying and ways to protect them. [Read more](#)

- [9 Tips on How to Introduce Yourself to a Child with Autism](#)
Learn easy tips to introduce yourself in a calm, friendly way that helps kids feel comfortable. [Read more](#)

- [Accommodations for Autistic Students: All You Need to Know](#)
Explore school accommodations that match your child's strengths, needs, and learning style. [Read more](#)

- [Autism Success Stories: Independence and Work](#)
Inspiring stories reveal how support and opportunity lead to growth, purpose, and independence. [Read more](#)

Featured Articles (clickable links):

[Autism and Aggression: A Social Story for Hitting](#)

Explore how a simple social story can help kids manage hitting and express emotions safely. [Read more](#)

[Skin Picking in Autism: Causes and Management](#)

Learn how to help your child reduce skin-picking and feel calmer and more comfortable in their own skin. [Read more](#)

[What Do You Mean I'm Not Communicating?](#)

Find out how your child may already be communicating in their own way and how you can respond with understanding and support. [Read more](#)

[Homeschooling a Child with Sensory Issues: Movement Strategies](#)

Discover simple movement ideas to make homeschooling smoother and help your child stay calm and focused. [Read more](#)

[Autism Success Stories: Growth and Future Dreams](#)

A touching story of a boy's journey from early challenges to confidence, independence, and big dreams for the future. [Read more](#)

For children with autism, navigating emotions can be challenging.

Meet Mightier. A digital solution that teaches coping strategies through play.

Take Questionnaire

Start Free Trial

Meet the Lavalings, collectible creatures that have hot and cool emotional states. Can you cool them down?



Learn and practice calming skills while you play.



Progressive Muscle Relaxation



Deep Breathing



Mindful Tracing



Crossing The Midline

MIGHTIER™

Useful with Autistic children as well???

Mental healthcare

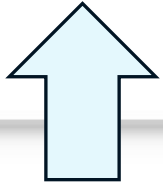
Built for kids

Mightier helps kids control emotions, build confidence, and improve mental health while supporting the whole family.

Start Free Trial

Take Questionnaire

<https://www.mightier.com/how-it-works/>



MIGHTIER™

For Families ▾

For Partners and Providers ▾

Resources ▾

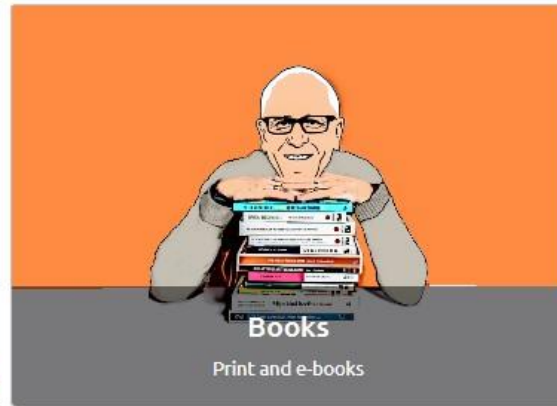
How Mightier Works

Your child learns emotional regulation and practices calming skills while wearing a heart rate sensor and playing games.

Start Free Trial



<https://vimeo.com/793413288>



Peter Vermeulen – ASD Resources

<https://autismincontext.be> -

Look on this website for **Downloads**, one of which is the **Autism Good Feeling Questionnaire** ... a very important tool in helping parents and professionals to identify strengths and specific behaviors that can be used as rewards, as go-to activities for self-regulation, etc.

Feeling Good Questionnaire



A tool created by Peter Vermeulen to help give insights and ideas on ways to increase the well-being of those with ASD.

The questionnaire explores what creates positive feelings and explored the following areas:

Stereotyped activities and rituals

Sensory experiences

Social interaction

Communication

Transitions

Activities

Peter's website: <https://petervermeulen.be>



If you are a **person on the autism spectrum** and you want to read more about a H.A.P.P.Y.[®] plan for you: [What is H.A.P.P.Y.[®]?](https://petervermeulen.be/the-h-a-p-p-y-programme.eng/)



Click on this link



H.A.P.P.Y.

Happiness in Autism Personal Project for Young people

"Brilliant project – a simple idea framed in a simple way."

Person on the autism spectrum who participated in the H.A.P.P.Y. project.

"It is evident that the H.A.P.P.Y.[®] Program is driven by a genuine commitment to prioritizing the happiness and overall well-being of individuals with autism, and I commend Peter for his dedication to this cause."

— Mysel, mother of an autistic child

H.A.P.P.Y.[®] is a programme that results in an **autism friendly and personalized workbook** for a *young* (between 0 and 99 years...) person on the autism spectrum with suggestions for activities that are concretisations of 10 evidence based wellbeing strategies.

If you are a **professional** who wants to work with the H.A.P.P.Y.[®] materials and you want to become a **H.A.P.P.Y.[®]-coach**, you will find more information about the programme [here](#).

<https://petervermeulen.be/the-h-a-p-p-y-programme.eng/>

Looking for free interoception resources?

Check out our FREE printables that will help you in your interoception journey.

Yes, please! Count me in! ←



👤 My Account

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Kelly Mahler

HOME



Hi, I'm Kelly Mahler – Interoception Groupie and Occupational Therapist

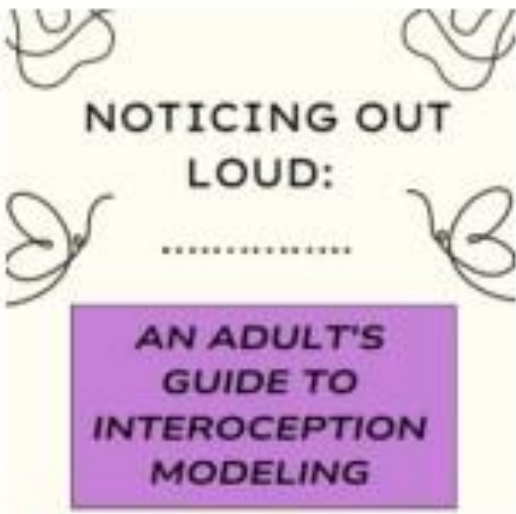
I teach professionals, caregivers and self-helpers how to use evidence-based supports that facilitate discovery and validation of each person's unique interoception experience which in turn empowers people with self-understanding, self-regulation, health, well-being and social connection.

Through my award-winning resources (including The Interoception Curriculum® and Interoception Activity Cards®), thriving Facebook community and top-ranked live online trainings, I provide practical and confidence building resources for over 180,000 professionals, caregivers & self-helpers.

[READ KELLY'S STORY](#)

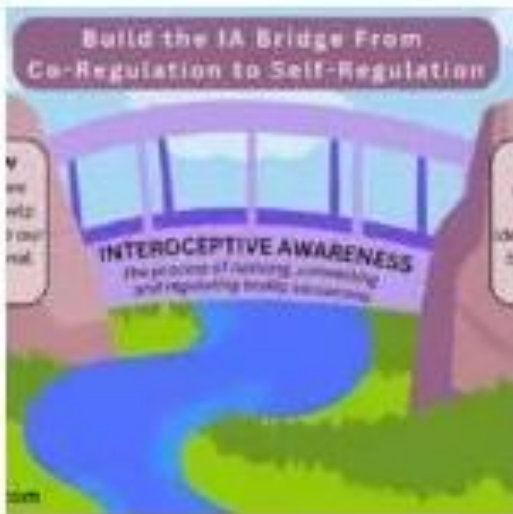
See next two slides for examples of **free, downloadable resources** when you provide Kelly with your email address.

Noticing Out Loud: An Adult's Guide to Interoception Modeling



DOWNLOAD NOW

Build the IA Bridge From Co-Regulation to Self-Regulation



DOWNLOAD NOW



How to Talk with Friends

A Step-by-Step Social Skills Curriculum for Children with Autism

Janine Toole PhD



Read sample

Follow the author

How To Talk With Friends: A Step-by-Step Social Skills Curriculum for Children With Autism

Paperback – October 5, 2016

by Janine Toole PhD (Author)

4.5 ★★★★★ (163)

See all formats and editions

Is your neurodiverse learner struggling to connect with his peers?

As elementary and middle school progresses, navigating the social world can become more challenging for neurodiverse tweens and teens. Conversation becomes a key part of friendships, and learners who struggle with conversation skills will find it difficult to build relationships with their peers.

"How to Talk with Friends" provides a comprehensive, easy-to-follow curriculum designed to help children participate with their peers.

Easily adaptable for both **group and individual use**, students learn how to:

- Begin a conversation by asking about their friend's interests.
- Respond to a friend with appropriate comments, follow-up questions and follow-up comments.
- Track the movement of a conversation topic.

• Appropriately change a topic during a conversation.

▼ Read more

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Print length



277 pages

Language



English

Publication date



October 5, 2016

Dimensions



8.5 x 0.63 x 11 inches

ISBN-10



0995320802



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The Mystery of Autism Solved!

STOP AUTISM NOW!

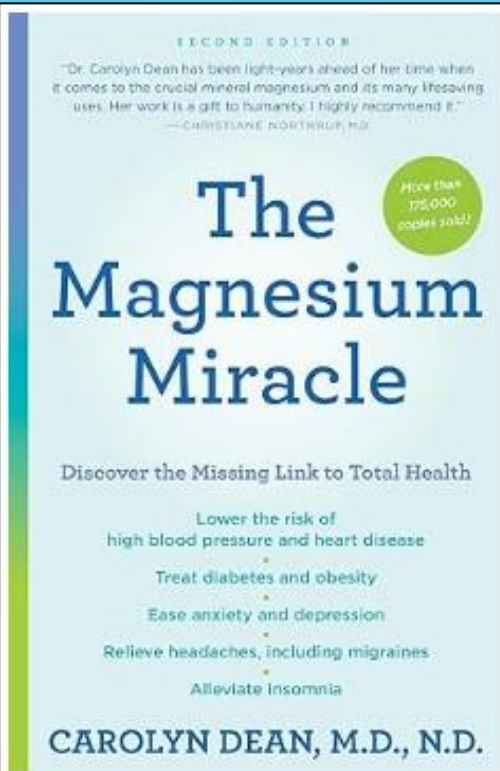
A Parent's Guide to Preventing
and Reversing Autism
Spectrum Disorders



Dr. Bruce Fife

Over 1 million people have autism. This number is rapidly growing. Over the past 12 years there has been a 17 percent increase in childhood developmental disabilities of all types including autism, attention deficit hyperactivity disorder (ADHD), epilepsy, mental retardation, and others. Currently in the United States, 4 million children have attention deficit hyperactivity disorder, the most common learning disability, and an incredible one in six children are classified as learning disabled. Why the sudden astronomical rise in developmental disabilities? Most doctors have no clue what causes autism, nor any idea how to prevent or even treat it. The only medically recognized form of treatment is an attempt to teach affected children how to manage the disorder and live with it. Antidepressants, antipsychotics, and stimulants are often prescribed to help cope with symptoms. No possibility of a cure is offered, as the condition is considered permanent—in other words “hopeless.” Autism, however, is not a hopeless condition. It can be prevented and successfully treated without the use of drugs. This book describes an innovative new dietary and lifestyle approach that has proven very successful in reversing even some of the most severe developmental disorders, allowing once disabled children to enter regular school and lead normal, happy, productive lives. There is a solution. You can stop autism now!

“Dr. Fife has done an outstanding job on Stop Autism Now! This book gives the latest stats on the pervasiveness of autism spectrum disorder and more importantly, viable solutions. With food lists and recipes galore, Dr. Fife makes the diet doable and manageable and worth your effort to try it.”--Carolyn Dean, MD, ND, Author of The Magnesium Miracle



The Magnesium Miracle (Second Edition) Paperback – Big Book, August 15,



2017

by Carolyn Dean M.D. N.D. (Author)

4.6 ★★★★★ (1,588) 4.2 on Goodreads 1,547 ratings

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Now updated with 30 percent new material, the only comprehensive guide to one of the most essential but often-overlooked minerals, magnesium—which guards against and helps to alleviate heart disease, stroke, osteoporosis, diabetes, depression, arthritis, and asthma

Magnesium is an essential nutrient, indispensable to your health and well-being. By adding this mineral to your diet, you are guarding against—and helping to alleviate—such threats as heart disease, stroke, osteoporosis, diabetes, depression, arthritis, and asthma. But despite magnesium's numerous benefits, many Americans remain dangerously deficient. Updated and revised throughout with the latest research, this amazing guide explains the vital role that magnesium plays in your body and life. Inside you will discover

- new findings about the essential role of magnesium in lowering cholesterol
- improved methods for increasing magnesium intake and absorption rate
- how calcium can increase the risk of heart disease—and how magnesium can lower it
- a magnesium-rich eating plan as delicious as it is healthy
- information on the link between magnesium and obesity
- vitamins and minerals that work with magnesium to treat specific ailments
- why paleo, raw food, and green juice diets can lead to magnesium deficiency

The Magnesium Miracle, now more than ever, is the ultimate guide to a mineral that is truly miraculous.

Praise for *The Magnesium Miracle*

"Dr. Carolyn Dean has been light-years ahead of her time when it comes to the crucial mineral magnesium and its many lifesaving uses. Her work is a gift to humanity. I highly recommend it."—**Christiane Northrup, M.D.**

"Throughout this volume and with utmost clarity, Dr. Carolyn Dean presents invaluable recommendations—based on the latest magnesium research. Virtually every American can benefit."—**Paul Pitchford, author of *Healing with Whole Foods***

"Dr. Carolyn Dean has the best credentials for bringing solutions to those suffering from the hidden magnesium disorders that affect most of us. This book needs to be read by anyone wishing to improve their quality of life."—**Stephen T. Sinatra, M.D., author of *The Sinatra Solution: Metabolic Cardiology***

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Sensory Needs Have to be Met BEFORE

Learning * Communication * Transitions * Successful Outings * and Connection

Can Occur!

<https://shopsenseationalyou.com>

Shifting the intense child to new patterns of success -
strengthening all children on the inside.

TRANSFORMING

the

difficult
child

Written by

HOWARD GLASSER & JENNIFER EASLEY

Preface by Peter R. Breggin, MD

Transforming the Difficult Child: The Nurtured Heart Approach



Paperback – April 1, 1999

by [Howard Glasser](#) (Author), [Jennifer Easley](#) (Author)

4.6 ★★★★★ (944) 4.0 on Goodreads 649 ratings

[See all formats and editions](#)

Transforming the Difficult Child brings to life a new way of shifting intense children to a solid life of success. The Nurtured Heart Approach puts a refreshing spin on both parenting and teaching and reveals new techniques and strategies that create thoroughly positive behaviors. This is the newly updated 2016 revision.

Report an issue with this product or seller

Some would say that this is one of the most important and life-changing parenting books ever written. Author and therapist Howard Glasser obtained a reputation for achieving high levels of success with the most “difficult” kids. His method is called **The Nurtured Heart Approach**, which anyone can receive training in. There are also available a workbook and a book geared towards helping teachers implement The Nurtured Heart Approach at school. If your child is on the **Autism Spectrum** (or suspected to be), it would be worthwhile to contact <https://www.nurturedheartinstitute.com> with your questions.

[Read sample](#)

[▶ Audible sample](#)



TUNED IN

A program for **parenting sensitive, neurodiverse, or gifted children.**

This course is for you if:

- ◆ **You want to enjoy the journey of guiding your child** toward their hopes and dreams without getting caught in loops of stress and overwhelm.
- ◆ **You want to support your child** through their big emotions without your own frustration getting in the way.
- ◆ **You have tried all the classic parenting techniques** and “scripts” from instagram, but your child doesn’t buy it.
- ◆ **You already have a special bond** with your sensitive child, and you want to deepen your connection even further.

[Get The Course](#)

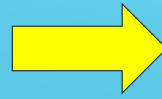
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Join the Movement Toward Whole Person Health Care: Become a Naturopathic Physician

Our Doctor of Naturopathic Medicine (NMD) at University of Western States can be completed in three-and-a-half years and is taught on our beautiful campus in Portland, Oregon. This 14-quarter program is designed to prepare you for a rewarding career where you can serve your community by providing evidence-informed, whole person, individualized health care for the betterment of your patients and society.



Perhaps this school might be able to help you **find physicians in your area** who have graduated from their Naturopathic program? – i.e., doctors skilled in the use of natural supplements and remedies:

<https://www.uws.edu/learn/>

A quick referral guide for parents to complete about a child aged 4-11 years with suspected autism **who does not have a learning disability.**

Please tick one option per question only:

		Definitely Agree	Slightly Agree	Slightly Disagree	Definitely Disagree
1	S/he often notices small sounds when others do not				
2	S/he usually concentrates more on the whole picture, rather than the small details				
3	In a social group, s/he can easily keep track of several different people's conversations				
4	S/he finds it easy to go back and forth between different activities				
5	S/he doesn't know how to keep a conversation going with his/her peers				
6	S/he is good at social chit-chat				
7	When s/he is read a story, s/he finds it difficult to work out the character's intentions or feelings				
8	When s/he was in preschool, s/he used to enjoy playing games involving pretending with other children				
9	S/he finds it easy to work out what someone is thinking or feeling just by looking at their face				
10	S/he finds it hard to make new friends				

SCORING: Only 1 point can be scored for each question. Score 1 point for *Definitely or Slightly Agree* on each of items 1, 5, 7 and 10. Score 1 point for *Definitely or Slightly Disagree* on each of items 2, 3, 4, 6, 8 and 9. If the individual scores **6 or above**, consider referring them for a specialist diagnostic assessment.

USE: This is the child version of the test recommended in the NICE clinical guideline CG142. www.nice.org.uk/CG142

Key reference: Allison C, Auyeung B, and Baron-Cohen S, (2012) *Journal of the American Academy of Child and Adolescent Psychiatry* 51(2):202-12.

<https://www.autismresearchcentre.com>

Resources

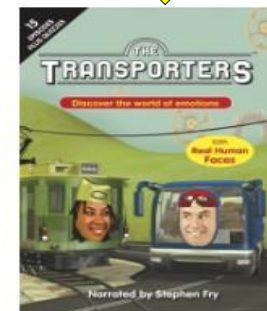
The Transporters

The Transporters is a fun video series to help autistic children understand the causes of emotions, and the facial expressions that go with them.

Research shows that even after watching *The Transporters* for just 15 minutes per day for one month, autistic children improve significantly in their emotion recognition ability.

The Transporters was nominated for a prestigious Learning Primary BAFTA award in 2007, and won the Association of Electronic Publishers' Distinguished Achievement Award for Special Education Preschool in 2010.

[FIND OUT MORE](#)



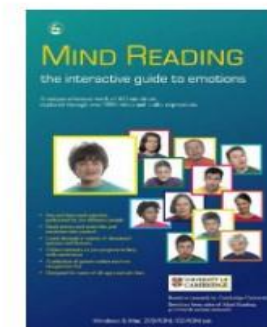
Mind Reading

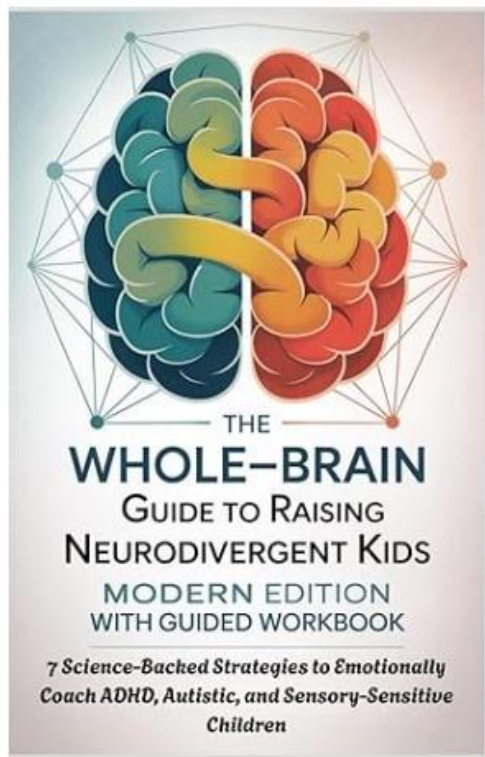
Mind Reading is an online course based on the idea that emotional 'literacy' can improve just like any other skill, with repetition and practice.

Emotions in the real world are transient, without any opportunity to 're-play' the emotion, to study them, but by making emotions digital they can be played and replayed as often as is needed, either in a private setting or in a group teaching format.

It is an emotional 'library' and the video, audio clips and stories are available for anyone who wants to learn to recognise emotions or to use them for teaching and research.

The development and evaluation of Mind Reading was funded by the Shirley Foundation. The course includes 412 different emotions, each shown on 6 actors' faces (males, females, different ethnicities, different ages) and through 6 actors' voices, and so comprises a rich collection of almost 5,000 emotions in audio and video. Each emotion is classified according to 6 levels, where Level 1 is for young children and Level 6 is for adults, so that you can progress up the levels to learn emotions you may be less familiar with. And you can learn this at your own speed, in your own time, from the comfort of your own home, online.





THE WHOLE-BRAIN GUIDE TO RAISING NEURODIVERGENT KIDS - Modern Edition With Guided Workbook: 7 Science-Backed Strategies to Emotionally Coach ADHD, Autistic, and Sensory-Sensitive Children



Paperback – Large Print, June 15, 2025

by Emergence Institute (Author)

5.0 ★★★★★ (1)

[See all formats and editions](#)

What if I told you that your "difficult" child isn't broken... they're actually a genius waiting to be unlocked?

Right now, you're living in survival mode. The daily meltdowns that leave you questioning everything. The school calls that make your heart sink. The judgment from other parents who just don't understand. The exhaustion of trying everything while watching your brilliant child struggle in a world that wasn't built for their beautiful, complex brain.


You've read the generic parenting books. You've tried the cookie-cutter solutions. Nothing works because your neurodivergent child doesn't fit the mold, and frankly, thank goodness they don't.

THE WHOLE-BRAIN GUIDE TO RAISING NEURODIVERGENT KIDS isn't another parenting book filled with empty theories. This is your child's personalized roadmap to thriving, backed by cutting-edge neuroscience and packed with **15 interactive worksheets** that transform abstract concepts into concrete daily victories.

Inside, you'll discover the **Sensory Reset Protocol** that stops overwhelm in its tracks, the **Communication Bridge Building** techniques that finally help you understand what your child is really trying to tell you, and the **Strength-Based Motivation System** that turns their obsessions into superpowers.

But here's what makes this revolutionary: While other books tell you what to do, this guide shows you exactly **HOW** to do it. Every strategy comes with step-by-step worksheets, assessment tools, and real-world applications that work for ADHD, autistic, and sensory-sensitive children.

You'll never feel alone in this journey. We're so committed to your success that we include **FREE ongoing support** via email. When you get stuck, we're here to help you navigate the challenges.

Your child's brilliance is waiting. The question is: will you unlock it today, or will you spend another  wondering "what if"?

Stop surviving. Start thriving. Get your copy now.

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"This book provides something different from the endless stream of behavior modification techniques and coping strategies that fill [the pages of] most parent resources. Instead of teaching you how to change your child, it teaches you how to understand your child's unique neurological patterns and create family systems that honor those patterns while building essential life skills." – page 14



Wilbarger Brushing Protocol (OT Brushing & Joint Compressions)

Watch later Share



0:27 / 4:45

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Wilbarger Brushing Protocol (OT Brushing & Joint Compressions)

YouTube | sc5mu93 | 580.1K views | Jun 24, 2011





*Our New, And Improved Performance
Breakthrough Balance Board*



*The Newly Designed Balance Board And
Exercise Kit Made Locally In Northern Ireland*

At Performance Breakthrough, We're So Proud To Be Working Together As A Family.

I know first-hand how difficult it is to watch your child struggle. My sons, John and Peter, understand exactly what it feels like to sit in a classroom, frustrated because they can't fully show their potential. That personal experience motivates everything we do, it's why we're so passionate about helping families like yours find answers, relief, and genuine breakthroughs.

What Are BOSU Ball Exercises?

Understanding balance training with the BOSU trainer

What Is a BOSU Trainer?

- Dome on one side, flat platform on the other
- "BOSU" = Both Sides Up
- Can be used dome-up or platform-up



Why It's Different

- Creates an unstable surface
- Increases balance and coordination demands
- Encourages greater core engagement



Unstable surfaces challenge balance and core control more than traditional floor exercises.



THE BEST **BOSU BALL** Workout For Beginners (Follow Along)

YouTube · Criticalbench
305.9K views · Nov 5, 2018



10 OUTSTANDING **Bosu Ball** Beginner Exercises 🧑

YouTube · Critical Bench Compound
88K views · Dec 16, 2020



A Guide to *Sensory Integration* for Adolescents and Young Adults

By Miranda W. Wilson, OTS
&

Teresa A. May-Benson, ScD, OTR/L, FAOTA



“How do I know?” Checklist

- 1. Difficulty focusing attention or over-focused and unable to shift to the next task
- 2. Low muscle tone; tends to lean on arms or slumps when sitting
- 3. Difficulty learning new motor tasks (a new dance, sport or exercise activity, how to drive)
- 4. Reverse numbers and letters, has trouble spacing them, or processes them backwards
- 5. Difficulty learning the “proper” typing method
- 6. Breaks pencils frequently or writes with heavy pressure
- 7. Motion sickness (from car, airplane, amusement park rides, etc.)
- 8. Difficulty paying attention, following instructions, or following a conversation
- 9. Dislikes changes in routine; difficulty with transitions from one activity to another
- 10. Difficulty seeking out and maintaining relationships; may prefer solitary activities over group participation
- 11. High energy, hyperactive, restless when sitting through class or a movie
- 12. Dislikes showers, hugs, haircuts and/or hair brushing
- 13. Overly sensitive to touch, taste, sounds or odors
- 14. Prefers sedentary tasks (avoids sports or physical activities)
- 15. “Thrill seeker” (loves fast and/or dangerous activities, sports, and rides)
- 16. Difficulty making decisions
- 17. Limited diet (avoids foods of certain textures or flavors)
- 18. Attached to comfort objects (i.e. favorite blanket, stuffed animal)
- 19. Avoids crowded places such as movie theatres, sporting events, concerts, etc.
- 20. Loves crunchy or spicy/flavorful foods

****Note:** People with sensory processing disorder show many different signs and have different challenges. This list shows some common behaviors but is not comprehensive.

The balance board can be found on Amazon.

Book: ADHD 2.0 (found on Amazon and other book sellers).

The book mentions a program called Zing Performance. Some of the movements in this video were found from Zing videos. <https://www.zingperformance.com/>

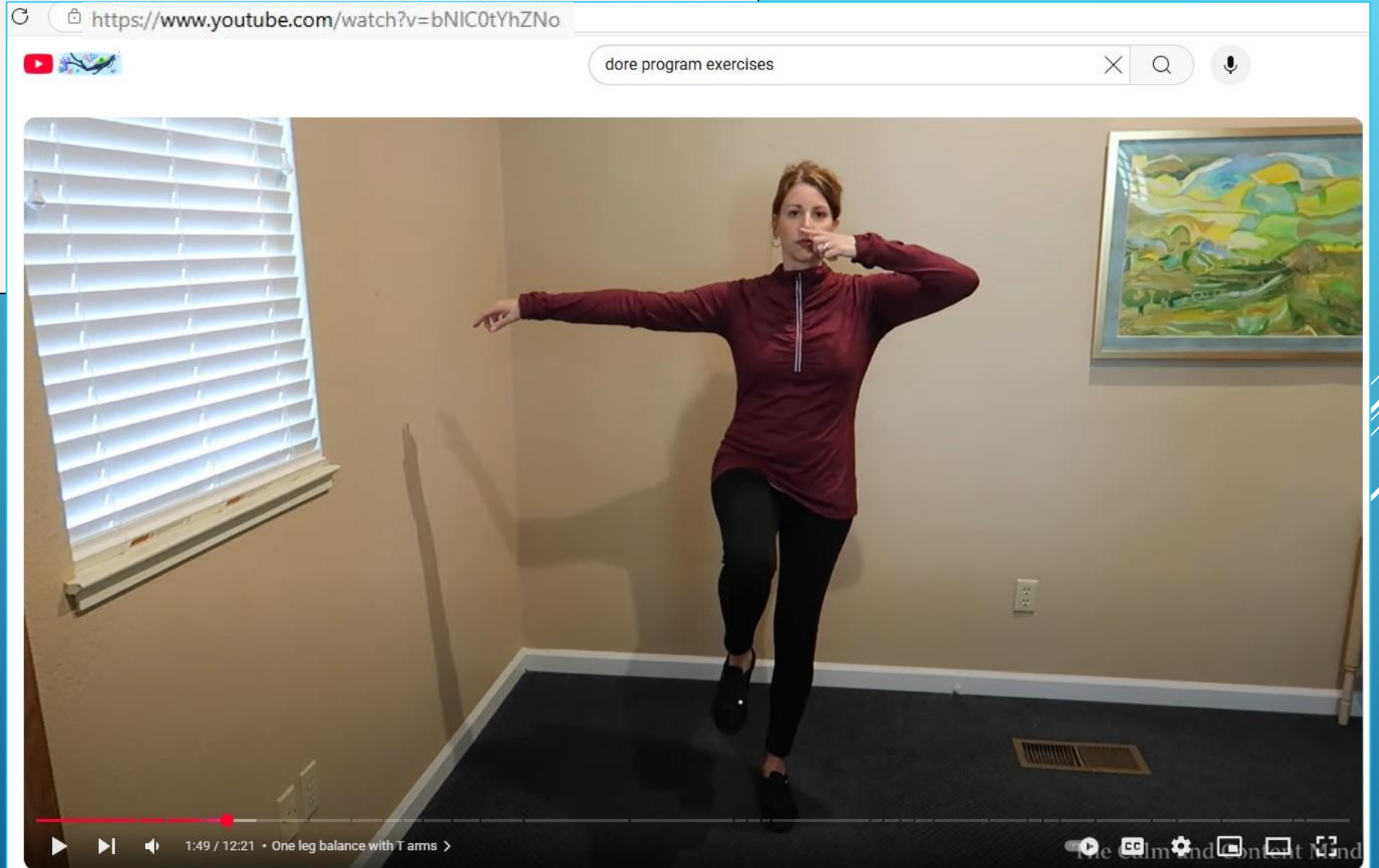
Crossing the midline research:
<https://www.ncbi.nlm.nih.gov/pmc/arti...>

40 midline crossings you can do at home:
<https://otperspective.com/40-crossing...>

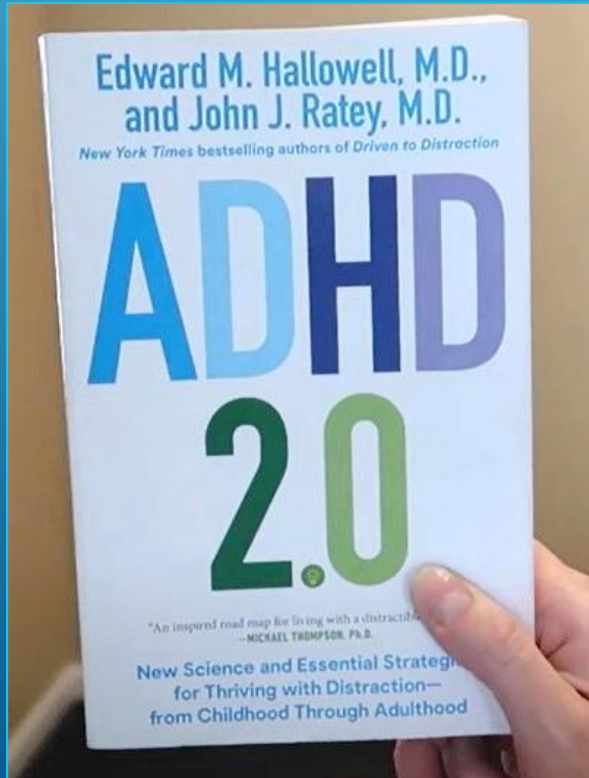
Here is more about Bal-A-Vis-X:
<https://www.bal-a-vis-x.com/>

Rubber balls and bean bags:
<https://bavxresources.com/>

Treating the Cerebellum & Inner Ear Vestibular System to Improve Balance, Coordination, Physical Motor Skills Deficits, Attention, & Emotional Regulation:



Balancing Exercises (the Cerebellum Connection): Inspired by the book ADHD 2.0



MENTOR PROGRAM

<https://tacanow.org/what-we-do/mentor-program/>

Experienced & Well-qualified Mentors You Can Trust

Empowering Parents. Building Confidence. Creating Community.

The TACA Mentor Program connects families navigating the autism journey with experienced parent mentors who offer one-on-one guidance, support, and lived experience. Each mentor is a fellow parent who has walked a similar path—and is now ready to help you navigate yours.

The Mentor Program is grounded in the belief that when you teach a parent how to advocate, problem-solve, and access resources, they can change their child's future—and help others along the way.



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TACA PROVIDES EDUCATION, SUPPORT AND HOPE TO FAMILIES LIVING WITH AUTISM

**TACA Ohio Chapter - The Autism Community in Action**

717 likes • 772 followers

(The next slide provides information about a different "TACA" organization)



General Information

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Email: Tracey.Manz@osumc.edu

Celia F. Schloemer

Family Support Coordinator, UC UCEDD

CCHMC

Phone: 513-636-4723

Email: Celia.Schloemer@cchmc.org

Talking About Curing Autism (TACA)

https://frnohio.org/resources2/listing/talking-about-curing-autism-taca

Multiple Lifespans

(855) 726-7810 toll free

https://www.tacanow.org/

Mission & Position Statement

Talk About Curing Autism (TACA) is a national non-profit 501(c)(3) organization dedicated to educating, empowering and supporting families affected by autism. For families who have just received the autism diagnosis, TACA aims to speed up the cycle time from the autism diagnosis to effective treatments. TACA helps to strengthen the autism community by connecting families and the professionals who can help them, allowing them to share stories and information to help improve the quality of life for people with autism.

Vision Statement

TACA believes in early diagnosis, intensive therapies and medical intervention for children affected by autism. With early intervention, medical treatment unique to each person's needs and necessary support services for families many children can improve greatly and some can recover from their autistic symptoms. We believe the future is not defined for many children affected by autism. Hope and recovery is possible.

(The previous slide provides information about a different "TACA" organization)

The Ziggurat Model

A Framework for Designing Comprehensive Interventions for Individuals with High-Functioning Autism and Asperger Syndrome

Ruth Aspy, Ph.D., and
Barry G. Grossman, Ph.D.

Foreword by
Gary B. Mesibov, Ph.D.

A framework for designing comprehensive interventions

Can be used by healthcare providers, educators, support staff, employers, and individuals with autism

One of the few tools that would have made a greater impact for me if I had been introduced to it early on

For those with ASD it can:

Serve as a self-help guide

Be a tool for self-advocacy

Bridge the gaps with providers

Barry Grossman and Ruth Aspy's website: www.texasautism.com/blog/

What is the Ziggurat Model?

The Ziggurat Model is a framework designed to meet underlying needs while capitalizing on strengths.

For more than 15 years, the Ziggurat Model has been helping autistic individuals, parents, teachers, and professionals to navigate autism. It's a complete system equipped with strategies and support, designed to make a complicated subject simple.

There's no doubt that you've found plenty of research about autism. But have you found an effective plan with interventions specific to the autistic person you're working with?

Experience the Benefits

Free Preview

The Ziggurat Model

Each level of the Ziggurat represents an area of need that must be addressed in order for a support plan to be effective.



<https://zigguratgroup.com>

The Ziggurat Group



Counseling and Evaluation for Autistic Individuals and Families

Welcome



The Ziggurat Group is dedicated to helping autistic individuals improve their lives. We offer specialized counseling and team autism evaluation services to children and adults. Our broader mission is to increase acceptance of autism and neurodiversity and to improve services and supports. We offer [resources](#) and [training](#) to help attain this goal.

Please contact us for questions about our services.

214-227-7741  [Send email](#)  [Send Secure Message](#)

The Ziggurat Model: A Framework for Designing Comprehensive Interventions for Individuals With High-Functioning Autism and Asperger Syndrome

Paperback – January 1, 2008

by Ph.d. Aspy, Ruth (Author), Ph.D. Grossman, Barry G. (Author), Gary B. Mesibov (Foreword)

4.5  47 ratings

[See all formats and editions](#)

The Ziggurat Model is a valuable resource for public school professionals who must remain in compliance with federal and state guidelines. Specifically, recent trends in special education law emphasize the use of scientifically based research approaches along with a focus on Response to Intervention (RTI). Additionally, there is a strong push for incorporating positive behavioral interventions and supports (PBIS) based on a functional behavioral assessment. The Ziggurat Model is consistent with these practices. The Ziggurat Model is unique. While it is easy to find volumes of information describing specific interventions, it is difficult to find information on how to develop an intervention plan. This book presents a process and framework for designing comprehensive interventions for individuals of all ages with autism spectrum disorders. The Ziggurat Model was designed to simplify a complex process. Parents and professionals will find the framework of the Ziggurat Model to be a guide in developing more thorough and effective interventions. While the Ziggurat Model is designed to address the needs of all individuals with autism spectrum disorders, this book is written explicitly for the higher functioning population. The book includes assessment tools, case scenarios, and many interventions that were developed with their needs in mind.

Catatonia, Shutdown and Breakdown in Autism

A Psycho-Ecological
Approach

Dr Amitta Shah

Foreword by Dr Judith Gould

Catatonia, Shutdown and Breakdown in Autism Paperback – August 21,

2019

by Shah (Author)

4.6 ★★★★★ ✓ 89 ratings

[See all formats and editions](#)

This ground-breaking book provides the first detailed clinical analysis of the various manifestations of catatonia, shutdown and breakdown in autistic individuals, with a new assessment framework (ACE-S) and guidance on intervention and management strategies using a psycho-ecological approach. Based on Dr Amitta Shah's lifetime of clinical experience in Autism Spectrum Disorders, and her research in collaboration with Dr Lorna Wing, this much needed book will be a valuable resource for professionals, autistic individuals and their families and carers.

 [Report an issue with this product or seller](#)

Print length



160 pages

Language



English

Publisher



Jessica Kingsley
Publishers

Publication date



August 21, 2019

Dimensions



5.98 x 0.37 x 9.02
inches

[See all details](#)

Home / Autism and Advocacy

Autism Asperger Publishing Company: Spotlight on Autism Community Voices

NeuroLaunch editorial team

August 11, 2024



ADHD is not laziness. It is a depression response.

Procrastination is an emotional regulation problem. Procrastination is about being more focused on "the immediate urgency of managing negative moods" than getting on with the task. Once you learn simple truth of where it comes from and why you do it, it dissolves almost instantly and you almost forget how to waste time ever again. If you're interested in discovering your dominant Procrastinator type, taking an assessment can be a helpful starting point.

Dreamer	Mixed	Perfectionist	Overdoer	Worrier
Wishes for more	Overwhelmed	Perfectionist	Overwhelmed	Wishes for more
Overwhelmed	Perfectionist	Overwhelmed	Wishes for more	Overwhelmed
Perfectionist	Overwhelmed	Overwhelmed	Wishes for more	Overwhelmed
Overwhelmed	Wishes for more	Overwhelmed	Overwhelmed	Overwhelmed
Overwhelmed	Overwhelmed	Overwhelmed	Overwhelmed	Overwhelmed

Quick Navigation

- A Brief History and Mission
- Unique Focus of Autism Asperger Publishing Company
- Key Publications and Best-Selling Titles
- Impact on the Autism Community
- Publishing Process and Author Support
- Future of Autism Asperger Publishing Company



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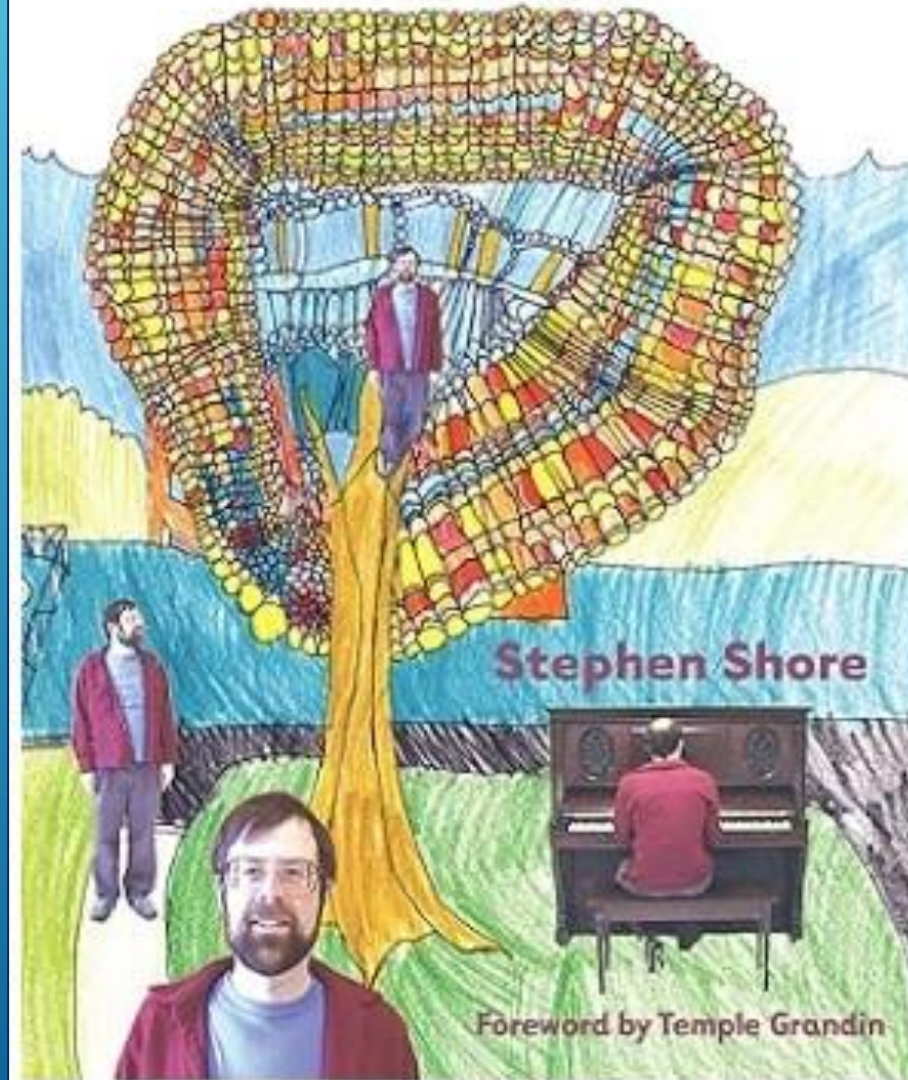
Download

From the pages of specialized books, a quiet revolution in autism understanding is reshaping minds and lives, one carefully chosen word at a time. In the realm of autism literature, one publisher stands out for its dedication to empowering voices within the autism community: Autism Asperger Publishing Company. This pioneering organization has been at the forefront of providing valuable resources, insights, and support for individuals on the autism spectrum, their families, and professionals in the field.

Beyond the Wall

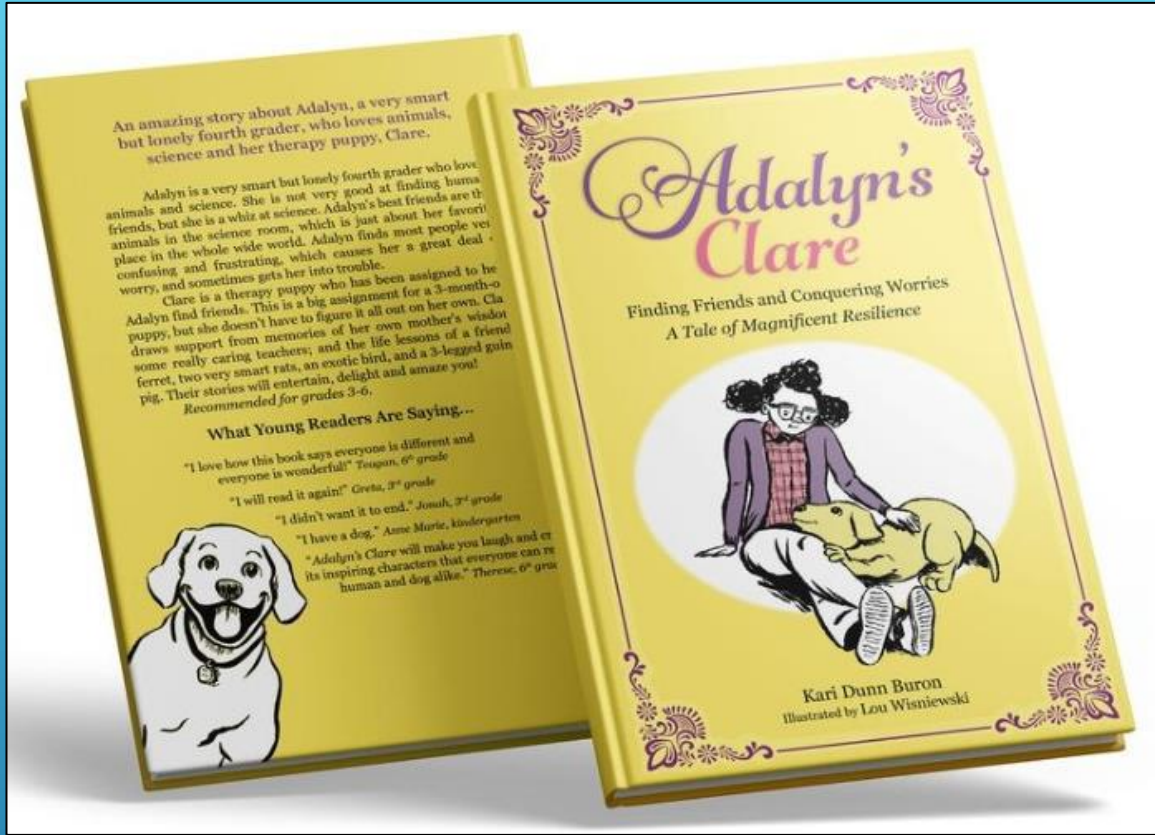
Personal Experiences with
Autism and Asperger Syndrome

SECOND EDITION



Stephen Shore

Foreword by Temple Grandin



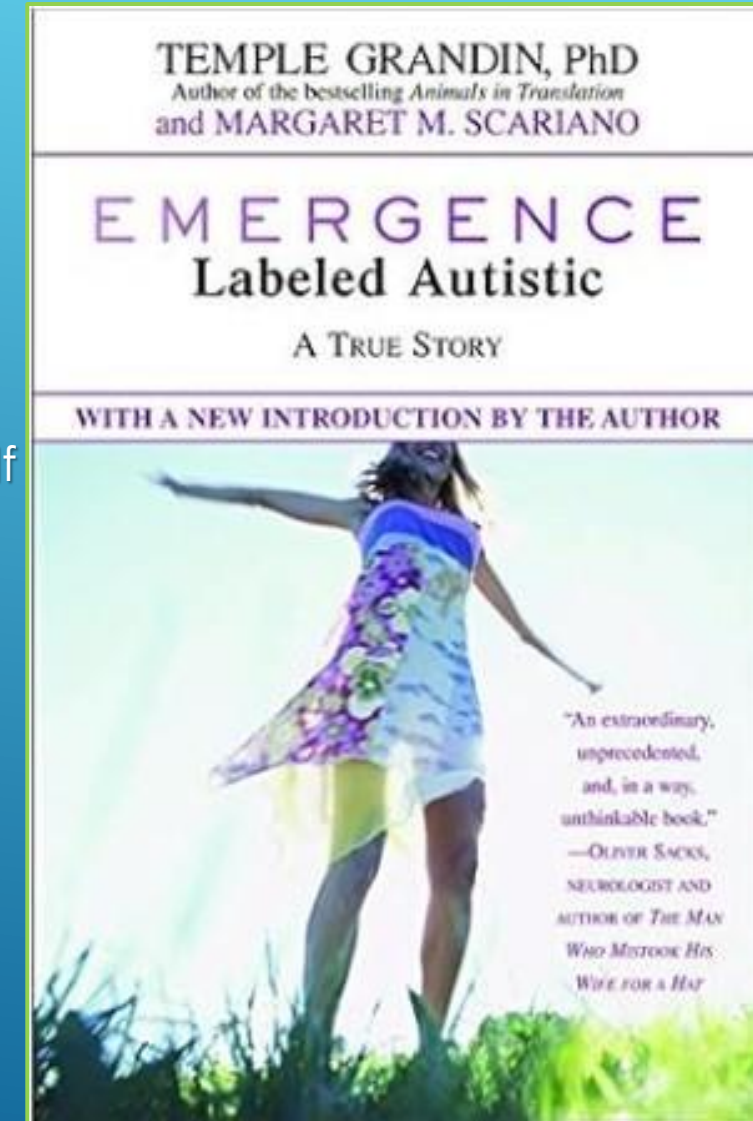
Adalyn is presented in a straightforward and honest manner, as a girl who is trying to behave as expected while coping with her “worries”, but also as one who makes mistakes – sometimes big ones. Clare is a puppy who is learning as well. So, she seeks help from some endearing animals in the science room, who advise her to try to find Adalyn a “pack” of other kids like her that she can relate to. Notably, finding a small group of peers that share interests similar to Adalyn's is not all that difficult, demonstrating one of the author's premises that Adalyn, while different from her peers, share more commonalities with them than differences.

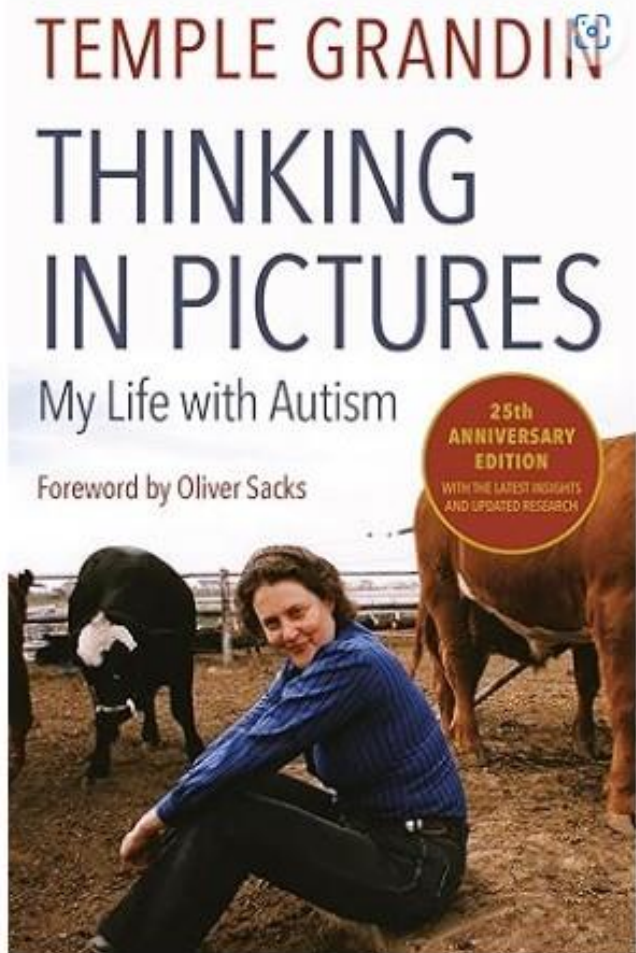
In its short 114 pages, **Adalyn's Clare manages to address almost every common issue that challenges those on the autism spectrum** (as well as many other children in general) – tolerating social and behavioral differences; bullying; maintaining self-control; the balance between independence and seeking help; and even how to handle verbal threats in the age of “zero tolerance”. The book even reveals the contrast between insightful and insensitive teachers for the purpose of emphasizing the importance of sensitivity in both adults and students. By so doing the author skillfully and nonjudgmentally underscores the importance of opening oneself up to new knowledge, becoming more compassionate, and admitting one's mistakes.

<https://5pointscale.com/blog.html>

Dr. Temple Grandin:

- She was non-verbal until age 3.5 - she was fortunate to receive early speech therapy.
- Her teachers taught her how to wait and take turns through **playing board games**.
- She was mainstreamed into a normal Kindergarten at age 5.
- Today she is a professor of animal science at Colorado State U.
- She was featured on NPR and BBC where she was the focus of a documentary entitled, **The Woman Who Thinks Like a Cow**.
- Also, she did a TED Talk in 2010.
- HBO made an Emmy Award winning movie about her life entitled, **Temple Grandin**.
- She was bullied as a child through high school. The only places she thrived were in activities involving horses or model rockets. Today, half of the cattle in the U.S. are handled in facilities she has designed.
- Her book was one of the first, first-person accounts of the experience of Autism vs. clinical books written by psychologists and therapists.
- To this day she can't follow rapid chit-chat conversations taking place between two or more people ... she simply gets lost/can't keep up.
- **"The worst thing you can do with a three-year-old that's not talking, regardless of the diagnosis, is to do nothing. Don't let them sit in the corner and zone-out on electronics. You have to get someone working with them."**
- **"Don't get label-locked. Parents need to look at the whole child."**
- **"A lot of people working in Silicon Valley are autistic."**





Read sample

Audible sample

Follow the author

Thinking in Pictures, Expanded Edition: My Life with Autism Paperback –

Illustrated, January 10, 2006

by Temple Grandin (Author), Oliver Sacks (Foreword)

4.7 1,761 ratings

Teachers' pick

[See all formats and editions](#)

The 25th anniversary edition of this seminal work on autism and neurodiversity provides “a uniquely fascinating view” (Deborah Tannen, author of *You Just Don't Understand*) of the differences in our brains, and features updated research and insights. With a foreword by Oliver Sacks.

Originally published in 1995 as an unprecedented look at autism, Grandin writes from the dual perspectives of a scientist and an autistic person to give a report from “the country of autism.” Introducing a groundbreaking model which analyzes people based on their patterns of thought, Grandin “charts the differences between her life and the lives of those who think in words” (*The Philadelphia Inquirer*).

For the new edition, Grandin has written a new afterword addressing recent developments in the study of autism, including new diagnostic criteria, advancements in genetic research, updated tips, insights into working with children and young people with autism, and more.

[Report an issue with this product or seller](#)

Print length



270 pages

Language



English

Publisher



Vintage

Publication date



January 10, 2006

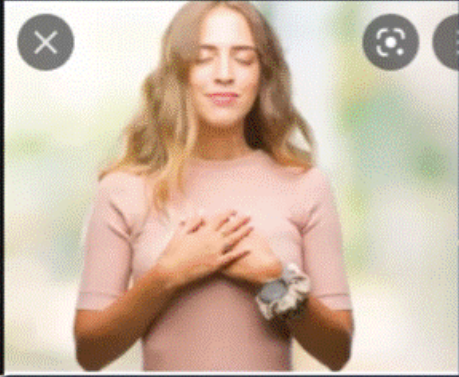
Dimensions



7.9 x 5.1 x 0.7 inches



Hand over heart



- Is a very concrete motion
- Given that ASD is proposed to be state specific, it can be modulated in time through this gesture
- theoretically changing a person's level of social engagement, ability to empathize or even become less rigid
- all from a deep breath



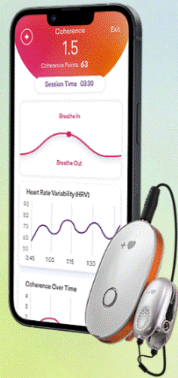
The New HeartMath App & Sensor

Unlock a more joyful, peaceful, and confident you!

- Be less stressed.
- Be healthy.
- Be hopeful.
- Be empowered.



LEARN MORE



The Institute of HeartMath has done tons of work on helping people learn how to develop "coherence" through heart-centered self-regulation skills.

Since some research validates the idea that **Autism symptoms can be/are "state-specific,"** these symptoms can be reduced when the state of an ASD person's nervous system is improved from being dysregulated to becoming regulated ... from being stressed to becoming relaxed. One way to do this is to:

Treating Autism and PTSD Comorbid Through a Polyvagal-Informed Lens

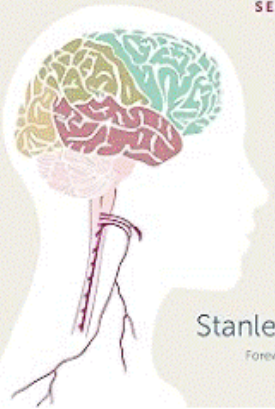
A Framework to Inform EMDR and Sensorimotor Psychotherapy Interventions in TherapySelf-Compassion

Sean Inderbitzen, APSW, MINT

- 1) Place your hand over your heart.
- 2) Start breathing in slowly through the nose, hold for a few seconds, and to exhale through the mouth.
- 3) While breathing, vividly imagine being in your safe place. Take time to do this until you feel the positive emotions associated with your safe place.
- 4) Then, when exhaling, "breathe it out to your body" – i.e., imagine the peaceful feelings as a form of soothing light being gently pushed by your exhalation into every other area of your body.

ACCESSING the HEALING POWER of the VAGUS NERVE

SELF-HELP EXERCISES FOR ANXIETY, DEPRESSION, TRAUMA, AND AUTISM



Stanley Rosenberg

Forewords by Stephen Porges, PhD and Benjamin Shield, PhD

Read sample

Audible sample

Follow the author



Stanley Rosenberg

Follow

Accessing the Healing Power of the Vagus Nerve: Self-Help Exercises for Anxiety, Depression, Trauma, and Autism Kindle Edition

by Stanley Rosenberg (Author), Stephen W. Porges (Foreword), Benjamin Shield (Foreword) | Format: Kindle Edition

4.6 ★★★★★ (2,548) 3.8 on Goodreads 2,218 ratings

[See all formats and editions](#)

Unlock lasting healing through the power of the vagus nerve—the bestselling guide to understanding how vagus nerve dysfunction and trauma impact inflammation, emotional health, autoimmune disease, and more

With practical exercises and body-based tools for regulating your nervous system, balancing your fight-or-flight response, and restoring body and mind

Dr. Stanley Rosenberg, PhD, offers an easy-to-understand overview of the vagus nerve—and helps you regulate your body's innate capacity to heal from stress, trauma, anxiety, and injury.

Accessing the Healing Power of the Vagus Nerve dispels long-held myths about the autonomic nervous system (ANS) and offers readers a map to three neural circuits that are integral to whole-body healing and emotional wellness: the ventral vagal complex, the sympathetic nervous system, and the dorsal vagal complex. Based on Stephen Porges's Polyvagal Theory, this book shows how each circuit shapes our sense of safety, connections with others, and resilience to stress, trauma, and inflammatory diseases like arthritis.

You'll learn:

- How to identify—and heal from—symptoms of ANS dysfunction
- Somatic self-help exercises that are safe, effective, and easy to learn
- Neurofascial release, migraine massage, and other hands-on techniques
- Polyvagal applications for stress, anxiety, ADHD, fibromyalgia, PTSD, chronic pain, and more
- How restoring health to the vagus nerve can enhance function throughout your whole body

This book is written for therapists, bodyworkers, trauma survivors, parents, and anyone struggling with chronic, embodied stress. Grounded in neurobiology research, clinical stories, and easy-to-follow exercises, this book gives you the tools to bring your body back into a state of safety, balance, and optimal functioning.

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A 21-DAY SCIENCE-BACKED PROTOCOL WITH EXERCISES

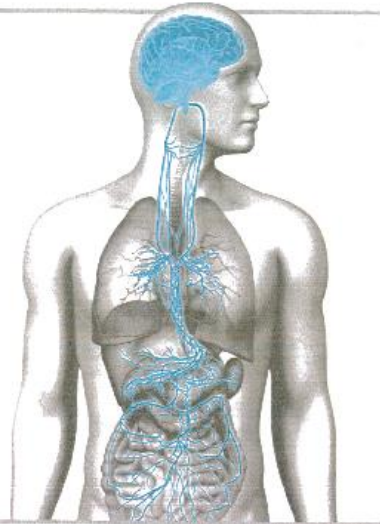


REGULATE NERVOUS SYSTEM, REDUCE STRESS & INFLAMMATION, RESTORE BRAIN GUT

VAGUS NERVE

PROTOCOLS

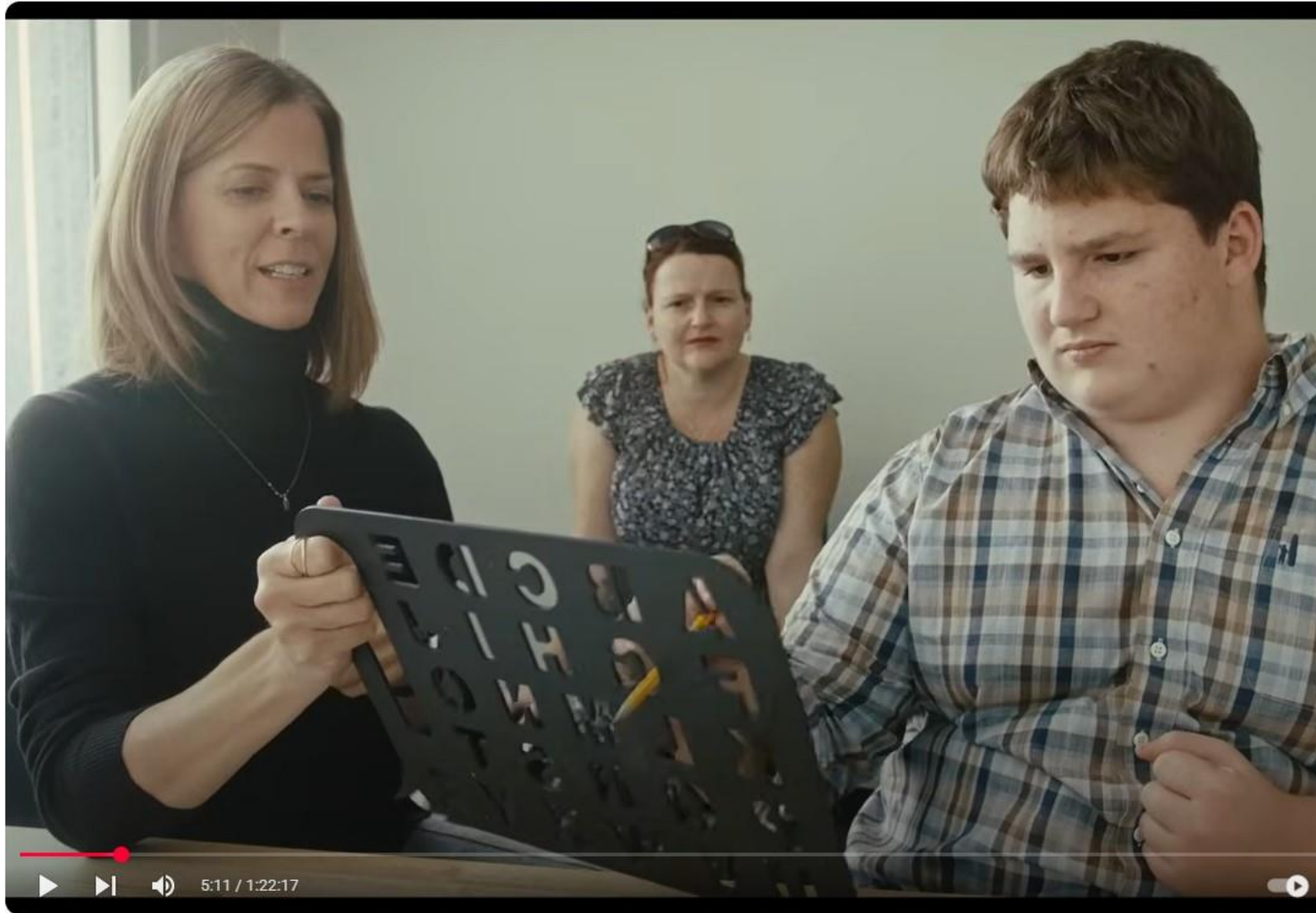
WITH
REAL-LIFE
CASE STUDIES



NeuroViva
PRESS

Most likely, your child with Autism knows that they feel dysregulated on a nearly continual basis. You probably don't need to tell them that! So, when trying to "get" them to learn new self-help skills, you might want to consider the following:

- "Even Olympic athletes have coaches who continually give them feedback and input on strategies for ongoing improvement."
- "This has nothing to do with intelligence or a lack of intelligence. Even genius-level people are constantly learning new skills."
- "If you choose to learn and utilize any/some of these skills, you're not doing it for me or to make me happy, rather, it's 100% about you doing things to deal with stress that you can feel good about inside your own skin."
- "You're already doing x, y, and z to self-regulate when you get upset; these are just additional tools to put in your personal toolbox."
- "None of this is about 'what's wrong with you,' rather, it's about helping you to cope with what happened to you ... and yes, Autism happened to you, since you did not wake up one day and ask for it" ... "and yes, certain traumas happened to you."
- "The skills in this book are based on new science about the human nervous system, therefore, no one should feel ashamed about learning these skills."
- "This is not 'therapy,' it's just a book about relaxation skills."



SPELLERS THE MOVIE (Documentary)

<https://youtube.com/watch?v=8h1rcLyznK0>

"LIFE, FOR MANY, WILL NEVER BE THE SAME AFTER READING THIS BOOK."
—JENNY MCCARTHY, AUTHOR OF *LOUDER THAN WORDS*

UNDERESTIMATED

AN AUTISM MIRACLE

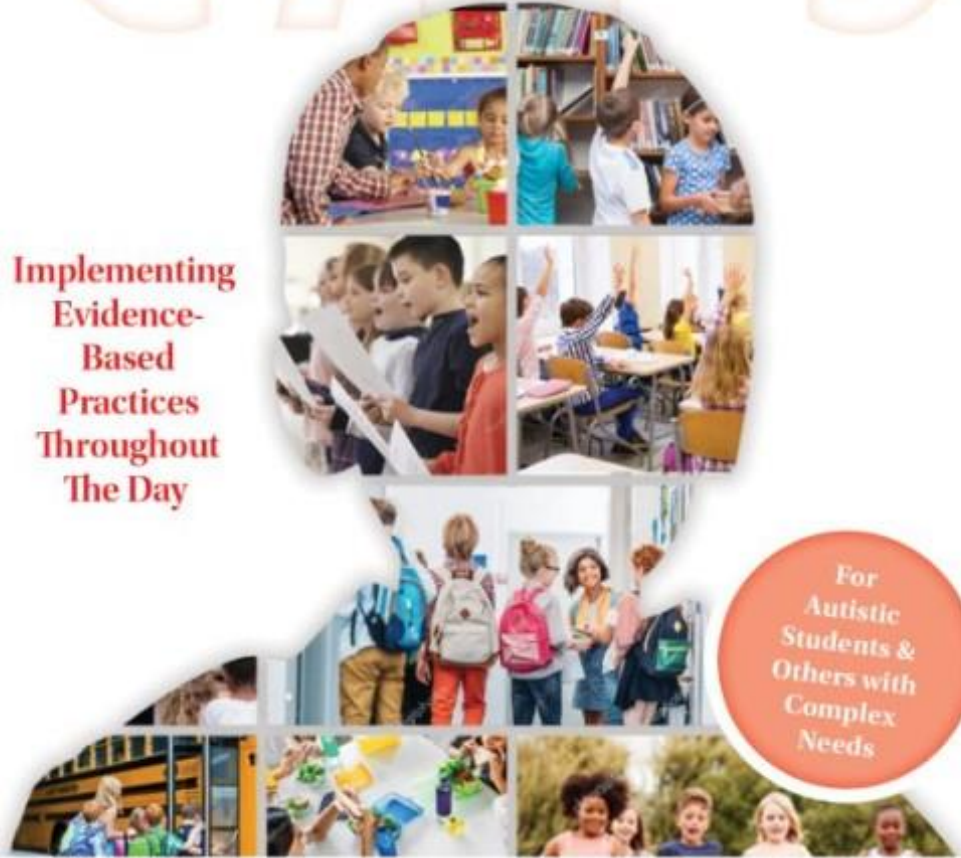


J.B. HANDLEY AND
JAMISON HANDLEY

Book:

Comprehensive Autism Planning System

Implementing
Evidence-
Based
Practices
Throughout
The Day



Shawn Henry & Brenda Smith Myles, PhD

Another Way to Calm the Vagus Nerve Complex & Get Your Child Out of Survival Mode:



<https://purefrequencies.com/>

Why everything else failed: You can't think your way out of a nervous system problem. You can't medicate it away. But **vibration physically resets the electrical patterns** - like unplugging a glitching router. Simple. Mechanical. Permanent.

Why sound therapy alone doesn't work: Listening to frequencies only reaches your ears. But your nervous system needs **physical vibration through bone** to reset.

Dr. Stephen Porges (Polyvagal Theory/The Safe & Sound Protocol) would disagree with this.

That's why monks use physical bells, not recordings. The vibration must penetrate tissue to reach your vagus nerve, spinal fluid, and cellular structure.



Precision-calibrated frequencies that match your body's natural resonance, not random vibrations



Medical-grade weighted forks that deliver vibration through bone, reaching your nervous system directly



Complete 4-frequency system addressing all your symptoms simultaneously, not just one

THE GOOD NEWS

Harmony Set is designed to reset your frequencies from the inside out.

Four precision-weighted tuning forks that reset your body's frequencies in just 4 minutes a day - like a reset button for your nervous system

Tuning Forks:



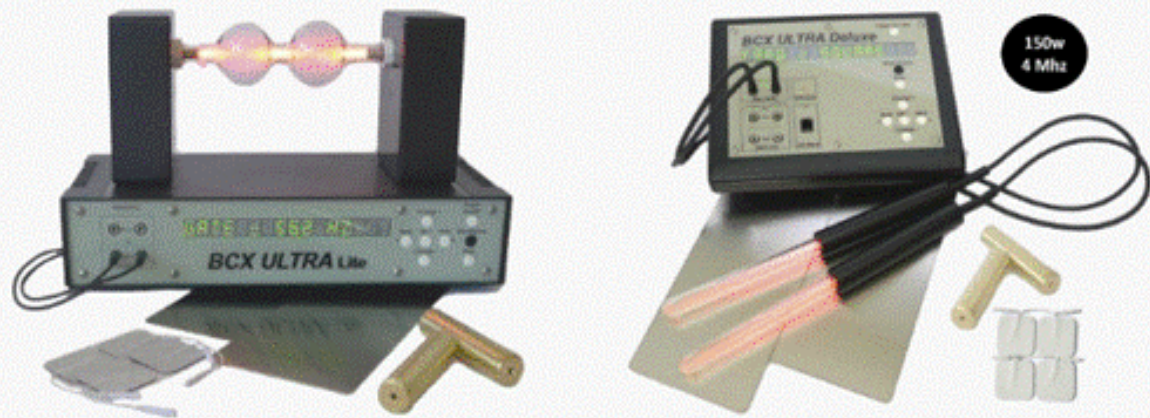
Excellent 

Rated 4.9 / 5 based on 1,423 reviews on



Your body needs all 4 frequencies to heal

Each frequency unlocks a different system - like keys to 4 locked doors



BCX ULTRA RIFE - HISTORY & TECHNOLOGY

✓ **LONGEST PRODUCING RIFE MANUFACTURER**, over 26+yrs starting w the Biotec 2000, BCX211/BCX411. Each year we invest thousands in R & D. We stand behind our products w our 60 day return & 3 yr warranty (upgrade to Life). Our units are produced & serviced in USA. Some rife devices are made & serviced in China.

✓ **TECHNOLOGY**: We use Crystal circuitry board technology to get an exact frequency and we have the fastest surge rate of any unit. BCX Ultra: 150ns 1Hz to 4MHz. What does a faster surge rate translate to? It means better results for killing off organisms.

✓ **INDIVIDUALLY CALIBRATED**: Flawless craftsmanship & built with top quality parts. BCX products are made in the USA. Our technicians test & calibrate each unit before it is shipped to you. We ensure the BCX Ultra devices have the highest accuracy & resolution as detailed in our technical specs for all BCX products including BCX accessories.

<https://www.hymbas.com/bcx-ultra-rife-machine-all-products.php?msclkid=33f3a2fe2e7a1080a8c9cbbfa4c25f8e>

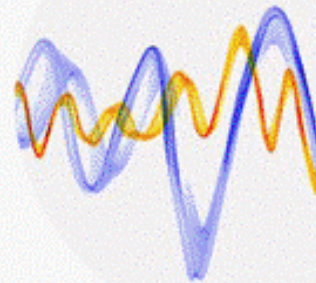
BCX ULTRA RIFE - WAVES, FREQ, CARRIER WAVE

✓ **WAVE TYPES**: Widest Range of Wave Types including our exclusive Square 'Pulse' Wave. Wave Types are imperative to kill of organisms and here is why details. No other rife machine has this many. Our unique 'Square Pulse Wave' pulses a Square Wave. We have found this to be more effective than a Standard Square Wave with better results being seen with pathogens die off.

✓ **HOW BCX ULTRA GENERATES WAVEFORMS**: (no other rife does) A fundamental difference w BCX Ultra & other rifes is how the BCX generates waveforms. They use DSP (only produces Squarewaves & round off for Sinewave). The BCX Ultra uses entirely different electronics with 3 Microprocessors each creating an Arbitrary Waveform (exact creation of naturally occurring & incidentally occurring waveforms)

✓ **HIGH FREQUENCY RANGE**: The BCX Runs ALL ORIGINAL RIFE Frequencies. BCX Ultra runs from 1Hz up to 4MHz for both the Frequency & Carrier Wave. If a rife device does not have a radio carrier wave then it cannot run Rife's Original frequencies. NOTE: 4MHz is enough to run ALL Rife's Original & Current Day Frequencies

✓ **RADIO CARRIER WAVE**: Carrier Wave & Gating Wave. A Radio Carrier wave is absolutely necessary in order to carrier the frequency wave deep in to the body. If a unit does not have a Radio Carrier wave then it is not as effective and cannot run Rife's Original frequencies. Royal Rife's unit used a powerful Radio Carrier wave.



Made in USA

The "Rife Machine": Another Healing Technology Based on Sound Frequencies:



<https://www.spooky2.com/rife-machine/>

<https://www.spooky2.com/rife-frequencies-for-cancer/>

Ailment	Frequencies	Source
A		
Abdominal Cramps	72,95,190,304	XTRA
Abdominal Inflammation	2720,2489,2170,1865	CAFL
Abdominal Pain	10000,3000,95	CAFL
Adenoids, Nose	1550,802,880	CAFL
Adrenals	1335	XTRA
AIDS 0, Immune System	727,787,880	CAFL
AIDS Kaposi's Sarcoma	249,418	BIO
AIDS/HIV	22000,30000,434000	XTRA
Alcoholism	10000	XTRA
Allergies 1	72,300,333,880,5000	CAFL
Alopecia, Hair	727,465,146,800	CAFL
Amenorrhea, Menstruation	1550,802,787,760,727	CAFL
Anemia	5000	XTRA
Aneurysm	222530,458500,518920,688290	KHZ
Anger and Irritability	3.6,6.3	CAFL
Angina Throat	333,428,465,660,727,776	CAFL
Ankylosing Spondylitis	787,776,727,650,625	CAFL
Anthrax	500,633,1365,768	CAFL
Anxiety	1800,304,6130	XTRA
Apoplexy	522,555.1,600,625,727	CAFL
Appendicitis	880,787,727,190,10,650	CAFL
Appetite Lack Of	20,72,444,465,727	CAFL
Arteriosclerosis	352930,451170,519680	KHZ
Arthritis General	2720,1664,1550,962	CAFL
Arthritis Arthralgia Due to Gout	9.39	CAFL
Arthritis 2	7,9.39,9.4,10,28,30,40	XTRA
Aspergillus Flavus, Lung	1823,247,1972	CAFL
Aspergillus Glaucus	524	BIO
Aspergillus Niger	374	BIO
Aspergillus Glaucus, Brain	524	VEGA
Asthma 1, Lung	1283,1233,4.7	CAFL
Asthma 4, Lung	4.7,1233,3672,7344	XTRA

Microsoft Teams: support@spooky2-mall.com

Facebook: www.facebook.com/groups/spooky2

www.facebook.com/spooky2rife

Web: www.spooky2-mall.com

www.spooky2.com

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www.spooky2videos.com

www.spooky2reviews.com

Tel: 00-86-25-57037030

(See next slide for another brand of Rife Machine technologies)

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david
delight pro

mindalive inc



[OPERATOR'S MANUAL]

Usage and care of your AVE and CES device

<https://mindalive.com/collections/ave-devices/products/david-premier>

Audio-Visual Entrainment: Applying Audio-Visual Entrainment Technology for Attention and Learning

David Siever¹, Edmonton, Alberta, Canada

Abstract: Attention Deficit Disorder (ADD) and Attention Deficit Hyperactivity Disorder (ADHD) are unique attentional disorders which primarily involve slowed frontal brain wave activity and hypo-perfusion of cerebral blood flow in the frontal regions, particularly during tasks such as reading. A variety of disorders, such as anxiety, depression and Oppositional Defiant Disorder (ODD), are often co-morbid with ADD, thus creating a plethora of complications in treatment procedures. Audio-Visual Entrainment (AVE) lends itself well for the treatment of ADD/ADHD. AVE exerts a major wide spread influence over the cortex in terms of dominant frequency. AVE has also been shown to produce dramatic increases in cerebral blood flow. Several studies involving the use of AVE in the treatment of ADD/ADHD and its related disorders have been completed. AVE as a treatment modality for ADD/ADHD has produced wide-spread improvements including secondary improvements in IQ, behaviour, attention, impulsiveness, hyperactivity, anxiety, depression, ODD and reading level. In particular, AVE has proven itself to be an effective and affordable treatment of special-needs children within a school setting.



800.661.MIND
info@mindalive.com

The Digital Audio Visual Integration Device (DAVID 1) was the world's first high-quality brainwave entrainment device to use flashes of light and pulses of tones to effectively guide the user into specific brainwave patterns. Since then, Mind Alive Inc., through careful market studies and a well-developed product research and development team, designed the DAVID Paradise series, the DAVID PAL series, and more recently, the DAVID Delight series. The success of these devices is due, in part, to their portability, programmability, and low cost when compared to other treatment methods.

Academic Performance
ADHD
Anxiety
Business Performance
Concussion & Brain Injury
Low Mood
QEEG
Pain
PTSD
Seasonal Affective Depression (SAD)
Senior Issues
Sleep
Sports Performance

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Webinars & Conferences

Upcoming Conferences

[June 28 - Jacksonville, FL](#)

[July 29 - Denver, CO](#)

[August 14 - Hershey, PA](#)

[August 18 - Webinar](#)

[August 20 - New Orleans, LA](#)

[August 23 - Flint, MI](#)

[September 10 - Dallas Forth Worth](#)

[September 11 - Knoxville, TN](#)

[September 15 - Missoula, MT](#)

[September 19 - Cincinnati, OH](#)

[November 19 - Memphis, TN](#)

Temple's Latest Books!

**AUTISM &
ADOLESCENCE**
THE WAY I SEE IT
**DR. TEMPLE
GRANDIN**

Temple Grandin is the 2024 Lifetime Achievement Award Winner!



Every year, the Denver Business Journal honors women who are getting business done and helping their communities thrive.

The DBJ is happy to announce that, for the 25th anniversary of its OWIB event, it has chosen agricultural icon, academic superstar and autism advocate Temple Grandin as its 2024 Lifetime Achievement Award winner.

[Read the full article!](#)

Webinars and Conferences



I'm highly selective of sensory toys, so you can trust these picks! #autism #sensory #autistic #adhd



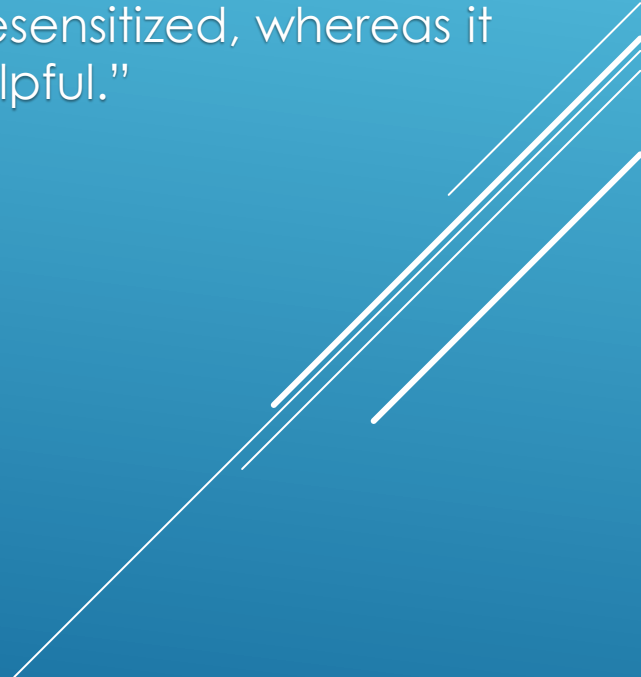
0:56 / 0:59

I'm highly selective of sensory toys, so you can trust these picks! #autism #sensory #autistic #adhd

Therapeutic device designed to calm hypersensitive individuals:

A **squeezing machine**, also known as a **hug machine** or **squeeze box**, is a therapeutic device designed to **calm hypersensitive individuals, especially autistic individuals**. It provides **deep pressure stimulation**, allowing the individual to control the amount of pressure and find relief from sensory processing difficulties. The **Temple Grandin "squeeze machine"** was developed by an autistic teenager and is now used by many individuals.

From Temple Grandin: “Using my squeezing machine helps desensitize me because I control that. That’s important. And then I got to where I could like hugging people, because I got desensitized, whereas it used to be that if you touched me, I’d pull away. Being able to control, that is helpful.”

A decorative graphic consisting of several parallel white lines of varying lengths, slanted diagonally from the bottom right towards the top right, set against a blue background.

LIVES in the BALANCE

<https://livesinthebalance.org>

- Overview
- Parents & Families
- Educators & Schools
- Mental Health Professionals
- Pediatricians & Family Physicians
- CPS With Young Kids
- Workshops & Trainings**
- Research
- CPS Paperwork
- What's the Difference?
- True Crisis Prevention
- Providers

W **ad You're Here.**

There is many things to many people. You where you want to go.

ON-DEMAND PROGRAMMING

2-Day Training on Collaborative & Proactive Solutions
with Dr. Ross Greene

[WATCH NOW](#)

Infusing Collaborative & Proactive Solutions Into PBIS
with assistant principal Kelly Sarah and school psychologist Rachel Polacek – link to handouts (FREE!)

[WATCH NOW](#)

Addressing Disproportionality in School Discipline with Collaborative & Proactive Solutions
with Dr. Stacy Haynes (FREE!)

[WATCH NOW](#)

School Implementation of CPS: Building leadership density & a positive culture
with Principal Ryan Gleason (FREE!)

[WATCH NOW](#)

CPS & the Neurodivergent Student
with Dr. Stacy Haynes (FREE!)

[WATCH NOW](#)

“CPS” is Dr. Ross Greene’s **Collaborative Problem Solving** training for parents, teachers, and other adult caregivers.

<https://vimeo.com/755354994?share=copy>

vimeo Search all of Vimeo

<https://vimeo.com/755354994?share=copy>

CPS

CPS is a method developed by **Dr. Ross Greene** to help parents and schools stop **telling** kids what to do (as much as possible) when kids get in trouble, but to learn to work collaboratively **with** kids in identifying unsolved problems, unlearned skills, and solutions based on understanding.

Collaborative and Proactive Solutions and the Neuordivergent Student

Dr. Stacy Haynes, LPC

9 MINDSETS
FOR HELPING KIDS
ON THE SPECTRUM

NAVIGATING AUTISM

TEMPLE GRANDIN, Ph.D.

DEBRA MOORE, Ph.D.

Navigating Autism: 9 Mindsets For Helping Kids on the Spectrum



Paperback – September 21, 2021

by Temple Grandin (Author), Debra Moore (Author)

4.8 ★★★★★ ✓ 525 ratings

[See all formats and editions](#)

Empowering strategies for anyone who works with children and teens on the spectrum.

International best-selling writer and autistic Temple Grandin joins psychologist Debra Moore in presenting nine strengths-based mindsets necessary to successfully work with young people on the autism spectrum. Examples and stories bring the approaches to life, and detailed suggestions and checklists help readers put them to practical use.

Temple Grandin shares her own personal experiences and anecdotes from parents and professionals who have sought her advice, while Debra Moore draws on more than three decades of work as a psychologist with kids on the spectrum and those who love and care for them. So many people support the lives of these kids, and this book is for all of them: teachers; special education staff; mental health clinicians; physical, occupational, and speech therapists; parents; and anyone interacting with autistic children or teens.

Readers will come away with new, empowering mindsets they can apply to develop the full potential of every child.

6 figures

 [Report an issue with this product or seller](#)



CLERMONT COUNTY BOARD of Developmental Disabilities

*D.D. did 492 ASD
intakes in 2024, 186
more than in 2023!!*

Important Numbers

- Emergencies 513.319.0179
- Clermont DD Main 513.732.7000
- EI Service Coordination 513.732.5115
- Early Intervention 513.732.7026
- Behavioral Health Svcs. 513.732.5027
- Respite – Gift of Time 513.732.5037
- Wildey School Age 513.732.7015

General Information

- 📍 Clermont County Board of Developmental Disabilities
2040 US Highway 50
Batavia, OH 45103
- ☎ Main Phone:
513.732.7000
- ✉ Programs & Services:
ldavis@clermontdd.org

Thomas A. Wildey Center

2040 US Highway 50
Batavia, OH 45103
(513) 732-7000

The Thomas A. Wildey Center is located one mile west of Owensville.

Programs and services located at the Wildey Center:

- Behavioral Health Services*
- Business/Fiscal Operations*
- Community Relations*
- Community Support Services*
- Early Intervention including Service Coordination & Hearing Services*
- Facilities/Maintenance*
- Human Resources*
- Investigations*
- School Age Services*
- Service and Support Administration*
- Superintendent's Office*

SERVICES ▾ EMPLOYMENT ▾

- Administration ▶
- Children and Teens ▶
- Behavioral Health Services ▶
- Community Support Services ▶
- Family Support Services
- Intake, Information & Referral
- Investigations
- Provider Support
- Self Advocacy at Clermont DD
- Service and Support Administration/Waiver Services
- Other Services and Programs ▶
- Respite Program (GOT Respite)

The Clermont County Board of Developmental Disabilities will assess your child for eligibility for services based on a number of factors, however, it seems to be the case that the cutoff **Full Scale IQ score** cannot be higher than 69. Still, please do reach out to them for clarification. As the number of youth diagnosed with ASD continues to climb, just know that the Board is doing their best with limited staff, money, and resources.



cuts to Medicaid in their budget!



Join us for "Olmstead & Home and Community Based Services"



ASAN Condemns Release of Make America Healthy Again (MAHA)
Commission Report on Chronic Childhood Conditions

<https://autisticadvocacy.org>



Resources



What We
Believe



About
Autism



Action
Alerts



What is autism?

Help & information

Our work

Get involved

¿Que es el autismo?

Information by topic

Directory

Resource Guide

Autism Response Team

What is autism?

Help & information

Our work

Get involved

¿Que es el autismo?

Learn the signs

Symptoms of autism

What causes autism?

Asperger syndrome

Autism statistics and facts

Learn about screening

Screening questionnaire

First Concern to Action

Autism diagnostic criteria: DSM-5

Newly diagnosed

Associated conditions

Sensory issues

Mental health

Interventions

Access services

Insurance

Caregiver Skills Training (CST)

<https://www.autismspeaks.org/>

Tools to help you get started

Autism Speaks has developed a series of comprehensive tool kits to help you and your family access the services and supports you need after a new autism diagnosis.

100 Day Kit for Families of Young Children Newly Diagnosed with Autism

Start reading the first chapter

Acknowledgments

100 Day Kit for Newly Diagnosed Families of Young Children (under 5)

100 Day Kit for Families of School Age Children Newly Diagnosed with Autism

Start reading the first chapter

Acknowledgments

100 Day Kit for Newly Diagnosed Families of School Age Children (5-13)



Adult Autism Diagnosis Tool Kit

autism speaks

A guide for identifying autism in adults and figuring out what comes next

Adult Autism Diagnosis Tool Kit

Autism Speaks is more of a national organization. It is not clear how helpful they are or can be when it comes to helping with local services.

How we approach ABA therapy.

Once it's determined your child is a good fit for ABA therapy, they're evaluated by one of our Board-Certified Behavior Analysts (BCBA.) Our clinics focus on achieving individualized goals, tailored for your child. Each session is designed to track progress and adapt treatment plans as needed. We'll start with a skills assessment, such as ABLLS-R or VB-Mapp. After the assessment, we'll write a comprehensive plan that drives your child's educational program. All of our BCBA's work closely and collaboratively with your family, school and other therapists to provide a comprehensive treatment approach that includes a range of effective strategies. Want to learn how our approach might work for your family? [Request an appointment.](#)



Individualized services include:

- Personalized treatment plans
- All-day programs
- Clinic-based program
- One-on-one therapy
- Collaboration with speech and occupational therapy



Utilizing strategies that include:

- Natural environment training (NET)
- Discrete trial training (DTT)
- Pivotal response training (PRT)
- Antecedent based interventions
- Social skills training
- Visual supports
- Video modeling

[Therapy Services](#) ▾

[Locations](#)

[Patient Services](#) ▾

PHYSICAL THERAPY

AGING THERAPY

ATHLETIC THERAPY

SPECIALTY TREATMENTS

WHAT HURTS – TALK TO US

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PEDIATRIC PHYSICAL THERAPY

SPEECH THERAPY

OCCUPATIONAL THERAPY

ABA THERAPY

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The following list was provided by a staff member at AutismConnections/AutismCincy in late 2024:

<https://capapsych.com/>

<https://clermontdd.org/services/community-support-services/intake-and-eligibility/>

<https://www.sevenhillpsychology.com/meet-the-team>

<https://www.lcpsych.com/home/our-team/suzanne-collins/>

<https://lindnercenterofhope.org/leadership/clipson-elisha-eveleigh-phd/>

<https://www.lcpsych.com/home/services/>

<https://ascentpsych.com/>

<https://transitions-bh.com/>

<https://www.swocog.org/services#FamilySupportServicesProgram>

<https://envisionohio.org/>

https://ocali.org/ohio_parent_guide_to_ASD

<https://ocali.org/family-and-community-outreach-center>

<https://iamboundless.org/boundless-health-center>

BETTER IS POSSIBLE

conditions that we treat in our clinics

The brain and nervous system are interconnected with every system in the body. We identify the root causes of symptoms and develop targeted treatment plans to address them.

<https://www.neurosolutionatx.com>

DYSTONIA & MOVEMENT DISORDERS

Specialized care at NeuroSolution enhances mobility, alleviating movement disorder symptoms.

AUTISM

Personalized programs at NeuroSolution support development, improving communication and social skills.

TOURETTE'S

Personalized options at NeuroSolution manage Tourettes, enabling a fulfilling life.



This clinic is in Texas, but it's included here because of the wide range of neurological conditions they treat, including:

Autism,
Tourette's,
OCD,
Complex conditions,
Dystonia & movement disorders, etc.

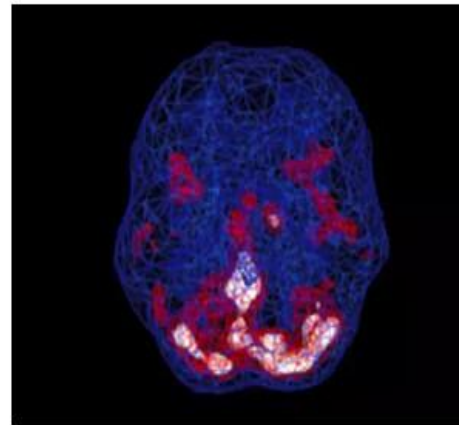
I did email them twice but, sadly, never heard back ☹️ ... but, hey, you're a parent, so, Get In Touch!

Neurologist Dr. Daniel Amen has used brain imaging to identify 7 different types of Attention Deficit Disorder:

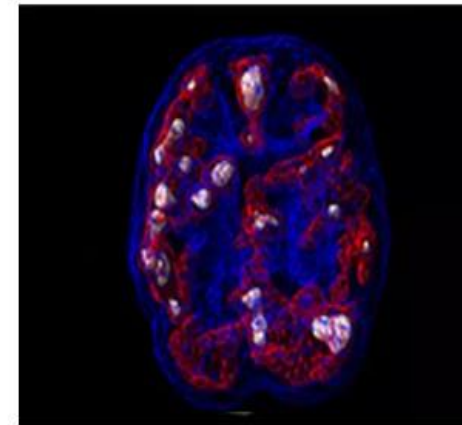
- Classic ADD
- Inattentive ADD
- Overfocused ADD
- Temporal Lobe ADD
- Limbic ADD
- Ring of Fire ADD
- Anxious ADD

As many people already know, AD/HD is often considered to be on the same continuum of symptoms as Autism (ASD). These seven different types are treated differently at Amen Clinics because of the differences in the areas of brain activity or inactivity.

Autism spectrum disorder is one of the fastest growing developmental disorders in the U.S. today. Early brain development is affected by ASD, including the way neurons communicate with one another leading to a wide array of problems including difficulty with everyday skills. However, there is not just one brain problem found in adults and children with autism—there are 8 to 10 suspected factors that can influence abnormal brain function leading to this developmental disability. During the past three decades, Amen Clinics has seen more than 1,000 children and adults with an autism diagnosis. The SPECT imaging studies of these patients reveal that their brain patterns tend to have areas of high activity, low activity, or areas of both in some cases. Knowing a patient's brain pattern can lead to more effective treatment options.



Healthy Brain Scan



ASD Brain Scan

Because brain patterns in autism spectrum disorder can be varied, it is even more important to look at the brain using SPECT imaging in order to create the most effective autism treatment plan. Abnormal activity is often seen in the cerebellum, anterior cingulate gyrus, amygdala, and the temporal, frontal, and parietal lobes. Brain SPECT scans also serve as a very useful tool for measuring the progress of treatment and positive changes in an adult's or child's symptoms and to continue finding the best and most effective treatment options for each patient. These range widely and might include teaching children (or adults) behavior modifications to reduce unwanted behaviors, techniques to improve social communication and social interactions, educational interventions, life skills training, speech therapy, medication and/or supplement management, sensory integration therapy, lifestyle adjustments, and physical therapy as well as complementary and alternative treatments.



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<https://www.cincinnatichildrens.org/service/k/autism>

KELLY O'LEARY CENTER FOR AUTISM SPECTRUM DISORDERS

Treatments and Services

What to Expect

Patient and Family Resources

Patient Stories

Research

Meet the Team

Contact / Refer



EXISTING PATIENTS
MyChart Scheduling



CALL US TO SCHEDULE
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Help for Your Child with an Autism Spectrum Disorder

Your child's journey with **autism spectrum disorder (ASD)** may feel uncertain and challenging. Families need to partner with a trusted autism center for care. The Kelly O'Leary Center (TKOC) is here to help individuals with ASD and their families by providing a diagnostic program, treatment, and support services. We also provide parent education and training programs that enhance the lives of individuals with ASD and their families.

Why Choose Us

The Kelly O'Leary Center strives to improve the health, quality of life, and outcomes for children and adolescents with ASD through:

- Family-centered care, including transition to adulthood.
- Evidence-based clinical care in an interdisciplinary model.
- Training to build leadership and capacity in the field of ASD.
- Participation in innovative research.
- Advocacy with and on behalf of individuals with ASD.
- Collaboration with families, the child's medical team, schools, and community agencies.

The Kelly O'Leary Center for Autism Spectrum Disorders is located in the **Division of Developmental and Behavioral Pediatrics (DDBP)**.

From <https://thespiralfoundation.org> – from their, *A Guide to Sensory Integration for Adolescents and Young Adults:*

Resources & References: Where Can I Learn More?

Books on Sensory Integration:

- Aron, E. N. (1997). *The highly sensitive person: How to thrive when the world overwhelms you*. New York: Broadway Books.
- Colley, M. (2006). *Living with dyspraxia: A guide for adults with developmental dyspraxia (4th ed.)*. Philadelphia: Jessica Kingsley Publishers.
- Dunn, W. (2007). *Living sensorially: Understanding your senses*. Philadelphia: Jessica Kingsley Publishers.
- Heller, S. (2002). *Too loud, too bright, too fast, too tight: What to do if you are sensory defensive in an over stimulating world*. New York: Harper Collins.
- Heller, S. (2013). *Uptight & off center: How sensory processing disorder throws adults off balance and how to create stability*. Kindle eBook.

Websites on Sensory Processing Disorder & Sensory Integration:

- **The Spiral Foundation:** www.thespiralfoundation.org
- **Sensory Processing Disorder Foundation:** www.spdnetwork.org
- **SI Global Network:** www.siglobalnetwork.org
- **Sensory Processing Disorder Resource Center:** www.sensory-processing-disorder.com

Journal Articles:

Sensory Processing Disorder & Anxiety:

- Kinnealey M., Fuiiek M. (1999). *The relationship between sensory defensiveness, anxiety, depression, and perception of pain in adults*. *Occupational Therapy International*, 6, 195-206.
- Pfeiffer, B. (2012). *Sensory hypersensitivity and anxiety: The chicken or the egg?* *Sensory Integration Special Interest Section Quarterly*, 32(2), 1-4.
- Engel-Yeger, B., & Dunn, W. (2011). *The relationship between sensory processing difficulties and anxiety level of health adults*. *British Journal of Occupational Therapy*, 74, 210-216(7).

Assessment & Treatment:

- May-Benson, T. A., & Champagne, T. (2011). *Occupational therapy using a sensory integration-based approach with adult populations*. Bethesda, MD: American Occupational Therapy Association.
- May-Benson, T. A., & Kinnealey, M. (2012). *An approach to assessment of and intervention for adults with sensory processing disorders*. *OT Practice*, 17(17), CE 1-8.

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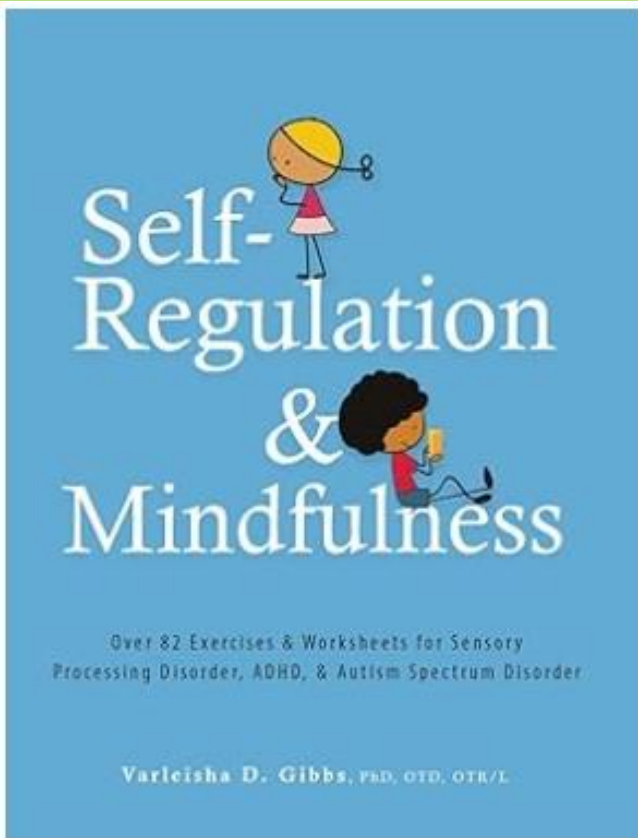
Description of needs/challenges of individuals with SPD

- May-Benson, T. A. (2011). *Understanding the occupational needs of adults with sensory processing disorder*. *OT Practice*, 16(10), 13-17.
- May-Benson, T. A., & Patance, S. (2014). *Characteristic of adults seeking sensory integration-based occupational therapy services*. Spiral Foundation self-study series. Newton, MA: The Spiral Foundation
- Larsson, C., & Martensson, L. (2009). *Experiences of problems in individuals with hypersensitivity to odours and chemicals*. *Journal of Clinical Nursing*, 18, 737-744.
- Kinnealey, M., Oliver, B., & Wilbarger, P. (1995). *A phenomenological study of sensory defensiveness in adults*. *American Journal of Occupational Therapy*, 49, 444-451.

Other Journal Articles on Sensory Integration

- Kinnealey, M., Koenig, K. P., & Smith, S. (2011). *Relationships between sensory modulation and social supports and health-related quality of life*. *American Journal of Occupational Therapy*, 65, 320-327
- Cousins, M., & Smyth, M. M. (2003). *Developmental coordination impairments in adulthood*. *Human Movement Science*, 22, 433-459.
- Turner, K. A., Cohn, E. S., & Koomar, J. (2012). *Mothering when mothers and children both have sensory processing challenges*. *British Journal of Occupational Therapy*, 75, 449-455.
- Jerome, E. M., Liss, M. (2005). *Relationships between sensory processing style, adult attachment, and coping*. *Personality and Individual Differences*, 38, 1341-1352.





Self-Regulation and Mindfulness: Over 82 Exercises & Worksheets for Sensory Processing Disorder, ADHD, & Autism Spectrum Disorder

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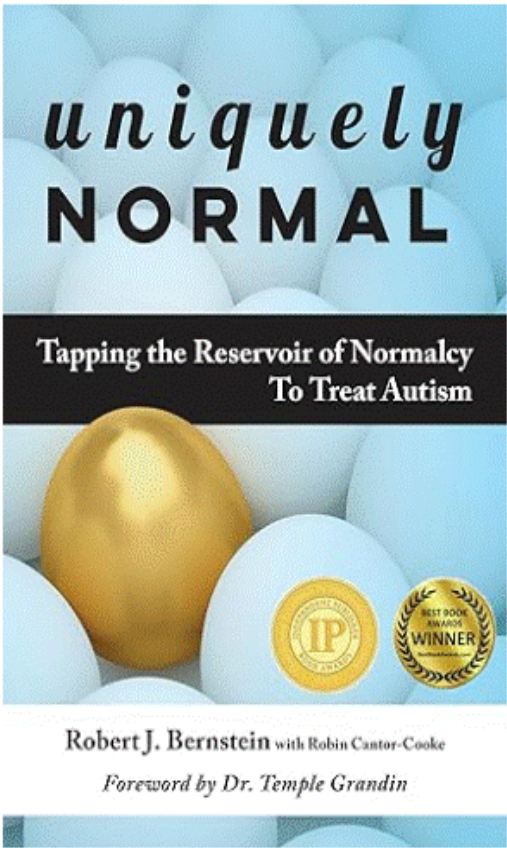
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Autism Paperback – November 1, 2017

by Robert J. Bernstein (Author)

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Author Robert J. Bernstein has found a different approach based on cognition—thinking—in helping people of all ages with ASD. Author's goal is for people with ASD to be able to live in the world and connect with the people in it as themselves, to express their unique humanity and engage more fully in the human interactions that give life meaning and make it worth the effort of getting out of bed every day. Author believes that whatever he does therapeutically must be on the autistic person's terms; he or she must lead. Author's therapy examples are categorized by age groups of: 2-5 years of age, 6-10 years of age, 11-14 years of age and 19 years of age and up.

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So many people are dealing with cancer and/or loved ones who have been diagnosed with cancer that I couldn't help but include this webpage for everyone to see. There are **a lot of links** contained within this article on the DeepRootsAtHome website, so, be prepared to be doing some in-depth research. We already looked at a separate joe-tippins-protocol.com website earlier, which included some warnings about Fenbendazole. In that same article it was noted that Joe Tippins, when he got cured, had used this protocol **and** had been participating in a clinical trial using a cancer-fighting drug called **Keytruda**.



Joe Tippins's Fenbendazole Protocol For Cancer

214.7K
VIEWS

Modified: Aug 10, 2025 · Published: Mar 21, 2023

By [Jacqueline](#) · [13 Comments](#)

f 7.4K

p

↗

7.5K
SHARES

The Joe Tippins Protocol:

- Fenbendazole (Panacur C)
- Curcumin (Turmeric)
- CBD oil
- Berberine
- Quercetin
- Vitamin E (optional)

